

**Learning Disability**

**Professional Senate**

**THE STOMP PLEDGE**

**What does the Learning Disability Professional Senate do?**

* Provides a single voice for specialist health and social care and primary care professionals working with children and adults with learning disabilities by bringing together professional leaders from across the UK
* Provides cross-professional collaboration and strategic advice to innovate and develop mainstream and specialist services for children and adults with learning disabilities championing inter-agency, multi-disciplinary, holistic approaches

**Who are clinicians on the Senate?**

Arts therapies, Clinical Psychology, Dietetics, General Practice, Learning Disability Nursing, Occupational Therapy, Physiotherapy, Psychiatry, Social Work, Speech therapy

**Who else is on the Senate?**

NHS England, Clinical Commissioning Groups, Department of Health, Care Quality Commission, Challenging Behaviour Foundation, Health Education England

**The Pledge**

**The Senate will support STopping OverMedication for People with learning disabilities by**

* Encouraging and supporting all stakeholders to improve prescribing psychotropic drugs in the learning disability population and minimise their use for the management of behaviour problems
* Providing person centred assessments and interventions and deliver timely, evidence based specialist health and social interventions and support.
* Providing education, training, supervision and consultation
* Developing and implementing local and national guidelines and other appropriate resources
* Improving knowledge and skills for those who are supporting people with a learning disability
* Using a person centred Positive Behaviour Support framework to stop the inappropriate use of psychotropic medication and provide alternative psychological and other therapeutic interventions at the right place at the right time by the right person
* Involving people with learning disabilities, their families and carers in decisions about the use of medication
* Working individually and within multi-disciplinary teams to both prevent medication being started inappropriately for people with behaviour that challenges, and to reduce the use of existing inappropriate medications
* Specifying the consistency and quality of practice from professionals that both commissioners and providers should expect in supporting people with learning disabilities who have behaviours that challenge.