

# **Annual Conference 2021**

# Tuesday 15<sup>th</sup> June 1pm - 5pm & Wednesday 16<sup>th</sup> June 9am – 12.30pm

# An online lecture and workshop programme

**Programme of Events** 

@BDA\_Obesity #BDAObesityEvent @obsmuk #obsmuk
https://instagram.com/bda\_obesity?utm\_medium=copy\_link

### **Agenda** Tuesday 15<sup>th</sup> June 2021

12:30pm-1:00pm	Registration
1:00pm-1:10pm	Welcome - Chaired by Dr Adrian Brown , Vice Chair of BDA OSG, NIHR Lecturer/Research Fellow in Nutrition & Dietetics, University College London
1:10pm-1:20pm	Living with Obesity: Sarah Le Brocq, Living with Obesity, Obesity advocate and patient leader
1:20pm-1:35pm	Maternal Health & Obesity: Dr Kate Maslin, Senior Research Fellow in Maternal and Child Health, University of Plymouth
1:35am-1:45pm	LIVE Q&A Panel: Sarah Le Brocq & Dr Kate Maslin
1:45pm-1:55pm	Quick Fire Presentations – 2 x 5 minute Abstract presentations
1:55pm-2:00pm	Live Q & A to presenters
2.00pm-2.10pm	Break
2.10pm-3.10pm	Workshops - 1 <sup>st</sup> Sitting. A / B / C – details listed below
3.10pm-3.25pm	Break
3.25pm-4.25pm	Workshops - 2 <sup>nd</sup> Sitting A / B / C – details listed below
4.25pm-4.35pm	Break
4.35pm-4.55pm	<b>New Pharmacology in the Management of Obesity:</b> Professor Rachel Batterham, Professor of Obesity, Diabetes & Endocrinology University College London.
4.45pm-5:00pm	Q&A Session for above
5:00pm-5.05pm	Close - Dr Adrian Brown, Vice Chair of BDA Obesity Specialist Group

#### Workshops

A	<b>Psychology &amp; practical applications in dietetic practice:</b> Rebecca Richards PhD Clinical Psychology, Health Psychologist (HCPC reg), Postdoctoral Research Associate, University Cambridge;	
	Dr Anna Chisholm PhD, CPsychol, AFBPsS, Registered Health Psychologist (HCPC), University of Liverpool	
В	Dietary approaches in the management of Obesity – one size does not fit all: Dr Emilie Combet,	
	Senior Lecturer in Nutrition, School of Medicine, University of Glasgow; Chaitong Churuangsuk, Post	
	Grad Researcher, University of Glasgow	
С	Bariatric Surgery: A focus on weight regain post surgery & dietetic management: Sally Abbott MRes,	
	RD Assistant Professor in Dietetics, Coventry University. Emma Shuttlewood, Clinical Psychologist,	
	Bariatric Department, University Hospital Coventry & Warwickshire. Mary O'Kane, MSc, FBDA,	
	Honorary Consultant Dietitian, Leeds Teaching Hospitals NHS Trust	

# Agenda Wednesday 16<sup>th</sup> June 2021

8.30am-9.00am	Registration
9.00am-9.10am	Welcome - Amanda Avery RD, Chair Obesity Specialist Group, Associate
	Professor of Nutrition & Dietetics, University of Nottingham
9.10am- 9.20am	<b>Obesity; The Lived Experience</b> : Kenneth Clare, Lead for Bariatric & Metabolic Surgery in Obesity UK.
9.20am-9.35am	Childhood Obesity from Wales' 1st Children & Young Person Weight
5.20011 5.55011	Management Service: Olivia Colleypriest, Lead Dietitian at Aneurin Bevan University Health Board.
9.35am-9.50am	Weight Bias & Weight Stigma: Dr Xinema Ramos Salas, Director of Research & Policy Obesity Canada.
9.50am-10.10am	Q&A Session with above Presenters
10:10am-10:20am	Break
10:20am-10:30am	2 x Quick fire presentations
10:30am-10:35am	Q&A session
10.35am-11.35am	Workshops A / B / C – details listed below
11.35am-11.50am	Break
11.50am-12.05am	Debate Position Statements – Is Obesity a Disease Dr Abd Tahrani, MD,
	MMedSci, FRCP (London), PhD, SCOPE (International Fellow), University of
	Birmingham
	Prof Jane Ogden PhD, Professor in Health Psychology, University of Surrey
12.05am-12.20pm	Debate Q&A Session
12.20pm- 12.30pm	Close - Amanda Avery RD, Chair Obesity Specialist Group

### Workshops

A	<b>Psychology &amp; practical applications in dietetic practice:</b> Rebecca Richards PhD Clinical Psychology, Health Psychologist (HCPC reg), Postdoctoral Research Associate, University Cambridge; Dr Anna Chisholm PhD, CPsychol, AFBPsS, Registered Health Psychologist (HCPC), University of Liverpoo
В	<b>Dietary approaches in the management of Obesity – one size does not fit all:</b> Dr Emilie Combet, Senior Lecturer in Nutrition, School of Medicine, University of Glasgow; Chaitong Churuangsuk, Post Grad Researcher, University of Glasgow
С	<b>Bariatric Surgery: A focus on weight regain post surgery &amp; dietetic management</b> : Sally Abbott MRes, RD Assistant Professor in Dietetics, Coventry University; Emma Shuttlewood, Clinical Psychologist, Bariatric Department, University Hospital Coventry & Warwickshire. Mary O'Kane, MSc, FBDA, Honorary Consultant Dietitian, Leeds Teaching Hospitals NHS Trust