

British Dietetic Association
Maternal & Fertility Nutrition Specialist Group
AGM 23/02/2023
Minutes

Date 23/02/2022

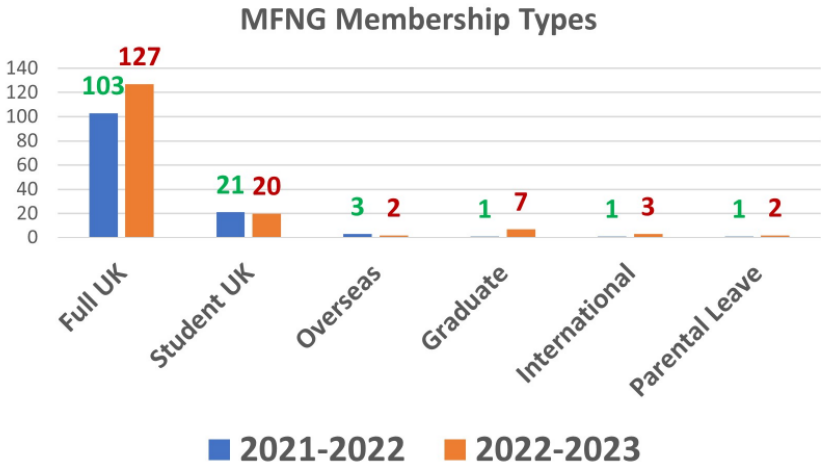
Time 19:00

Venue Webinar

Committee	Eulalee Green (EVG)	Joint Chair	2020 to 2024
	Komal Deepak Kumar (KK)	Joint Chair	2020 to 2024
	Eugenia Grand (EGr)	Treasurer	2020 to 2024
	Bahee Van de Bor (BV)	Secretary (including Membership)	2020 to 2024
	Ro Huntriss (RH)	Events Coordinator	2020 to 2024
	Kate Maslin (KM)	Research Coordinator	2020 to 2024
	Kathryn Haywood (KH)	Website Coordinator	2020 to 2024
	Catherine Gallagher (CG))	Resource & Project Coordinator	2022 to 2024
	Julie Abayomi (JA)	Research Coordinator	2020 to 2024
	Anita Beckwith (AB)	Communication Coordinator	2020 to 2024
	Clair Pettit (CP)	Social Media Coordinator	2020 to 2024
	Hazel Billson (HB)	Committee Member	2020 to 2024
	Laura Logan (LL)	Website Coordinator	2020 to 2024
	Tazmin Lewis (TZ))	Social Media Coordinator	2022 to 2024
	Naomi O'Connor (NOC)	Social Media Coordinator	2022 to 2024
	Vicky Gkloumpou (VG)	Committee Member	2022 to 2024

Item	Details	Notes
1.1	Apologies for the Absence of Committee Members	Kathryn Haywood, Website Coordinator Eugenia Grand, Treasurer Claire Pettit, Committee Member Tasmin Lewis, Social Media Coordinator Catherine Gallagher, Resource & Project Coordinator Ro Huntriss, Events Coordinator Vicky Gloumpou, Committee Member
1.2	Number of Attendees	12
2	Committee Reports	Please refer to PowerPoint
2.1	Welcome and Chair's Report Komal Deepak Kumar	<ul style="list-style-type: none"> MFNG was registered in 2020 Highlights of 2022/2023 <ul style="list-style-type: none"> Membership by ↑24% Social media profiles -a substantial increase in numbers on Instagram and Facebook in all categories. Twitter noted an increase in the number of followers. Webinar events attendance ↑57%

