



RIGHT TO FOOD UK COMMISSION

EST.2025

UNIVERSITY OF
WESTMINSTER



FAWN
food & work network

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The Right To Food UK Commission



- Launched in Parliament 17th November 2025 – the commission is based out of the UK Parliament and currently travelling around the UK to hold evidence sessions in **Liverpool, Newcastle, Belfast, Glasgow, Cardiff, and London.**
- Established by the Right To Food Campaign - led by Ian Byrne MP for Liverpool West Derby; the University of Westminster; the Bakers, Food and Allied Workers Union (BFAWU); and the Food and Work Network.



- The Right To Food (RTF) UK commission will interrogate and report on the scale and scope of food poverty and hunger in the UK.
- Map out solutions and produce a roadmap for the implementation of a Right to Food enshrined in UK law.
- Apply pressure on the Government, devolved administrations and policy makers in UK jurisdictions.
- **Hunger is a political choice!** The RTF Campaign, led to the 1st RTF Conference in 2025, and created the following five core demands to the Government:

The Five Demands

1. **Universal Free School Meals** – for all children throughout the UK
2. **Transparency on Food Costs in Wages and Benefits** – Government must reveal how food costs are used in minimum wage and benefit calculations
3. **Independent Enforcement** – Create a regulatory body to ensure government accountability
4. **Community Kitchens** – Fund community dining and meal programmes
5. **Ensured Food Security** – Integrate food security into all policy areas

Why did a clinical dietitian get involved?



- Clinical interventions impacted by housing and financial resources
- Concerns raised to me as Trade Union rep and dietetic student supervisor
- Action means engaging outside of your silo
- **Systematic change is needed now!** Grassroots organisations, charities and volunteers risk increasing burn out within already vulnerable communities

BDA Manifesto

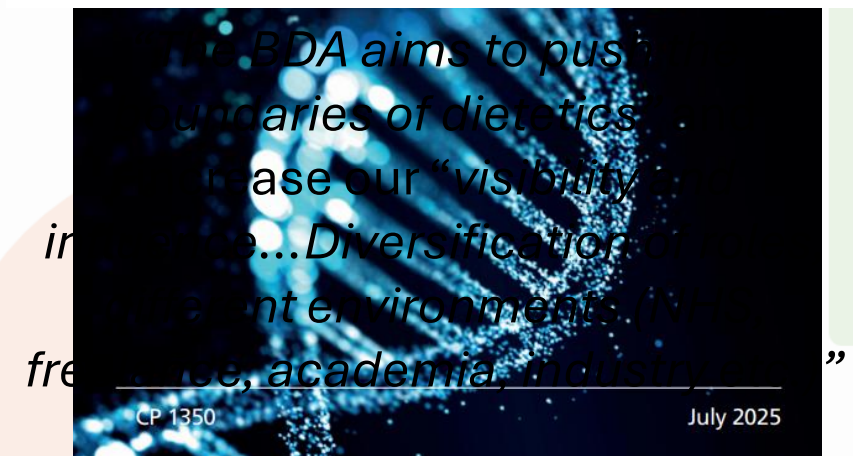
- **Strengthen the dietetic workforce in the NHS**
- **Develop a comprehensive UK Food Strategy**
- **Extend free school meal provision to all primary school children**

Join a BDA Working Group!



