

Clinical Management Plan

Name of Patient:		Patient medication sensitivities/allergies:		
Kayne West		None known		
Patient identification e.g. ID number, date of birth: 19/01/2006 PID 7494985				
Independent Prescriber(s): Dr Lopez, Dr Kardashian		Supplementary Prescriber(s) Jodie Owen		
Condition(s) to be treated Type 1 Diabetes		Aim of treatment Achieve optimum glycaemic control (Hba1c <48mmol/mol)		
Medicines that may be prescribed by SP:				
Preparation	Indication	Dose schedule	Specific indications for referral back to the IP	
Insulin Glargine (Lantus) OR Insulin Degludec (Tresiba) NB only 1 long acting analogue insulin to be prescribed at any one time	Type 1 Diabetes	Total daily dose 1-1.5 unit/kg of insulin with 40% of dose to be long acting insulin	If total daily insulin requirements exceed 1.5units/kg	
Insulin Aspart (Novorapid)	Type 1 Diabetes	As above, dose to be calculated using Expert meter settings to be determined by Supplementary Prescriber		
Guidelines or protocols supporting Clinical Management Plan: Heart of England NHS Foundation Trust Paediatric Guidelines, SOP Insulin Adjustment in Paediatric Patients				
Frequency of review and monitoring by:				
Supplementary prescriber		Supplementary prescriber and independent prescriber		
Monthly as a minimum		3 monthly		
Process for reporting ADRs: Medical Notes, Dendrite, Yellow Card System				
Shared record to be used by IP and SP: Hospital Electronic Record (Dendrite)				
Agreed by independent prescriber(s)	Date	Agreed by supplementary prescriber(s)	Date	Date agreed with patient/carer