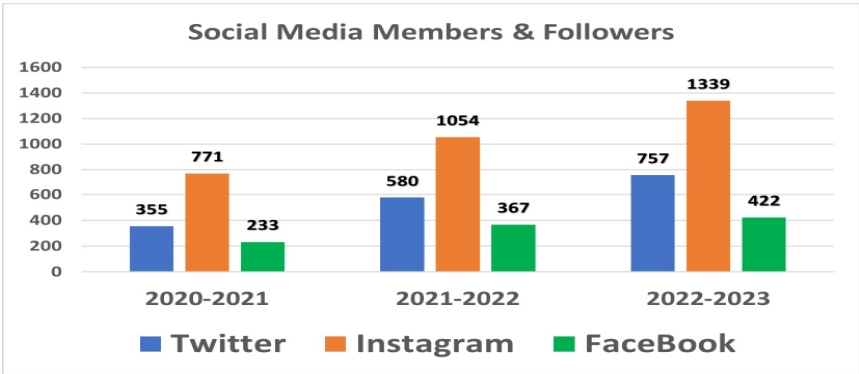
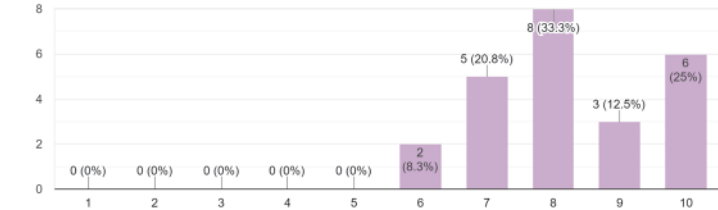
		<ul style="list-style-type: none"> ○ PEN training for group members or producing evidence basis ○ 5 Abstracts presented at BDA Research Symposium & Published JHND ○ Nutritional Management in Pregnancy course ○ Collaborations- Irish Maternal Dietitians, BDA Obesity Group, BDA Diabetes Group, Endometriosis UK <p>Inviting members for Fertility Nutrition and GDM working group</p>																																													
2.2	Treasurer's Report	<table border="1"> <thead> <tr> <th></th><th>2021-2022</th><th>2022-2023</th></tr> </thead> <tbody> <tr> <td>Membership Fees</td><td>2,476</td><td>3,332</td></tr> <tr> <td>Webinars/Courses</td><td>942</td><td>2,293</td></tr> <tr> <td>Sponsorship</td><td>300</td><td>300</td></tr> <tr> <td>Total Income</td><td>3,718</td><td>5,925</td></tr> <tr> <td></td><td></td><td></td></tr> <tr> <td>Speakers Fees</td><td>2,300</td><td>3,744</td></tr> <tr> <td>Honoraria & Awards</td><td>250</td><td>130</td></tr> <tr> <td>Travel & Subsistence</td><td>36</td><td>1,169</td></tr> <tr> <td>Exhibition & Conferences</td><td>0</td><td>0</td></tr> <tr> <td>Printing & Marketing</td><td>0</td><td>0</td></tr> <tr> <td>Running & Subscription Costs</td><td>96</td><td>407</td></tr> <tr> <td>Total Expenses</td><td>2,682</td><td>5,450</td></tr> <tr> <td></td><td></td><td></td></tr> <tr> <td>Balance</td><td>1,036</td><td>475</td></tr> </tbody> </table> <p>Not inclusive of Nutrition Management in Pregnancy Course income. Concerns regarding the missing data have been raised with BDA Finance.</p>		2021-2022	2022-2023	Membership Fees	2,476	3,332	Webinars/Courses	942	2,293	Sponsorship	300	300	Total Income	3,718	5,925				Speakers Fees	2,300	3,744	Honoraria & Awards	250	130	Travel & Subsistence	36	1,169	Exhibition & Conferences	0	0	Printing & Marketing	0	0	Running & Subscription Costs	96	407	Total Expenses	2,682	5,450				Balance	1,036	475
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2.4	Communications & Courses Report	<p>2022-2023</p> <ul style="list-style-type: none"> ● Led on Nutrition Management in Pregnancy Course in 2023 ● Maintain communication links between members and the MNFG committee ● Worked with CP, EuG, & RH to produce Fertility Factsheet 2023-2024 ● Nutrition Management in Pregnancy Course November 2023- December 2024 ● Fertility Guidelines 																					
2.5	Events Report	<p><u>Events 2022/2023</u></p> <ul style="list-style-type: none"> ● Full Day Study Day March 2022 (71 tickets) ● 3 webinars: <ul style="list-style-type: none"> ● Fertility Nutrition in Research & Practice (90 tickets) ● Nutrition & PCOS (joint event with MyNutriWeb) ● Nutrition & Fertility (joint event with MyNutriWeb) <p><u>Nutritional Management in Pregnancy course</u></p> <ul style="list-style-type: none"> ● Online via Teams and BDA Learning Zone (6month access) ● Registered Dietitians & Registered Nutritionists ● Endorsed by BDA & AfN ● 2022 course (36 participants): <ul style="list-style-type: none"> - All live - 2 speakers/session & live panel ● 2023 course (39 participants): <ul style="list-style-type: none"> - Live & recorded sessions 2-5 pm Jan/Feb - 2 weeks: catch up & implementation ● Live panel: 28/2/2023 2-5pm including Eating Disorders in Pregnancy 																					

