What can a dietitian help with..?

Dietitians are experts in food and nutrition.

They are qualified and legally regulated health professionals.

They work in the NHS and privately to assess, diagnose and treat a wide range of dietary and nutritional problems using scientific evidence.

bda.uk.com/DietitiansAndMe



Food Fact Sheets



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FREE evidence-based information covering 60+ diet-related topics.

Written by specialist dietitians to help you learn the best ways to eat and drink to keep your body fit and healthy. We produce FREE Food Fact Sheets on a wide range of topics - why not take a look today!

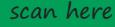
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