

From 8.45am **MS Teams link open for log on**

- 8.55am** **Introduction and Welcome** with Steph Sloan, Lecturer in Dietetics and Specialist Dietitian, Teesside University and Cumbria, Northumberland, Tyne and Wear and Vice Chair of the BDA Mental Health Specialist Group
- 9.00am** **Nutritional Psychiatry: an update on high prevalence and severe mental disorders**  
**Dr Scott Teasdale**, Postdoctoral Research Fellow, Mindgardens Neuroscience Network – Sydney, Australia  
Live from Australia
- 10.30am** **Break and Networking**  
Breakout room 1 – Learning Disabilities  
Breakout room 2 – Eating Disorders  
Breakout room 3 – Child and Adult Mental Health  
Breakout room 4 – Education
- 10.45am** **Sponsor Video**
- 10.50am** **Making Space for Research**  
**Professor Amelia A Lake**, Professor of Public Health Nutrition, Associate Director of Fuse; The Centre for Translational Research in Public Health, Registered Dietitian and Public Health Nutritionist
- 11.20am** **Feeding under restraint: Update**  
**Sarah Fuller**, Specialist Eating Disorders Dietitian and Operational Lead, East London NHS Foundation Trust
- 12.05pm** **AGM & Committee Updates – Steph Sloan**, Vice Chair of the BDA Mental Health Specialist Group
- 12.25pm** **Lunch**
- 12.55pm** **Networking in Breakout rooms**  
Breakout room 1 – Mental Health  
Breakout room 2 – Avoidant/restrictive food intake disorder  
Breakout room 3 – Learning Disabilities  
Breakout room 4 – Eating Disorders
- 1.15pm** **Sponsor Video**

- 1.20pm**      **Nutritional Quality Improvement in Learning Disability Specialist Care Homes**  
**Alex Larkin, Highly Specialist Dietitian for Adults with a Learning Disability**
- 1.40pm**      **An evaluation of oral nutritional supplement prescribing in a community child and adolescent eating disorders service**  
**Steph Sloan**, Lecturer in Dietetics and Specialist Dietitian, Teesside University and Cumbria, Northumberland, Tyne and Wear and Vice Chair of the BDA Mental Health Specialist Group
- 2pm**         **Investigating ‘treat culture’ in a secure care service**  
**Anita Attala**, Advanced Dietitian for Secure Care Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust
- 2.20pm**      **The role and impact of Dietitian input within a Community Adult Eating Disorders Service**  
**Carolyn Paddock**, Advanced Specialist Eating Disorder Dietitian, East London Foundation Trust providing services in Bedfordshire and Luton and **Katie French** Research Assistant, Mental Health Liaison Team, Derbyshire Healthcare NHS Foundation Trust
- 2.40pm**      **Networking in Breakout rooms**  
Breakout room 1 – Steph Sloan  
Breakout room 2 – Anita Attala  
Breakout room 3 – Carolyn Paddock and Katie French
- 2.55pm**      **Veganism & Eating Disorders - launch of Vegan Recover from Eating Disorders For Life (R.E.A.L) food pyramid**  
**Lisa Waldron**, Public health manager and specialist eating disorders dietitian
- 3.25pm**      **Evaluation and Close of Day**

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