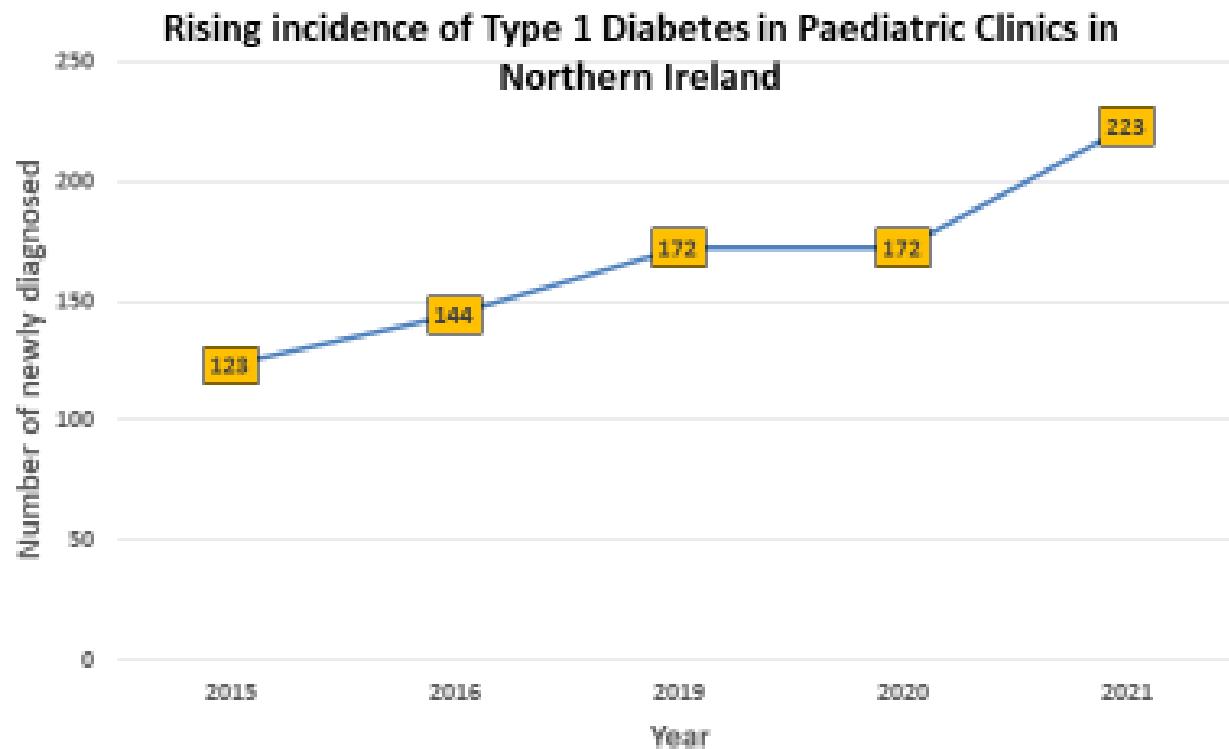


# AGM 28.9.22

- **Membership – 286 August 2022**
- **Reports from Scotland, Wales and Northern Ireland**
- **Objectives for the next two years & projects**
- **Committee changes**

**This AGM is dedicated to  
Gill Regan  
PDRD  
1956-2021**



#teamNORTH

# Northern Ireland report

Jacqueline McNeilly



## Clinics

- MDT Clinics have resumed face-to-face format post Covid.

## Structured Education Programme

- **CHOICE** – 4 weekly Structured Education Programme – lesson plans and curriculum revised.
- Majority of programmes still held virtually – **positive feedback and higher uptake / completion rate.**
- One Trust offering blended programme (2 weeks face-to face)
- Application to Qizmet for quality assurance
- May 22 All Island Paediatric Dietetic Study Event Presentation
- Nov. 22 BSPED Belfast Presentation

## New Developments

- **DEAPP** continues to be used in Belfast trust. National Lottery funding application to roll out further in NI and consider Project Manager.