		<ul style="list-style-type: none"> ● Online via Teams and BDA Learning Zone ● Recorded: 5 sessions Tuesdays 2-5pm Nov/Dec ● 2 speakers/session ● Plan: 6 session: 2 new topics: eating disorders in pregnancy & breastfeeding ● 4 weeks: catch up & implementation ● Live panel: 23/1/2024 2-5pm ● Email interest: maternalfertilitysg@bda.uk.com <p><u>Plans for 2023/2024</u></p> <ul style="list-style-type: none"> • Annual Study in June 2023 • Morning study event to celebrate World Obesity Day on 02/03/2023 – joint event with Obesity Group & British Psychology Society • In discussions with Irish Dietitians for joint event
2.6	Research & Resource Report	<ul style="list-style-type: none"> ● Completed database of MNFG members expertise ● Presented posters: Nutrition Society Conference, Cork; All Ireland Midwifery Conference, International Collaboration for Hyperemesis Gravidarum conference. ● Published papers (weight management, endometriosis, GDM) ● Section in Midwifery standard textbook 2023 edition ● Participated in Core Outcome Set for Hyperemesis Gravidarum. ● Contributed to a European Conference on Preconception Health and Care workshop about pregnancy after bariatric surgery. ● Responded to consultations including folic acid fortification ● Reviewed abstracts, presented & chaired at BDA Research Conference ● Committee member awarded NIHR Research Internship ● Media appearances <p>To continue to provide support for members with research ideas, for example:</p> <ul style="list-style-type: none"> ● Applications for NIHR doctoral/pre-doctoral fellowships ● Input to study days ● Reviewing abstracts and chairing at BDA Research symposium ● Coordinating responses to government consultations relevant to maternal nutrition ● Writing & publishing papers ● Organising and reviewing applications for bursaries to attend relevant research conferences <p>Manual of Dietetic Practice:</p>

		<ul style="list-style-type: none"> • KM part of the editorial team for new 7th edition of textbook • A survey was undertaken by the editorial team in the autumn regarding the scope and content of new edition. • Responses indicated maternal/fertility nutrition was a top theme for the textbook to be updated/improved. • Thanks to group members who completed the survey. • KM will be seeking authors for the new edition in the second half of 2023 - a great opportunity to raise the profile of our speciality and become a published author.
2.6	Website & Newsletter Report	<ul style="list-style-type: none"> • Website is Public and Members-Only pages • Members section for MNFSG clinical fact sheets • Newsletter – MFNG member-only • Quarterly newsletters • Six ad-hoc updates: course information, survey, meetings • Increased website presence & interest <ul style="list-style-type: none"> ○ Unique webpage views increased by 4.6% in the previous 12 months. ○ Average time spent on webpages increased by 12.3% in the previous 12 months. <p>Plans for 2023-2024:</p> <ul style="list-style-type: none"> ● Continue to raise MFNSG's internet presence & ensure information is relevant and current. ● Repeat the Members Survey Feedback & share results themes on the website. ● Promote newly developed resources within the specialism. ● Work with social media coordinators to ensure a consistent message. ● Add a webpage to inform current projects, research and resource development.

