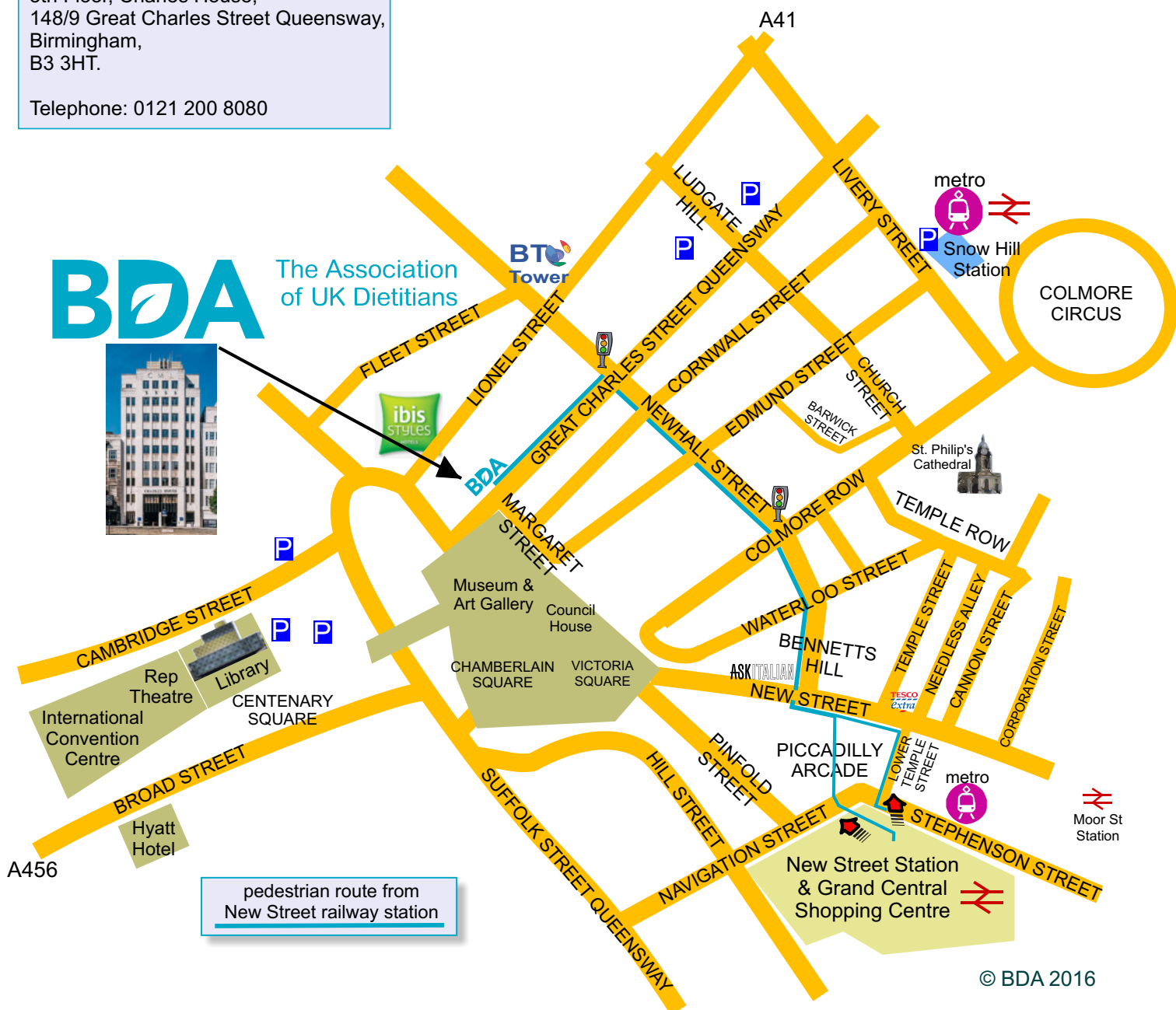


Directions from New Street Train Station to the BDA Office

1. Alight the train at Birmingham New Street Station. Exit at the B end of the platforms.
2. Follow the exit signs to Victoria Square. This takes you the full distance of the new glass-sided walkway, parallel with and opening onto Stephenson Street. Alternatively the Navigation Street exit (far B end of platforms) is operational for exit only.
3. Exit New Street Station onto Stephenson Street or Navigation Street. Cross the road, up through the quaint Piccadilly Arcade or Lower Temple Street, onto New Street. This is shown by the blue route line on the map below.
4. Continue up **Bennetts Hill**. Walk past the Briar Rose pub and hotel on right, and cross Waterloo Street (Philpotts and Lost & Found on opposite corners) to the traffic lights intersection with Colmore Row .
5. Cross Colmore Row and continue straight downhill on **Newhall Street** to the next set of traffic lights (Great Charles Street, Queensway). Approaching the lights, Cafe Costes and Subway are on the left side, All Bar One on the right. Cross the dual carriageway at the traffic lights (Philpotts sandwiches on corner), then turn left along **Great Charles Street** dual carriageway. **Charles House** is situated on the right about 80 yards along The BDA is on the fifth floor. Please sign in and out at the ground floor reception. Do call us if you get lost en route.

British Dietetic Association,
5th Floor, Charles House,
148/9 Great Charles Street Queensway,
Birmingham,
B3 3HT.

Telephone: 0121 200 8080



pedestrian route from
New Street railway station