## Moving Forward

- Additional funding for CHOICE refresher sessions is expected in each Trust. Current allocation based on caseloads from 2009.

# Scotland report

**Bethany Cairns**

- ❖ NHS Lothian had 81 Newly Diagnosed T1 children throughout 2021 which was a 44% increase.
- ❖ Pump usage continues to be around 35-65%
- ❖ NHS Lothian offering 3 pumps- Medtronic 780G, Tandem T:Slim, Omnipod
- ❖ New funding for 16 CamAPS with Dana insulin pumps currently being offered to under 5' and those who were on the CLOUD Study.
- ❖ Scottish Government funding for CGM being rolled out across all boards – all patients on an insulin pump compatible with CGM are being offered CGM.
- ❖ Digibete to be funded for use across Scottish health boards - boards can decide if they wish to use. Many have already developed their own apps with PIOTA.
- ❖ Scottish Study Group planning to meet in the last quarter of 2022.

# Wales report

## Will Williams

### SEREN

- Claire Baker (Cardiff & Vale) now SEREN programme lead. Initially funded for 1 year.
- Work continues on the **SEREN Digital** module. Staff and patient volunteers have been recorded in videos and provided Welsh translation.
- The **SEREN pump** module is being finalised.
- Difficulty in delivering **SEREN connect**, due to lack of capacity, lack of engagement from the adult team and CYPWD.
- QA ongoing across Wales to ensure that SEREN is QISMET accredited.

### Schools group

- Met with a representative from Welsh government. Practical implications of the universal free primary school meals discussed.

### Dyslipidaemia working group

- aim of developing a dietetic dyslipidaemia pathway and patient information.

### Type 2 diabetes

- CYPDН Wales looking into a T2D pathway. Work has started on a SEREN T2D module.

### Staffing

- Benchmarking by Aisling Piggott revealed large variation in dietetic hours and banding across Health boards. CYPDН Wales to pursue.



The Association  
of UK Dietitians

Driving dietetics forward, together.  
Our strategic plan 2021-2024

## Our vision

Improve the health of the UK population by: protecting and improving health and care services, developing health and social care nutrition policy, improving the impact of dietetics and promoting positive discussion on food, nutrition, wellbeing and health.

## Our core values



## Our core purpose

We are committed to developing an organisational core purpose with members.

## Our strategic priorities



# Objectives for 2022-24

## 1. Build a sustainable workforce

*Increase the number of dietitians with the knowledge and skills to work in Paediatric Diabetes as the number of children & young people diagnosed with type 1 diabetes during the pandemic has increased exponentially*

- Training guides
- Link with National CYP diabetes networks – Aim 3
- DSG work force survey
- Possibly education sessions to attract RDs working in paediatrics and adult diabetes into Paediatric Diabetes

# Training guides /Competencies

Wendy Barber, Education officer.

Document endorsed by



A training, education and competency framework for Paediatric Dietitians working in Paediatric Diabetes