		<p style="text-align: center;">MNFG Newsletter</p> <table border="1"> <caption>MNFG Newsletter Performance Data</caption> <thead> <tr> <th>Category</th> <th>2021-2022</th> <th>2022-2023</th> </tr> </thead> <tbody> <tr> <td>Sent out</td> <td>596</td> <td>754</td> </tr> <tr> <td>Delivered</td> <td>575</td> <td>715</td> </tr> <tr> <td>Unique Open</td> <td>265</td> <td>378</td> </tr> </tbody> </table>	Category	2021-2022	2022-2023	Sent out	596	754	Delivered	575	715	Unique Open	265	378															
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2.7	Social Media Report	<p>Key Objectives</p> <ul style="list-style-type: none"> • Manage & Organise public-facing & members-only pages • Promote the work of MFNG & BDA working with BDA member services & External Affairs • Promoting webinars, MFNG study days, resources, relevant evidence-based information <p><u>Instagram</u></p> <table border="1"> <thead> <tr> <th></th><th>2022</th><th>2023</th></tr> </thead> <tbody> <tr> <td>Accounts Reached in last 90 days</td><td>870</td><td>1,436</td></tr> <tr> <td>Accounts Engaged in last 90 days</td><td>78</td><td>74</td></tr> <tr> <td>Followers</td><td>1,054</td><td>1,339</td></tr> </tbody> </table> <p><u>Facebook</u></p> <table border="1"> <thead> <tr> <th></th><th>2022</th><th>2023</th></tr> </thead> <tbody> <tr> <td>Members</td><td>367</td><td>422</td></tr> <tr> <td>Past 60 days Posts</td><td>30</td><td>11</td></tr> <tr> <td>Past 60 days Comments</td><td>170</td><td>95</td></tr> <tr> <td>Past 60 days</td><td>269</td><td>177</td></tr> </tbody> </table>		2022	2023	Accounts Reached in last 90 days	870	1,436	Accounts Engaged in last 90 days	78	74	Followers	1,054	1,339		2022	2023	Members	367	422	Past 60 days Posts	30	11	Past 60 days Comments	170	95	Past 60 days	269	177
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3	Membership Survey	<p>Overall how satisfied are you with the Maternal & Fertility Nutrition Specialist Group ? 24 responses</p> 																		

		<p>Overall how satisfied are you with education events provided by the group (webinars, study days) ? 23 responses</p> <p>Which areas would you like to see more webinars focussed on ?</p> <p>How often do you access our Social Media pages ?</p>
3	Election of Committee roles for 2023 to 2024	<ul style="list-style-type: none"> ● Vice Chair - Ro Huntriss Nominated by Komal Kumar, Seconded by Eulalee Green ● Joint Treasurer - Emma Schnieder Nominated by Komal Kumar, Seconded by Eulalee Green <p>Both candidates were elected with no objections by members present.</p>
4	Agree on membership fees	<ul style="list-style-type: none"> ● It was agreed to maintain the current membership fee
5	Any Other Business	<p>Funding Opportunities: Journal subscriptions</p> <ul style="list-style-type: none"> ● Bursaries: <ul style="list-style-type: none"> - 4 places to The Nutrition Society Summer Conference in Liverpool 3-6 July <p>- Next membership survey and AGM could potentially have a raffle attached for group members, with prize being equivalent to membership fee.</p>

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6	Future Meetings and Events Dates	<ul style="list-style-type: none">● AGM 2024 - 25/01/2024 at 7:00 pm● Study Day - Jan/Feb 2024● Joint Webinar with Obesity Group March 2023
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