



OLDER PEOPLE SPECIALIST GROUP

February 2022



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THE HIGHLIGHTS



Hello to our OPSG members. We almost say goodbye to February which means only one thing, that Nutrition and Hydration week is nearly upon us. The theme is 'Making a Difference' and we have lots planned on our social media pages so do check in on us throughout the week. We also have a few events planned. We are working in partnership with the Optimising Nutrition Prescribing Specialist Group on an Outcomes Project and we are thrilled that the BDA has approved a business case for us to progress this work. We need your help and ask that you sign up for the series of workshops. Demonstrating outcomes is crucial for our profession and our specialism, so do get involved. We also have another lecture session planned on Sarcopenia in collaboration with AGILE Specialist Interest Group part of the CSP. You will find more details on everything below.

We hope you have a great month and see you all at one of our events.

Vittoria



Would you like to learn about the importance of outcome measures in dietetics and be involved in developing outcome indicators?

The British Dietetic Association Older People Specialist Group and Optimising Nutrition Prescribing Specialist Group have identified a need to support the development of a set of outcome indicators relevant to the variety of work undertaken by members in each of the specialist groups. As part of this work the British Dietetic Association Older People Specialist Group and Optimising Nutrition Prescribing Specialist Group are hosting a series of three webinars to support and involve group members in this work. These webinars will be led by June Davis, Director, Allied Health Solutions.

Two dates are provided for each webinar

Webinar 1 – The value and benefit of outcome measures

Why are we here?

Overview of survey results

Importance and value of outcome measures to patients, commissioners, managers, professionals and the wider changing health and care system

**24th March 2022,
9.30-11am**

**1st April 2022
9.30-11am**



Webinar 2 – How fit for purpose is your service? How do you and could you demonstrate this through outcomes?

The difference between 'what you think is going on' versus 'what you know is going on'
Case studies focussed on outcomes from specialist interest group members

**20th April 2022
1- 2.30pm**

**28th April 2022
1- 2.30pm**



Webinar 3 – Coproduction and engagement in development of an outcome indicator list

Proposed principles for the development of an outcome indicator list
What should an outcome indicator list look like/include?

**19th May 2022
9.30-11am**

**20th May 2022
9.30-11am**



Follow this [LINK](#) and use the code: **BDAEvents2022**

CONTINUING PROFESSIONAL DEVELOPMENT



[Register Here](#)

A FOND FAREWELL

The OPSG committee wants to say a very fond farewell to the amazing Catie who has been the Older People Specialist Group treasurer over the last 3+ years. Catie has supported the committee and members with all things financial. We're very sorry to see you go Catie but know you're still with us as an OPSG member so we know we won't lose touch! Good luck with everything you go on to do in the future.



THANK YOU CATIE

CREATING A FORTIFIED RESOURCE

OPSG and Optimising Nutrition Prescribing Specialist Group have collaborated with PrescQIPP (an NHS funded not-for-profit organisation that supports quality, optimised prescribing for patients) to produce a brand new resource to support dietitians, medicines optimisation pharmacists and care home staff with the provision of nutrient-dense, food-based nutrition support for residents. The resource explains how this approach follows the requirements of NICE CG 32, NICE QS 24 and the Health and Social Care Act Regulation 14 Meeting nutrition and hydration needs (which care homes are inspected against by the Care Quality Commission (CQC)). The resource can be accessed on our resources page [here](#).



If you have resources to share or suggestions for future events please get in touch. Contact us via our email address or following us on social media @bda_olderpeople.

@BDA_olderpeople

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