**B6 guide/Core Skills – final adjustments.**

**Graphic designer putting in a similar format to DSG document**

**B7 guide/ Advanced skills  
In progress**

# Objectives for 2022-24

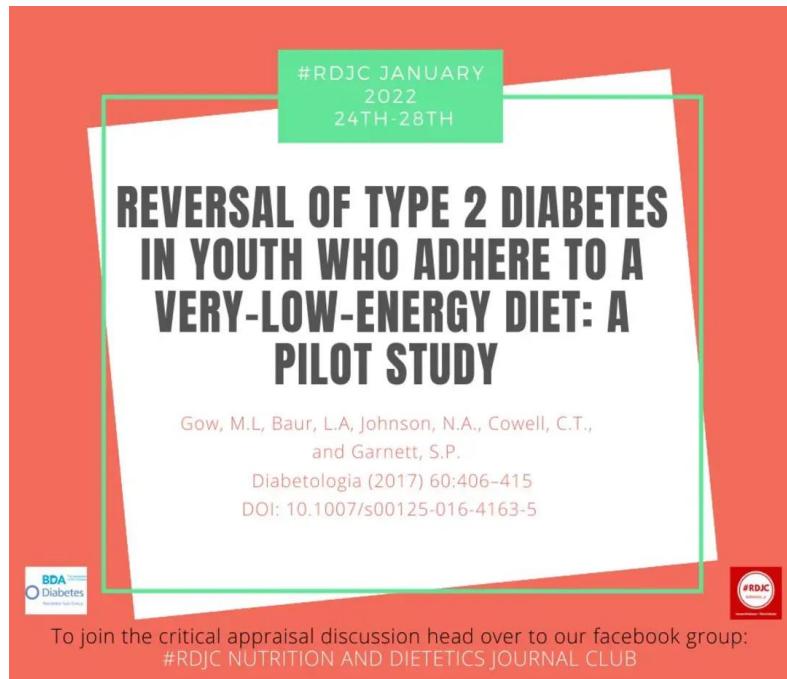
## 2. Grow our membership community

*Promote PDSG engagement by providing relevant CPD and networking opportunities as well as web pages with up to date resources or signposting useful resources.*

- Webinars
- Journal club
- Teaching skills day

# Journal club / Journal watch 22

Coordinator: Aisling Piggott & Irene Odeny



A graphic for the RDJC January 2022 session. The background is red. At the top, a green box contains the text '#RDJC JANUARY 2022 24TH-28TH'. Below this, a white box contains the title 'REVERSAL OF TYPE 2 DIABETES IN YOUTH WHO ADHERE TO A VERY-LOW-ENERGY DIET: A PILOT STUDY'. Under the title, the authors are listed: Gow, M.L., Baur, L.A., Johnson, N.A., Cowell, C.T., and Garnett, S.P. The source is 'Diabetologia (2017) 60:406-415' and the DOI is 'DOI: 10.1007/s00125-016-4163-5'. At the bottom left, there is a small BDA Diabetes logo. At the bottom, text reads: 'To join the critical appraisal discussion head over to our facebook group: #RDJC NUTRITION AND DIETETICS JOURNAL CLUB'.

RDJC: Facilitated discussion during the week

Facebook live with Elizabeth Proctor and Georgina Williams

Elizabeth's expert critique available on website

Review in dietetics today

# Journal club 2023

Coordinator: Aisling Piggott & Elmarie Van Wyk



***Goal: 'Keep our membership up to date with current evidence and building the research skills of our members'***

**Request: For feedback on area's to focus on – *please put ideas in chat.***

## Plans:

- Share a research reviews in newsletter
- Embed journal reviews into our events
- Work with DSG to develop bite size sessions to support confidence of our members to engage in research and review academic literature

# Teaching skills day



2021 Wendy Barber, Claire Bakers' work put on hold.

2022/23 team: Wendy Barber, Kirsty Maclean, Anne-Marie McKillup

# Objectives for 2022-24

## 3. Be dynamic, professional and innovative

*Promote members initiatives & research by enabling and encouraging presentations and discussions at our CPD events.*

- BDA research stream with DSG
- List members involved in research – **please email [apigott@cardiffmet.ac.uk](mailto:apigott@cardiffmet.ac.uk) if you are involved in research.**

# Objectives for 2022-24

## 4. Increase our voice and visibility

*Within the BDA and diabetes community by writing up PDSG activities/events and members projects/ initiatives for relevant publications / websites*

- Publish Low carb diet in T1 statement
- Work on links with JDRF – **if you have suggestions/contacts/already working with JDRF please email [Debbie.evans3@nhs.net](mailto:Debbie.evans3@nhs.net)**

# Low carb diets statement

Coordinator: Jennie Brown



- ❖ **T1 statement** - complete and available on website. To be reviewed and prepared for publication.
- ❖ **T2 statement** – searches to be updated and work to start autumn 2022

# Objectives for 2022-24

## 5. Harness innovation and development

*Support members with projects and initiatives in terms of clinical expertise and funding guidance.*

