

Annual General Meeting Minutes

The British Dietetic Association – Sustainable Diets Group

Date and Time: 28th November 2024

Venue: Online

Present: Presenter - Emily Latoy, Minutes - Louise Kirkham.

Members present

Number	Discussion
1	Welcome, introductions and apologies Apologies: Damon Nicholls, Claire Lynch. We have >20 attendees including committee members Over 200 members, with a notable increase in student numbers which needs to be built into our agenda moving forward.
2	Minutes of the previous meeting No business still outstanding from 2021 AGM. Projects in progress that were due to start have now been created and we are now reviewing.
3	Matters arising from previous minutes None.
4	List separate agenda items for discussion Comms team - DT regular articles, Instagram - posts are increasing, newsletter set up and reaches to members. Goals - DT, reaching out to media outlets, and short form video. Events Team - Hybrid events in Birmingham, Webinar in May and October and our main face to face event on the 21st. All with good attendance records, and feedback very positive. Resource Team -Case study templates, recycling resources, Webinar attendance and guest speakers, BDA Food Facts team, and working on standardised slide decks. Finances - In surplus of £3,721 this year. Other activity - Contribution to MODP led by Rosie - Chapter based on the guidelines and embedding sustainability in practice followed by embedding sustainability across all chapters to be published 2025. Sustainability advisory group - using evidenced practice from academics and research field.

5	<p>List separate agenda items for committee officers to offer a report</p> <p>Chair Report - Sustainability is no longer a fringe topic, as a group we agree of this and no longer a specialist group. We need to embed it into Dietetic practice and other groups. We would like to work with other groups and merge.</p> <p>Students are getting trained in sustainability and we would like to reach to in- post Dietitians who have not had access to this training.</p> <p>Sustainability is now an aspect of the BDA's agenda. Nataha Guildford was instrumental in this. We have requested member wide work plans as this will inform our collective actions.</p> <p>A lot of the behind-the-scenes work has been happening and we are also aiming to highlight any greenwashing and tend to this positively.</p> <p>The comms team have made a big difference.</p> <p>Once the workshops are together we would like to be developing guidance across all different areas.</p> <p>We as a group are involved with the UK Food Strategy which is a success.</p> <p>Big shout out to Beth Rougier and Stella Chervenkova who are standing down. They have been instrumental to us all. Thank you to Damon who is standing down also. These members will be very missed.</p> <p>Summary of committee posts - Summary of committee members. New members Treasurer, Research Officer Education Officer, and new Vice Chair Rosie - congratulations.</p> <p>Come and join us - case studies, committee members, study days, advisory group.</p>
6	<p>Any other business</p> <p>WHAT IS GREENWASHING?- question from audience member - Ensuring that we are working towards tangible change rather than just talking about changes to look like we are taking action.</p> <p>Resource - Ruth stated that she is looking to get some more resources for recycling, food waste, bottle food waste in progress.</p> <p>BAPEN - reaching out to BAPEN, speaking out to other groups, sustainability champions of other groups.</p> <p>Take away point – Key to work on our communications and outreach work going forwards.</p>
7	<p>Date and time of next meeting</p> <p>27/11/25 Provisional date for the next meeting.</p>