

**ELIZABETH WASHINGTON AWARD FOR  
EDUCATION OR RESEARCH WORK  
(STUDENT MEMBERS AND RECENT GRADUATES)**

Miss Washington graduated from Cambridge University and entered the dietetic profession by working and studying in an established dietetic department. This was the only route for graduates at that time. She became Chief Dietitian at University College Hospital, London and managed to keep the department in being during the Second World War. Many hospitals dispensed with Dietitians during the war but Elizabeth Washington became involved in large scale catering and immediately after the war she became the first caterer/dietitian, still working at UCH. She wished to extend her experience so took a post at Leeds as organiser of school meals. Subsequently she was appointed Chief catering and Dietetic Adviser to the Department of Health and Social Security in 1950.

This last post gave her the opportunity of advising and helping the dietetic profession as she could see what was needed in order to progress.

Miss Washington served the Association well for many years. She was Honorary Secretary for much of the war years and one of the eleven members who subscribed to the original Memorandum of association. She was Chairman for three years in the 1950's and served for many years on the Education Committee. At the end of her career she was awarded the OBE when she retired in 1971.

She left a sum of money to the association in her will, members added to this in her memory and the BDA asked the Trustees to administer this new fund.

The 2015 Elizabeth Washington Award will be given to a BDA student member or new graduate's educational or research work which is within the discipline of nutrition and dietetics.

The entrant must be an acknowledged author or project lead and the work addressed to other dietitians, professional colleagues, students, patients or the general public. It could cover nutrition education, health promotion, education of colleagues, standards, clinical guidelines or other educational topics.

The award covers any piece of work produced by an eligible member who has created, published or implemented any educational or research based work in the previous year. It could be an article/paper, published review paper in a journal, e-learning, a textbook, booklet, chapter in a book, website or a tool-kit. Articles printed as an abstract or in conference papers will be considered and this list is not exhaustive, although the work must have been published or available during the calendar year 2013.

The Award is open to all BDA student members or BDA full members who have graduated between 1<sup>st</sup> January 2013 and 31<sup>st</sup> December 2014. The winner will receive £1,500.

The winners of all awards will be expected to present their work at a BDA national event but, if there are multiple authors, the BDA will only be able to support attendance for one person.

The deadline for applications is Friday 23<sup>rd</sup> January 2015. Please email [info@bda.uk.com](mailto:info@bda.uk.com) if you have any questions.

*To apply, submit a copy of the published or produced material or resources. The resources may be in hard copy or an e-format. You may submit supporting materials if you wish as evidence – for example literature, testimonials, etc. Please also include a summary: outline of the work undertaken; rationale for development and implementation; staff involved; benefits and outcomes including impact; sustainability and how it could be used elsewhere or benefit others.*