- Website links to BDA funding opportunities
- Peer support. **If you would like or can offer peer support on projects/initiatives/research/clinical issues please email: [anne-marie.mckillup@gstt.nhs.uk](mailto:anne-marie.mckillup@gstt.nhs.uk)**

**Thank you to**  
*Claire Baker*  
*Daniella Da Mota*  
*Irene Odeny*  
*Andrea McDougall*

# Committee changes

Position	Now	2022/23
Chair	Debbie Evans (Mat leave cover)	Raphaella Rookes
Vice chair / co chair		Debbie Evans
Secretary / GDPR officer / Website coordination/ Social media	Jennie Brown Magdz Madden	Jennie Brown Magdz Madden
Meetings organiser	Laura Bull	Laura Bull
Education	Wendy Barber Anne-Marie McKillup	Wendy Barber Anne-Marie McKillup Kirsty Maclean
Journal club coordinator	Aisling Piggott Elmarie Van Wyk	Aisling Piggott Elmarie Van Wyk
Scotland Rep	Bethany Cairns	Bethany Cairns
Northern Ireland Rep	Jacqueline McNeilly	Jacqueline McNeilly
Welsh Rep	Will Williams	Will Williams

# DSG study day 4<sup>th</sup> November 2022



The logo for the Dietitians BDA Diabetes Specialist Group. It features a stylized graphic of overlapping colored shapes (yellow, orange, pink, purple) to the left of the word "Dietitians". Below "Dietitians" is the acronym "BDA" in blue, with the tagline "The Association of UK Dietitians" in smaller text. Below "BDA" is a blue circle with a white outline, followed by the word "Diabetes". At the bottom, it says "Specialist Group".



A horizontal string with five Polaroid-style photos hanging from wooden clothespins. The photos show five different people: a man in a suit, a woman smiling, a man in a white t-shirt, a woman with glasses, and a man in a dark shirt.

**ANNUAL  
AGM & STUDY DAY**  
"Managing Sport & Exercise  
in Young People and Adults"

*agenda*

LiNK<sup>in</sup>  
=BIG=

@DSG\_BDA

## Study Day Agenda (AM)

### Start & End times

**Registration for DSG**  
**members:** 8.45-9.15am  
**AGM:** 9.15-9.45am  
**Study Day:** 9.45-4.15pm  
**Registration for non-DSG**  
**members:** 9.15-9.45am

### Session 1

**Diabetes UK Update:**  
**The role of Diabetes UK**  
**in sport and exercise -**  
  
**Douglas Twenefour, DUK**

### Session 2

**Keynote speech:**  
**Setting the scene:**  
**Diabetes & Sport in the**  
**current climate**  
**Rob Andrews & Parth**  
**Narendran, Consultants**

### Session 3

**Research in exercise:**  
**CGM & exercise**  
**management:**  
**current research**  
  
**Sian Rilstone, DSD**

### Session 4

**T!D Expert:**  
**Inspiring young people to**  
**exercise: running a sports**  
**charity for children & YP**  
**Gavin Griffiths, Diathlete**

### BREAKS

**Morning, afternoon**  
**& lunch breaks**  
**included**

## Study Day Agenda (PM)

### Session 5

**BDA DSG Exercise  
subgroup update:**

**Nusrat Kausar  
Co-chair, DSG Exercise  
Subgroup**

### Session 6

**Managing exercise with  
diabetes:  
Diabetes technologies in  
T1 & T2D  
Rob Andrews/Parth  
Narendran, Consultants**

### Session 7

**T1D Expert:  
My experience managing  
endurance sport  
(marathon)**

**Paul Coker, 1BloodyDrop**

### Session 8

**Practical nutrition:  
Nutrition strategies in  
sport and diabetes for  
children and adults**

**Francesca Annan, DSD**

### Session 9

**Managing sport with  
Hybrid Closed Loop:  
Optimising HCL functions  
Rob Andrews/Parth  
Narendran**

### Session 10

**Expert panel:  
Rob Andrews, Parth  
Narendran, Sian Rilstone  
& Francesca Annan**