

The British Dietetic Association Volunteer Role Descriptor Ordinary Member; Autism Sub Group

Aims and Objectives of the group

- To support dietitians who work with children and adults with autism.
 - To improve BDA members' awareness of ASD and dietary related issues.
 - To provide evidence based education and advice to non-specialists and specialists in autism through study days, meetings and a network of experts who can be contacted for advice.
 - To develop links with different organisations working with autism, e.g. Research Autism and National Autistic Society.
 - To champion the role of dietitians in supporting those with ASD amongst those with ASD and other professionals.
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What the role has to offer

As an Ordinary Member, you will work with the committee to ensure the successful delivery of projects, education and networking for group members. You'll have a particularly important role in supporting the committee in its work, dipping in and out of projects of interest and using your skills and expertise help deliver your sub group aims and objectives.

You will have an overview of the strategic developments affecting the region, using your knowledge and skills to represent branch members interests and provide education.

We don't expect you to do it alone; you'll work closely with the sub group committee and with the support of the BDA staff team.

Through this role you will gain organisation, communication and project management skills, which can translate directly into career development. It will also give you an opportunity to work with colleagues across your locality, building networks, sharing knowledge and skills.

Main tasks and responsibilities

- Support the committee in delivery of sub group projects.
- Work closely with the BDA's Volunteering Team, seeking advice and guidance where needed.
- Learn from committee members with specific portfolios, getting involved and leading on specific projects as required.
- Undertake specific tasks as agreed with the committee.

Training, support and resources

Support for this role is offered by key committee members including the Chair, Secretary and Treasurer who work as a team to set strategy, determine priorities and lead the committee to success.

We have a variety of resources, tools and training available to support this role including:

- Full induction with BDA staff and a full handover from the previous Ordinary Member.
 - Training and development opportunities to help build personal and professional skills including workshops, webinars and the BDA's annual volunteer conference.
 - Committee leadership training to help build skills in strategy and governance.
 - Access to our volunteer handbook and Volunteer Hub providing a range of resources and guidance.
 - Regular communications including a monthly volunteer ezine with BDA updates and opportunities.
 - Networking with other volunteers through events, webinars and access to our volunteer forums.
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Length of service and commitment

You will be elected for a two-year term of office and hope that you will be able to stay in the role throughout this term. There is the option to extend for an additional two-year term. We hope that reasonable notice would be given if you are no longer able to fulfil this role, as we appreciate that circumstances can change.

There are a number of training and development opportunities available, including a detailed induction with BDA staff and governance training to be undertaken upon commencement of each term.

Committee meetings are held regularly and can be attended virtually if required. There is a varying and flexible amount of work in between meetings which is dependent on the strategy, workplans and projects agreed to by the committee.

The sub group holds a minimum of one event for members a year which includes the Annual General Meeting. It is typical for the committee to attend these events.

Recruitment method

To apply for this role please submit a nomination form and a copy of your CV via <https://www.bda.uk.com/news-campaigns/get-involved/volunteers/volunteering-opportunities.html>

Nominees must be a member of the group and provide the names and signatories of two BDA members to support their nomination.

If you would like an informal, confidential discussion about the role and the nomination process, please contact Roy Bustin at r.bustin@bda.uk.com.