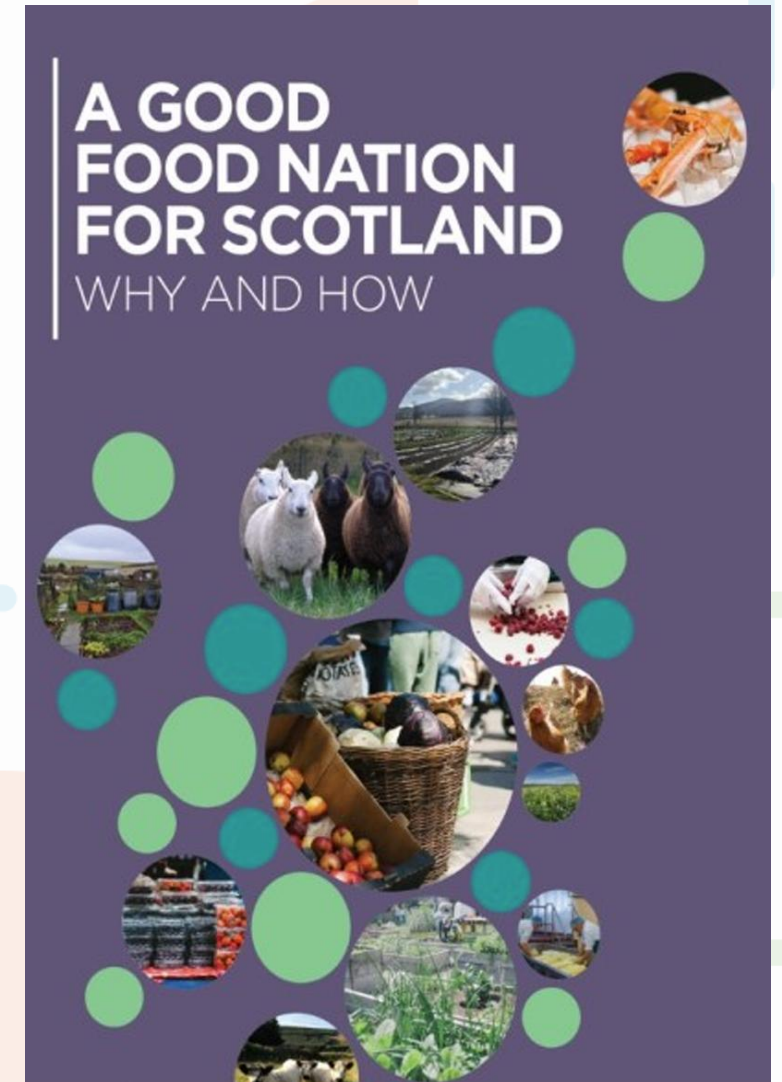
Strengthen the dietetic workforce in the NHS

- **Students: lack of placements and volunteers propping up community programmes**
- **Fit for the Future: 10 Year Health Plan for England**
 - *“From hospital to community care... sickness to prevention.”*
 - ‘Neighbourhood Health Service’ integrate NHS, local authorities and community organisations.
- **Speak the language of commissioners:**
 - Clinician productivity & moral
 - Patient outcomes & public spending costs
 - ***Human Rights Basic Approach (HRBA) - patient dignity***



Develop a comprehensive UK Food Strategy

- Under current legislation, Government accountability likely to remain reactive rather than preventative.
- **Climate change & Geopolitical unrest**
 - Recent changes to **UK Asylum/immigration welfare systems** - No Recourse to Public Funds (NRPF)
 - Sustainable self-sufficient food security: **create more jobs**
 - **Price increases** and supply disruption: 2022-2023 data estimated 40% of food is imported, 69% from just 10 countries.
 - **Social/skills:** Urban farming & community gardens.



Extend free school meal provision to all primary school children

NOURISH EVERY CHILD

A dietetic vision for universal
free school meals in primary schools.



*“It takes a village to
raise a family”*

- Community kitchens
- Support local, sustainable food systems that include the voices of the communities and cultures they serve.

Get involved with the RTF UK Commission – **Submit evidence by 30th May 2026**

1. Submit Evidence to the Commission
2. Community (Individual) Voices
3. Ask your MP to support Early Day Motion 2678
4. Deliver your own workshop session to feed into the Commission
5. Support the Commission on social media

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RIGHT TO FOOD
www.ianbyrne.org

**RIGHT TO FOOD
UK COMMISSION**

**SUPPORT
US ON
SOCIAL
MEDIA**

We're using the following hashtags: #RightToFood
• Co #UKCommission #RTFCommission #EndHunger
usi #HungerIsAPoliticalChoice
where more engagement is needed.

enter your answer

Further information

Get involved with the RTF UK Commission

www.ianbyrne.org/rtfcommission-get-involved

Join the “Right to Food Dietitians” group on WhatsApp

[The Right to Food UK Dietitians WhatsApp Group Invite Link](#)

The Trussell Trust – Hunger in the UK 2025 report

<https://www.trussell.org.uk/news-and-research/publications/report/hunger-in-the-uk-2025>

The Good Food Nation (Scotland) Act 2022

<https://www.legislation.gov.uk/asp/2022/5/contents>

A scoping review of the role of a dietitian

Kundra, A., Batool, H., Moore, S., Aslett-Bentley, A., Noonan-Gunning, S., Rice, I., Smith, J., & Marino, L. V. (2024). *Supporting those experiencing food insecurity: A scoping review of the role of a dietitian*. *Journal of Human Nutrition and Dietetics*, 38(1), e13407. <https://doi.org/10.1111/jhn.13407>