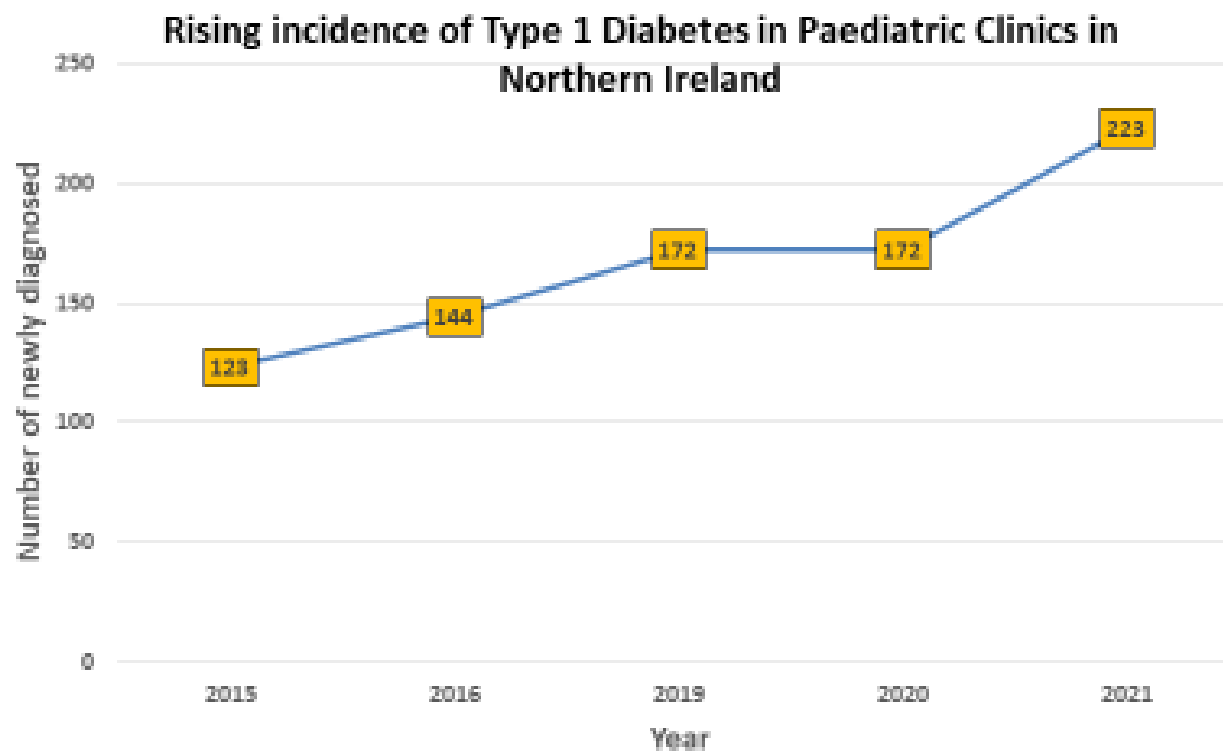


AGM 28.9.22

- **Membership – 286 August 2022**
- **Reports from Scotland, Wales and Northern Ireland**
- **Objectives for the next two years & projects**
- **Committee changes**

This AGM is dedicated to
Gill Regan
PDRD
1956-2021



Northern Ireland report

Jacqueline McNeilly



Clinics

- MDT Clinics have resumed face-to-face format post Covid.

Structured Education Programme

- **CHOICE** – 4 weekly Structured Education Programme – lesson plans and curriculum revised.
- Majority of programmes still held virtually – **positive feedback and higher uptake / completion rate.**
- One Trust offering blended programme (2 weeks face-to face)
- Application to Qizmet for quality assurance
- May 22 All Island Paediatric Dietetic Study Event Presentation
- Nov. 22 BSPED Belfast Presentation

New Developments

- **DEAPP** continues to be used in Belfast trust. National Lottery funding application to roll out further in NI and consider Project Manager.

Moving Forward

- Additional funding for CHOICE refresher sessions is expected in each Trust. Current allocation based on caseloads from 2009.

