

## **Guidance for completing documentation of MDT discussion for NG feeding.**

The decision to NG feed should always be made by an MDT rather than an individual. A clear rationale must be given as to why the requirement for NG is being recommended. A clear rationale must be given as to whether NG feeds can be given under restraint or not.

### Review for NG feeding requirement

Present: *members of team involved in discussion*

### Update on progress

*Comment on what has been happening, progress with plans in place, how many things have been tried and the success or challenges of these.*

*Comment on status eg. detained under MHA/informal. Consent and capacity of young person.*

### Physical health update

*Comment on weight (increase, decrease, %WFH), rate on MEED risk rating (if applicable), physical observations, BM's (if applicable), bloods etc*

### Intake

*Taken from review with dietician.*

### Clinical observations

*Professionals involved in care to make observations on YP, what things have helped/hindered progress. What things may need to change to support progression. What is the overall aim of admission, how would NG feeding support in achieving these goals? Please include formulation here (if this has taken place) or working diagnosis, any comorbidities.*

### Risks

*Comment on discussion of risks of NG feeding vs not NG feeding eg. length of stay, challenges of returning to oral diet if reliant on NG feeding, purpose/role of NG feeding for young person, trauma experienced by YP's and parents. Include any physical risks associated with NG feeding. Should not be NG feeding if contraindications are present.*

### Rationale for restraint

*In line with least restrictive practice – is restraint clinically indicated as necessary? What evidence supports the rationale for or against restraint for NG feeding?*

### Plan:

*Comment on plan going forwards, always offering least restrictive options first. This includes the presentation and encouragement of food, then oral supplements.*

### Exit planning:

*Document plan for reviews and how exit plan will be trialled.*

### Parental/Carer view:

*Comment on views of parent/carers*

