

BDA Cystic Fibrosis Newsletter – November 22

We would like to thank everyone who contributed to last week's study day. It was so lovely to see everyone in person and see everyone networking and sharing ideas. After 2 great presentations by Sarah Collins and Laura Caley people had the opportunity to join in with the working groups. Each group has taken away action points to progress with. We will keep you all updated on the progress that these groups are making at regular intervals. We felt it was great success and hope you did too.

If you attended please complete the evaluation form: <https://forms.gle/6czZJnvgqKHrg96s9>

For those of you who didn't attend we will soon be uploading the minutes and presentations onto our webpage.

Would you like to be more involved with the BDA CF specialist group?

There are lots of ways to get involved with the BDA CF specialist group. It is a great way to network, learn and share your knowledge and experience with others.

Committee vacancies:

We are still looking for someone to join the committee to work alongside Dee Shimmin as the Education and Resources officer. We are a friendly committee and this is a great way contribute to the future of CF dietetics.

Do you have questions?

Don't forget that we have our members discussion forum where you can post questions or help others: [Cystic Fibrosis Specialist Group | British Dietetic Association \(BDA\)](#)

Keep up to date:

Announcements will be listed on a webpage: [Cystic Fibrosis Specialist Group | British Dietetic Association \(BDA\)](#)

The CF Trust Nutrition guidelines:

The CF Trust Nutrition guidelines are due to be updated. If you would like to volunteer please contact us.

CF trust resources:

The CF Trust is looking to update its nutritional resources.

Is there a resource that you feel needs developing?

Would you like to contribute to creating a resource on dental health and update the Gut health leaflet?

If so please get in touch with us.

Education resources:

Did you know that our previous webinars can be watched back? There is webinars on Plant based nutrition in CF, Advanced Practice in CF, mindful eating in CF and more....

[Events, Webinars and AGM | British Dietetic Association \(BDA\)](#)

Did you know that all members of the BDA CF specialist group get free access the Journal of CF:

[Journal of CF | British Dietetic Association \(BDA\)](#)

Genomics Education Programme

Genomics Education Programme (GEP) is part of Health Education England. In 2012, the Genomics Medicine Service started rolling out an education programme mainly for Drs and nurses, but they now want to start educating AHP's. They are looking at sharing and developing educational resources and networks for health professionals. There are 7 Genomic Service Alliances, and one is looking at the NHS workforce. At present they are doing a scoping exercise to see who is interested and who it is applicable to.

We have included links in the resources for our members to access: [Resources | British Dietetic Association \(BDA\)](#)

Good news:

We are very excited to announce that our very own committee member Sarah Collins has just published her work on:

The experience of living with and managing cystic fibrosis related diabetes: a qualitative review - <https://doi.org/10.1177/1744987122111697>

If you have published any works recently then please do share with the group.

CFRD guidelines:

The CFRD guidelines are now finalised and will be available on the CF trust website soon. Watch this space for any updates!

Professional matters:

Have your say HCPC fee increases:

It is important that the BDA are reflecting what our members actually think and providing feedback from our members. Please can you share this with your teams/groups and encourage them to provide feedback as appropriate.

Please find below a link to the HCPC draft consultation response.

<https://www.bda.uk.com/resource/hcpc-fee-increase-bda-response-to-consultation.html>

Please share with your patients:

CF LIVE is an online series uniting the CF community with researchers, clinicians and more.

Upcoming events include:

Eating on a budget Expert: 29.11.22

Cystic Fibrosis related Diabetes – Expert panel: Sarah Collins and Joanna Barrett 18.01.23

Mindful eating – Expert Panel Professor Helen Eagen **Date TBC**

Exercise and Cystic Fibrosis – **Date TBC**

Gut Health – Laura Caley **Date TBC**

To register for these events: [CF LIVE Cystic Fibrosis Trust](#)

These events are also recorded and available for your patients to watch back. Previous sessions include: Nutrition and Modulators, Cystic Fibrosis and Nutrition and many more.

There will soon be Eating on a budget resources available on the CF trust cost of living hub.

Don't forget to follow us on twitter: @bda_CF