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# Media Release

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**Date: 29 May 2002**

**For Immediate Release**

## **Local Dietitian Wins Prestigious Nutrition Award**

Sheridan Waldron, Dietetic Manager for the Leicestershire Nutrition and Dietetic Service, Hinckley and Bosworth Primary Care Trust (PCT), is to receive the Ibex Award from The British Dietetic Association (BDA). The Ibex Award for Professional Achievement is presented in recognition of her significant contribution to the dietetic profession.

Sheridan has lived in Leicester for 20 years and has been working with children with diabetes throughout that time. Leicester has one of the largest diabetes services for children in the UK and it prides itself on its style of management in the community and at home. The children's diabetes team work closely with Diabetes UK Parents Group to provide extracurricular activities such as summer and winter holidays for children with diabetes. Sheridan has been involved in diabetes research, which she says 'will be useful to direct the future dietary education of children with diabetes'.

Sheridan expressed her delight at winning the Award and commented, "It is so important that dietary education is promoted for children with diabetes. It is crucial that we improve access to nutrition education to both parents and children." Sheridan views the Award as "further recognition of the value of dietary education and health promotion for people with diabetes". Sheridan will receive her Award during The BDA's Annual Conference, at the Award's Dinner on Tuesday 3 June in Nottingham.

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### **Notes to Editors**

- The British Dietetic Association was founded in 1936 and is the professional association for over 5,000 Registered Dietitians (RDs) and qualified nutritionists in Great Britain and Northern Ireland.
- RDs hold the only legally recognised graduate qualification in nutrition and dietetics.
- “Food, Family and Health” is the title of The British Dietetic Association's Annual Conference this year. It will be held on 3-4 June 2003, at the East Midlands Conference Centre, Nottingham.

### **For Further Information**

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