Scotland report

Bethany Cairns

- ❖ NHS Lothian had 81 Newly Diagnosed T1 children throughout 2021 which was a 44% increase.
- ❖ Pump usage continues to be around 35-65%
- ❖ NHS Lothian offering 3 pumps- Medtronic 780G, Tandem T:Slim, Omnipod
- ❖ New funding for 16 CamAPS with Dana insulin pumps currently being offered to under 5' and those who were on the CLOUD Study.
- ❖ Scottish Government funding for CGM being rolled out across all boards – all patients on an insulin pump compatible with CGM are being offered CGM.
- ❖ Digibete to be funded for use across Scottish health boards - boards can decide if they wish to use. Many have already developed their own apps with PIOTA.
- ❖ Scottish Study Group planning to meet in the last quarter of 2022.

Wales report

Will Williams

SEREN

- Claire Baker (Cardiff & Vale) now SEREN programme lead. Initially funded for 1 year.
- Work continues on the **SEREN Digital** module. Staff and patient volunteers have been recorded in videos and provided Welsh translation.
- The **SEREN pump** module is being finalised.
- Difficulty in delivering **SEREN connect**, due to lack of capacity, lack of engagement from the adult team and CYPWD.
- QA ongoing across Wales to ensure that SEREN is QISMET accredited.

Schools group

- Met with a representative from Welsh government. Practical implications of the universal free primary school meals discussed.

Dyslipidaemia working group

- aim of developing a dietetic dyslipidaemia pathway and patient information.

Type 2 diabetes

- CYPDN Wales looking into a T2D pathway. Work has started on a SEREN T2D module.

Staffing

- Benchmarking by Aisling Piggott revealed large variation in dietetic hours and banding across Health boards. CYPDN Wales to pursue.



The Association
of UK Dietitians

Driving dietetics forward, together.
Our strategic plan 2021-2024

Our vision

Improve the health of the UK population by: protecting and improving health and care services, developing health and social care nutrition policy, improving the impact of dietetics and promoting positive discussion on food, nutrition, wellbeing and health.

Our core values



Our core purpose

We are committed to developing an organisational core purpose with members.

Our strategic priorities



Objectives for 2022-24

1. Build a sustainable workforce

Increase the number of dietitians with the knowledge and skills to work in Paediatric Diabetes as the number of children & young people diagnosed with type 1 diabetes during the pandemic has increased exponentially

- Training guides
- Link with National CYP diabetes networks – Aim 3
- DSG work force survey
- Possibly education sessions to attract RDs working in paediatrics and adult diabetes into Paediatric Diabetes

Training guides /Competencies

Wendy Barber, Education officer.



A training, education and competency framework for Paediatric Dietitians working in Paediatric Diabetes

B6 guide/Core Skills – final adjustments.

Graphic designer putting in a similar format to DSG document

**B7 guide/ Advanced skills
In progress**

Objectives for 2022-24

2. Grow our membership community

Promote PDSG engagement by providing relevant CPD and networking opportunities as well as web pages with up to date resources or signposting useful resources.

- Webinars
- Journal club
- Teaching skills day

Journal club / Journal watch 22

Coordinator: Aisling Piggott & Irene Odeny

#RDJC JANUARY
2022
24TH-28TH

**REVERSAL OF TYPE 2 DIABETES
IN YOUTH WHO ADHERE TO A
VERY-LOW-ENERGY DIET: A
PILOT STUDY**

Gow, M.L, Baur, L.A, Johnson, N.A., Cowell, C.T.,
and Garnett, S.P.

Diabetologia (2017) 60:406-415
DOI: 10.1007/s00125-016-4163-5

To join the critical appraisal discussion head over to our facebook group:
#RDJC NUTRITION AND DIETETICS JOURNAL CLUB

RDJC: Facilitated discussion during
the week

**Facebook live with Elizabeth
Proctor and Georgina Williams**

Elizabeth's expert critique available
on website

Review in dietetics today

Journal club 2023

Coordinator: Aisling Piggott & Elmarie Van Wyk



Goal: 'Keep our membership up to date with current evidence and building the research skills of our members'

Request: For feedback on area's to focus on – please put ideas in chat.

Plans:

- ☐ Share a research reviews in newsletter
- ☐ Embed journal reviews into our events
- ☐ Work with DSG to develop bite size sessions to support confidence of our members to engage in research and review academic literature

Teaching skills day



2021 Wendy Barber, Claire Bakers' work put on hold.

2022/23 team: Wendy Barber, Kirsty Maclean, Anne-Marie McKillup

Objectives for 2022-24

3. Be dynamic, professional and innovative

Promote members initiatives & research by enabling and encouraging presentations and discussions at our CPD events.

