



THE BRITISH DIETETIC ASSOCIATION

The Professional Association for Registered Dietitians
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M e d i a R e l e a s e

Embargoed until Thursday 16 June 2005

BRITISH DIETETIC ASSOCIATION AWARD

Norwich-based Dietitian Lee Hooper will be awarded the prestigious Ibex Award at the British Dietetic Association Awards Ceremony on 15th June in Cardiff. This award is to be presented in recognition of a significant contribution to the dietetic profession.

Lee has been instrumental in reviewing the evidence linking diet to cardiovascular disease and, as a result of this, clinical guidelines have been developed and published, enabling dietitians to ensure that the advice they give is based on strong evidence.

She is currently a lecturer in research synthesis at the School of Medicine, Health Policy and Practice, University of East Anglia in Norwich where she continues to work in the fields of nutrition in the prevention and treatment of chronic illness, and systematic reviews.

Lee's interest in the role of diet in heart health was initiated during her time working in both Telford (Princess Royal) and the Royal Shrewsbury Hospitals, where she developed ways of maximising the time available for communicating with patients, and produced county-wide guidelines on heart health interventions.

Until recently Lee was a lecturer at the University of Manchester Dental School, where she was awarded a PhD in systematic review and meta analysis (a process which looks in detail at published research), a subject about which she is particularly passionate.

Lee expressed her delight at being nominated for the award and commented: *"It really is an honour to be considered for the Ibex Award. The UK Heart Health and Thoracic Dietitians Specialist Group has done sterling work in developing and disseminating guidelines for dietitians based on best evidence to*

Website: <http://www.bda.uk.com>

reduce the risk of future heart disease in people who have had heart attacks. I am proud to have been part of this initiative and the award recognises the importance of dietetics in reducing the burden of chronic illness.”

She views the award as further recognition of the need for dietitians to use the tools of systematic review to inform and develop practice which continues to be evidence-based.

Ends

Notes to Editors

1. The British Dietetic Association Awards ceremony will be held on Wednesday 15 June 2005 at The Thistle Hotel, Cardiff.
2. Further information on the conference and the awards ceremony is available from:

Dr Frankie Phillips National PR Officer, The British Dietetic Association.
Tel: 01626 362473, Mobile: 07958 715222, Email: pr@bda.uk.com
3. The British Dietetic Association, founded in 1936, is the professional association for registered dietitians in Great Britain and Northern Ireland. It is the nation's largest organisation of food and nutrition professionals with over 5,000 members. About two-thirds of members are employed in the National Health Service. The remaining members work in education, industry, research, sport settings or freelance.

Registered dietitians hold the only legally-recognisable graduate qualification in nutrition and dietetics. They are experts in interpreting and translating the science of nutrition into practical ways of promoting nutritional well-being, disease treatment and the prevention of nutrition-related problems. Their advice is sound and based on current scientific evidence.

Registration, awarded by the Health Professionals Council, is an indication that a dietitian is fit to practise and is working within an agreed statement of conduct.

For further details about the British Dietetic Association, please visit our website: www.bda.uk.com

June is Weight Wise at Work month
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www.bdaweightwise.com