**Example template for information gathering when carrying out remote dietetic reviews**

**Anthropometry**

* WT
* HT
* BMI
* If obese:-
* IBW
* Adj BW

**Biochemistry** (abnormal only)

**Clinical**

* Current updates- ICU Day, reason for adm, PMH, any relevant medical update since the last review
* Resp: type of ventilation / if proned / trache or ETT
* Temp:
* GRV’s:
* Bowels:
* Fluid Balance:
* Details of renal replacement therapy if relevant
* GCS:
* BGLs & units of insulin:
* Relevant meds noted (including propofol ml/hr, Norad dose, other sedation and neuromuscular blockade)

**Dietary**

Type of feed and rate currently being used

Statement of adequacy of energy and protein targets (include non-nutrition energy from propofol, glucose and citrate)

Include any details of pre-admission nutrition intake for first review if able to be collected from family.

**Estimated Energy and protein targets**

Include how these were calculated

**Impression/nutrition diagnosis / Summary of Nutrition Assessment**

**Plan**

**Follow up**