

ELIZABETH WASHINGTON AWARD

Miss Washington graduated from Cambridge University and entered the dietetic profession by working and studying in an established dietetic department. This was the only route for graduates at that time. She became Chief Dietitian at University College Hospital, London and managed to keep the department in being during the Second World War. Many hospitals dispensed with Dietitians during the war but Elizabeth Washington became involved in large scale catering and immediately after the war she became the first caterer/dietitian, still working at UCH. She wished to extend her experience so took a post at Leeds as organiser of school meals. Subsequently she was appointed Chief catering and Dietetic Adviser to the Department of Health and Social Security in 1950.

This last post gave her the opportunity of advising and helping the dietetic profession as she could see what was needed in order to progress.

Miss Washington served the Association well for many years. She was Honorary Secretary for much of the war years and one of the eleven members who subscribed to the original Memorandum of association. She was Chairman for three years in the 1950's and served for many years on the Education Committee. At the end of her career she was awarded the OBE when she retired in 1971.

She left a sum of money to the association in her will, members added to this in her memory and the BDA asked the Trustees to administer this new fund.

The current Award is for a dietitian's published work, resources or material, within the broad arena of education.

To apply, submit a copy of the published or produced education material or resources. The resources may be in hard copy or an e-format. You may submit supporting materials if you wish as evidence – for example literature, testimonials, etc. Please also include a summary: outline of the work undertaken; rationale for development and implementation; staff involved; benefits and outcomes including impact; sustainability and how it could be used elsewhere or benefit others.