

**8.45-9.15 Registration and coffee for DSG + MFN Members**

**9.15-9.45 (Face to face DSG Members only) AGM and Committee  
nominations**

Sarah Alicea - Diabetes Specialist Group Chair

**9.15-9.45 Registration and coffee for non-DSG and non-WHFG  
members**

**9:45-9:50 Welcome (Live stream opens)**

Nikki Ottonaro

**9.50-10.25 Optimising Fertility and Preconception Outcomes in  
Type 1 and Type 2 Diabetes**

Anita Beckwith - Specialist Dietitian: Diabetes | Fertility | Women's Health King's College Hospital,  
London

**10.25-11.10 Thyroid Disorders in Pregnancy**

Dr Martin Whyte, Consultant Diabetes, King's College Hospital. Associate Professor of Metabolic  
Medicine, University of Surrey

**11.10-11.30 Refreshments, networking and exhibitor stands**

**11.30-12.15 Obesity and Women's Health (Including GLP-1 Therapy  
in PCOS)**

Dr Ali Abbara, Associate Professor in Endocrinology, Imperial College, London

**12.15-12.50 From Screening to Birth: The Dietitian's Role in GDM**

Catherine Gallagher, Dietetics Manager, Liverpool Women's Hospital

**12.50-1.40 Lunch, networking and exhibitor stands**

**1.40- 2.15 The bidirectional links between gut health and diabetes in Women's Health**

Dr Emily Porter, Gastroenterology Dietitian

**2.15-2.50 Diet, Diabetes, and Menopause: Evidence and Implications for Practice**

Laura Clark, The Menopause Dietitian

**2.50 –3.10 Refreshments, networking and exhibitor stands**

**3.10-3.40 Lived experience - type 1 diabetes and experiences of pregnancy and menopause**

Abbott ambassadors Dawn Adams

**3.40-4.00 Diabetes UK - how the organisation supports the life cycle for those with type 1 and type 2 diabetes**

Natasha Marsland

**4.00-4.30 Evaluation and Close**

**Thank you to our sponsors**



**Thank you to our charity stands**