- BDA research stream with DSG
- List members involved in research – **please email apigott@cardiffmet.ac.uk if you are involved in research.**

Objectives for 2022-24

4. Increase our voice and visibility

Within the BDA and diabetes community by writing up PDSEG activities/events and members projects/ initiatives for relevant publications / websites

- Publish Low carb diet in T1 statement
- Work on links with JDRF – **if you have suggestions/contacts/already working with JDRF please email Debbie.evans3@nhs.net**

Low carb diets statement

Coordinator: Jennie Brown



❖ **T1 statement** - complete and available on website. To be reviewed and prepared for publication.

❖ **T2 statement** – searches to be updated and work to start autumn 2022

Objectives for 2022-24

5. Harness innovation and development

Support members with projects and initiatives in terms of clinical expertise and funding guidance.

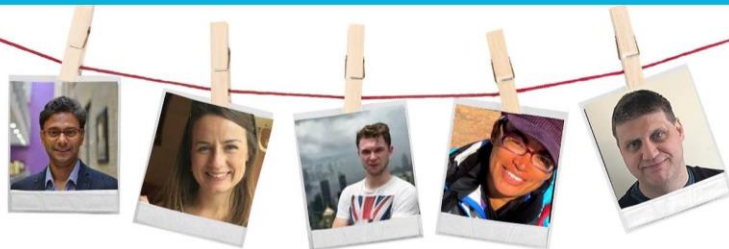
- Website links to BDA funding opportunities
- Peer support. **If would like or can offer peer support on projects/initiatives/research/clinical issues please email: anne-marie.mckillup@gstt.nhs.uk**

Thank you to
Claire Baker
Daniella Da Mota
Irene Odeny
Andrea McDougall

Committee changes

Position	Now	2022/23
Chair	Debbie Evans (Mat leave cover)	Raphaella Rookes
Vice chair / co chair		Debbie Evans
Secretary / GDPR officer / Website coordination / Social media	Jennie Brown Magdz Madden	Jennie Brown Magdz Madden
Meetings organiser	Laura Bull	Laura Bull
Education	Wendy Barber Anne-Marie McKillup	Wendy Barber Anne-Marie McKillup Kirsty Maclean
Journal club coordinator	Aisling Piggott Elmarie Van Wyk	Aisling Piggott Elmarie Van Wyk
Scotland Rep	Bethany Cairns	Bethany Cairns
Northern Ireland Rep	Jacqueline McNeilly	Jacqueline McNeilly
Welsh Rep	Will Williams	Will Williams

DSG study day 4th November 2022



ANNUAL AGM & STUDY DAY

"Managing Sport & Exercise
in Young People and Adults"

agenda

linkin
=Bio=

@DSG_BDA

Date

**Friday 4th November
2022**

Study Day Agenda (AM)

Start & End times

**Registration for DSG
members:** 8.45-9.15am
AGM: 9.15-9.45am
Study Day: 9.45-4.15pm
**Registration for non-DSG
members:** 9.15-9.45am

Session 1

Diabetes UK Update:
**The role of Diabetes UK
in sport and exercise -**

Douglas Twenefour, DUK

Session 2

Keynote speech:
Setting the scene:
**Diabetes & Sport in the
current climate**
**Rob Andrews & Parth
Narendran, Consultants**

Session 3

Research in exercise:
**CGM & exercise
management:**
current research

Sian Rilstone, DSD

Session 4

T1D Expert:
**Inspiring young people to
exercise: running a sports
charity for children & YP**
Gavin Griffiths, Diathlete

BREAKS

**Morning, afternoon
& lunch breaks
included**

@DSG_BDA

Date

**Friday 4th November
2022**

Study Day Agenda (PM)

Session 5

**BDA DSG Exercise
subgroup update:**

Nusrat Kausar
Co-chair, DSG Exercise
Subgroup

Session 6

**Managing exercise with
diabetes:**

Diabetes technologies in
T1 & T2D
**Rob Andrews/Parth
Narendran, Consultants**

Session 7

T1D Expert:
My experience managing
endurance sport
(marathon)

Paul Coker, 1BloodyDrop

Session 8

Practical nutrition:
Nutrition strategies in
sport and diabetes for
children and adults

Francesca Annan, DSD

Session 9

**Managing sport with
Hybrid Closed Loop:**
Optimising HCL functions
**Rob Andrews/Parth
Narendran**

Session 10

Expert panel:
**Rob Andrews, Parth
Narendran, Sian Rilstone
& Francesca Annan**

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