



The Nutrition Advisory Group for Elderly People of the British Dietetic Association (NAGE)

Supermarket Shopping and the Store Cupboard - Video

Short training trigger video to stimulate discussion consisting of two 10-minute sequences - supermarket shopping and the store cupboard.

Fibre keeps you fit - Video

Constipation is common among older people. This video discusses the problems and makes suggestions as to how carers and older people can reduce the incidence of constipation. 10 minutes

Have you got a small appetite? - Leaflet

Available in either A5 or A4 (Large Print) format. An 8 page, full colour guide to eating well for anyone with a small appetite, whatever their age.

Eating well and keeping well with diabetes - Leaflet

Available in either A5 or A4 (Large Print) Format. A 16 page, full colour illustrated booklet for elderly people with diabetes explaining the principles of the diet with practical meal suggestions and other advice. Printed in larger print in accordance with RNIB guidelines.

Staying Healthy - a guide for the over 50's - Leaflet

An A5, 12-page full colour illustrated booklet for the over 50's. Useful for pre-retirement groups

Have you got a small appetite? - Set of A3 posters

A set of 6 colourful A3 posters summarising the leaflet of the same name. For use in wards, day centres, residential homes etc.

Staying Healthy - a guide for the over 50's - A3 poster

A3 full coloured poster of the food guide picture on the last page of the leaflet of the same name.

Nutrition For Those Who Care – Training Pack

Comprises nine ready-to-use sessions on relevant topics to the nutritional well-being of people living in all care settings e.g. Food fortification, dysphagia, diabetes, home enteral feeding. Complete with CD ROM, lesson plans, and master copy for handouts, suggested practical activities, all in an attractive binder.

Order Form

The Nutrition Advisory Group for Elderly People of the British Dietetic Association (NAGE)

Ref number	Titles booklet, video, leaflet	Price	Quantity	Cost
bda-nage-vid1	<i>Supermarket shopping, Store cupboard</i>	£16.00		
bda-nage-vid2	<i>Fibre keeps you fit</i>	£16.00		
bda-nage-leaf1	<i>Have you got a small appetite? - A5</i>	18p		
bda-nage-leaf5	<i>Have you got a small appetite? - A4 (Large Print)</i>	25p		
bda-nage-leaf2	<i>Eating well and keeping well with diabetes - A5</i>	25p		
bda-nage-leaf4	<i>Eating well and keeping well with diabetes A4 (Large Print)</i>	35p		
bda-nage-leaf3	<i>Staying Healthy</i>	25p		
bda-nage-post1	<i>Have you got a small appetite? Set of 6 A3 posters</i>	£15 (per set)		
bda-nage-post2	<i>Staying Healthy – A3 poster</i>	£2.50		
	<i>Nutrition For Those Who Care- Training Pack (includes p & p)</i>	£130		
Sub Total				

	Order value	P&P cost	
Postage, package, handling, and processing	Up to £5.00	£2.00	
	£5.01 to £15.00	£4.00	
	£15.01 to £30.00	£7.00	
	£30.01 to £60.00	£8.00	
	£60.01 to £90.00	£10.00	
	£90.01 to £120.00	£12.00	
	£120.01 to £150.00	£14.00	
	£150.01 to £200.00	£18.00	
	£200.01 to £300.00	£24.00	
Sub total + post & packing charge = Grand Total		Grand Total	

Cheques or postal orders enclosed with order form made payable to 'NAGE'

Available from:

NAGE, The British Dietetic Association, Cambertown House, Commercial Road, Goldthorpe Industrial Estate, Goldthorpe, Rotherham, South Yorkshire, S63 9BL.

**For all order queries please contact Cambertown;
Helpline Number: 01709 889900
Fax Number: 01709881673**

Orders can be made by telephone. Please contact the Helpline for details, thereafter a proforma (invoice) will be sent to your Finance Department requesting full payment, before orders are despatched

For overseas orders, please contact the Cambertown Helpline to enquire about post & packing costs

Name..... Telephone number.....

Organisation.....

Delivery Address.....

..... Postcode