



Media Release

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DIETITIAN WINS AWARD FOR HER COMMITMENT TO THE PROFESSION

Hertfordshire-based dietitian Dr Angela Madden, course leader in dietetics at the University of Hertfordshire, has been awarded a Fellowship of The British Dietetic Association (BDA). The Fellowship is the highest honour given by the BDA and is conferred in recognition of Angela's dedication, particularly in the field of education and research, to promote the profession and the science and practice of dietetics.

Since Angela qualified as a dietitian, she has worked in a variety of posts in dietetics practice, education and research. Most notably, Angela was a specialist dietitian in liver disease at King's College Hospitals and, during this time, she was awarded a PhD. Until recently, Angela was a senior lecturer in nutrition and dietetics at the University of North London and has recently been appointed as course leader for a new dietetics degree programme being developed at the University of Hertfordshire.

In addition to her academic posts, Angela has been a dedicated honorary Council member of the BDA, chairing the research committee for six years. During this time she was the driving force behind the development of the Association's revised research strategy and strived to develop a culture of research practice within all areas of dietetics. She has also developed the concept of the New Graduates Symposium, a forum to develop the confidence of budding researchers in dietetics. It is a credit to Angela's dedication and hard work that many more dietitians have been successful in attaining research fellowships and grants.

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As many of her past students will testify, Angela has provided support, guidance and advice to numerous student dietitians and has provided much-appreciated advice and expertise to many dietitians in her role as research committee chairman, enabling new researchers to come forward and stimulating interest across the profession.

Angela expressed her delight at the honour of being awarded the Fellowship and added: "Although we have learnt a great deal about nutrition in the last 50 years, there is still so much that we don't know about food and health. As a dietitian, being able to explore this through academic and practice-based research has been a great way of trying to improve people's well-being and health. I have been fortunate to have had the opportunity to do this and to have worked with so many enthusiastic colleagues. I would like to thank the BDA for this award and I look forward to continuing to work in this fascinating but challenging area of healthcare."

- Ends -

Notes to Editors

1. The British Dietetic Association Awards ceremony will be held on Wednesday 21 June 2006 at The International Hotel, Docklands, London.
2. Further information on the conference and the awards ceremony is available from:

Dr Frankie Phillips National PR Officer, The British Dietetic Association. Tel: 01626 362473, Mobile: 07908 712277, Email: pr@bda.uk.com

3. The British Dietetic Association, founded in 1936, is the professional association for registered dietitians in Great Britain and Northern Ireland. It is the nation's largest organisation of food and nutrition professionals with over 5,000 members. About two-thirds of members are employed in the National Health Service. The remaining members work in education, industry, research, sport settings or freelance.

Registered dietitians hold the only legally-recognisable graduate qualification in nutrition and dietetics. They are experts in interpreting and translating the science of nutrition into practical ways of promoting nutritional well-being, disease treatment and the prevention of nutrition-related problems. Their advice is sound and based on current scientific evidence.

Registration, awarded by the Health Professionals Council, is an indication that a dietitian is fit to practise and is working within an agreed statement of conduct.

For further details about The British Dietetic Association, please visit our website: www.bda.uk.com

**June is Weight Wise: The Next Generation month
Get into Healthy Habits**

www.bdaweightwise.com
www.teenweightwise.com