



# What's new in PENG

Highlights from the latest ePENlines



**CHAIRS WELCOME**

## February 2022

Welcome to the first PENG newsletter of 2022. As I'm writing this, I've just had a couple of days off and had the opportunity to spend some time outdoors, and it's invigorating to see the snowdrops and crocuses coming up announcing the start of spring.

This edition of PENG newsletter is full of exciting content and announcements to hopefully keep that spring in your step. Registration for the PENG clinical update course is now open and the Blended Diet webinar is less than a week away so it's your last chance to register (click [here](#)).

You will also find the PENG award winning abstracts from the three PENG award winners covering water usage in enteral feeding, gastrostomy placement in stroke and jejunostomy feeding in oesophagostomy. We are currently creating a research themed webinar for later this year, which will provide you with further tools, resources, and the confidence to engage more with research, service development and mostly importantly its dissemination. So, watch out for this and the opportunity to apply for PENG 2022 award over the coming months.

This edition also sees the return of the Elevator interview where Becky our communications officer is taking time to connect with and find out more about our committee members and individuals working in nutrition support.

Our newsletter and our twitter page [@BDA\\_PENG](#) are currently our two main methods of communicating messages and content with you. As you may have noticed our dedicated ePENlines newsletter stopped in 2020, as the BDA provided a new platform to create and deliver our newsletter. This platform hasn't been without its flaws and our communications officer has had to navigate through a new way of uploading content. We appreciate from a recipient's perspective this has also been different. We have however been working on improvements and with any luck this edition is coming to you with a new interactive look. Please click on the pictures and links which will take you through to the articles and provide you with more information on webinar's, applying for courses, study days and conferences conferences. I would like to take this opportunity to thank our communications officer Becky for all the work that she has put in and continues to put in to improve the newsletter using it to bring informative and educational content to your inbox regularly throughout the year. If you are working on anything in clinical practice that you would like to share with the membership, please get in touch with us at [peng@bda.uk.com](mailto:peng@bda.uk.com).

With best wishes

Linda Cantwell PENG Chair





Our Hot Topic this month are the 3 winning abstracts from the PENG award winners 2021. We have had special permission from BAPEN to share these and are proud to bring these to you in our newsletter this month.

**Water usage in enteral feeding: Results of a PENG survey** by C. Fleming, J. Jones and A. Julian

**The impact of jejunostomy feeding on nutritional outcomes after oesophagectomy** by S.J Davies and S. Wheelwright

**An audit of a single acute stroke centres practice when making decisions about gastrostomy placement, for patients who lack mental capacity to make their own decision** by S. White, S. Munjal, N. Martindale and G. Pratt

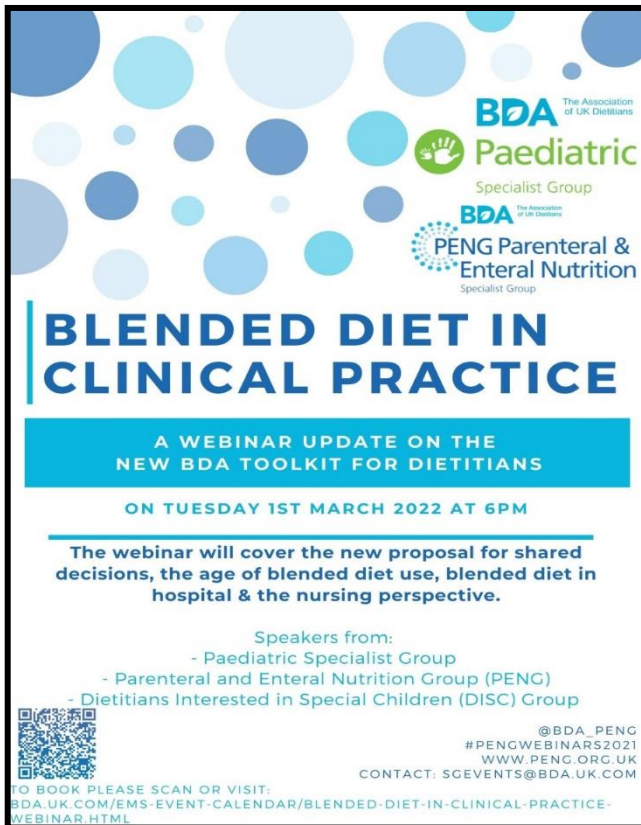
## PENG Clinical Update Course



- **Clinical Update Course** – Alison Culkin reflects and discusses what happens on the course which is now virtual
- **PENG Clinical Update Course 2022** – Click the link to apply for this year's virtual course
- The winners of the free place on the clinical update course 2022 are:

Janet Chu	Hull Royal Infirmary
David Gray	Kettering General Hospital
Jennifer Towey	University Hospitals Birmingham NHS Foundation Trust
Vikki Poole	East Kent Hospitals University NHS Foundation Trust
Aaron Boysen	Bradford Royal Infirmary

Win a Free Place  
on the  
Clinical Update  
Course  
Click [here](#) to find  
out more



**BDA** The Association of UK Dietitians  
**Paediatric** Specialist Group  
**BDA** The Association of UK Dietitians  
**PENG** Parenteral & Enteral Nutrition Specialist Group

## BLENDDED DIET IN CLINICAL PRACTICE

A WEBINAR UPDATE ON THE NEW BDA TOOLKIT FOR DIETITIANS

ON TUESDAY 1ST MARCH 2022 AT 6PM

The webinar will cover the new proposal for shared decisions, the age of blended diet use, blended diet in hospital & the nursing perspective.

Speakers from:

- Paediatric Specialist Group
- Parenteral and Enteral Nutrition Group (PENG)
- Dietitians Interested in Special Children (DISC) Group

TO BOOK PLEASE SCAN OR VISIT:  
[BDA.UK.COM/EMS-EVENT-CALENDAR/BLENDED-DIET-IN-CLINICAL-PRACTICE-WEBINAR.HTML](https://www.bda.uk.com/ems-event-calendar/blended-diet-in-clinical-practice-webinar.html)

@BDA\_PENG  
 #PENGWEBINARS2021  
 WWW.PENG.ORG.UK  
 CONTACT: SGEVENTS@BDA.UK.COM

PENG have worked closely with the BDA Paediatric group among others to develop the [Blended Diet Toolkit](#). Using Blended Diet via enteral feeding tubes is a big topic within dietetics at the moment so this is a webinar not to be missed.

## Advanced Practice – Community of Practice

*Advanced clinical practice (ACP) is a space in which Dietitians are finding their place. ACP or 'Advanced Practice' (AP) roles are delivered by experienced, registered healthcare practitioners, and are characterised by a high degree of autonomy and complex decision making. This encompasses the four pillars of clinical practice, leadership and management, education, and research, with demonstration of core capabilities and area specific clinical competence.*

*We have developed a community of practice (CoP) which will support existing and future ACPs develop their roles, and also to drive the surrounding framework, including national, professional and capability framework development - the fundamentals for removing barriers in the space.*

*The NHS needs experts in nutrition (that's you) to develop advanced clinical roles to support your patients and colleagues in new ways by developing advanced clinical roles, beyond the scope of traditional roles, to meet the demands of a population growing in complexity and number, as described in the NHS Long Term Plan.*

*In 10 years these roles will be established in every trust – be part of the modern day healthcare.*

## Other HIGHLIGHTS



- [Elevator Interview](#) – We meet Linda Cantwell the new PENG Chair.
- [PENG Award 2022](#) - Are you a PENG member involved in audit & research? Would you like the opportunity to get a supportive educational grant to present your work at national level and attend the BAPEN conference 2022?
- [PENG Award Winner Feedback](#) – Sarah Davies updates us on what she did with her PENG Award
- **PENG Pocket Guide Update** – The update Liver section is being sent to all PENG members for free, so keep an eye out for it!



The CN Awards provide the chance for all readers, advertisers, and contributors of CN Magazine to come together to recognise the achievements of those whose great work has made a significant difference within the nutrition industry – whether an individual, group or organisation.

The nomination process is really straight forward – nominees simply need to visit: <https://nutrition2me.com/cn-awards/nominations/> and complete the online nomination form. Full category details are also available via this [link](#).

The closing date for all nominations is **31st March 2022**.



Your  
Committee  
needs.....

YOU



We are looking for PENG members who would like to have their worked published in the PENG newsletter and on the BDA PENG webpage. If you are working on:

- An audit/ project
- Peer review
- Service development
- Case studies
- Student dissertations
- Research
- Advanced clinical practice or bringing something new to dietetics
- Or working on something that you want to share with PENG members

The PENG committee would love to hear from you, so please get in touch with us at [peng@bda.uk.com](mailto:peng@bda.uk.com)