



#### September 2022

Welcome to the Autumn edition of your ePENlines newsletter 2022. I hope you have had the opportunity to enjoy some time off over the past few summer months.

This newsletter comes to you about three weeks before our first face to face study day since 2019 on Friday 14th October in Birmingham. In recognising the value and opportunities for virtual learning we have provided attendance via live stream as an option. We have put together a fantastic programme, The Future of Nutrition Support Dietitians: Extended Roles & Advanced Practice. The day covers the four pillars of advanced practice and provides examples of a variety of different dietetic roles across acute and primary care settings, from a number of highly experienced dietitians with extensive knowledge. Further details of how to book along with the full programme is now available below and we look forward to seeing you on the day.

Since our last edition we have recruited a new student committee member Rhiannon Bullen who has been providing valuable support with our social media communications and ensuring the student voice is represented within all PENG activities. Hear more from Rhiannon in this month's elevator interview.

Within this edition we are delighted to announce the PENG 2022 award winners whose research abstracts won an educational funding award to attend BAPEN conference this year.

This edition also includes an advert for PENG website officer, opportunity to join the national HPN framework group, PN competencies survey, prehabilitation and the opportunity to look back on the recent PN complex cases webinar.

We wish to acknowledge the significant issues facing our enteral feeding teams and patients due to the ongoing supply disruptions with enteral feeds, oral nutritional supplements, and ancillaries which are impacting patients across all care settings. Earlier in the year, working with BANS and on behalf of BAPEN we circulated a survey to gather data and to provide evidence on the scale of the problem and risks to support engagement and collaboration with the necessary industry and government bodies. The results of the survey are now available below and on the BAPEN and PENG website. PENG is committed to providing the professional expertise to represent dietitians, to highlight the significant risks that these shortages are causing and to try and find solutions to mitigate these. We are working with BAPEN, the BDA and other specialist groups, DHSC and patient bodies on this matter so please do continue to look out for further communications from PENG and the BDA expected in the near future to support you.

As always please do get in touch with us via email peng@bda.uk.com or on twitter/ Instagram @BDA\_PENG.

Best Wishes Linda Cantwell PENG Chair





The Future of Nutrition Support Dietitians: Extended Role & Advanced Practice	Parenteral & Enteral Nutrition Specialist Group	
Friday 14 <sup>th</sup> October 2022		

08.30 - 09.15	Registration
09.15 - 09.30	Chair welcome & introduction Linda Cantwell, Parenteral and Enteral Nutrition Group Committee Chair
09.30 – 10.00	A systems level approach to enhanced and advanced practice Rachael Brandreth, Regional Advancing Practice Supervision & Assessment Lead for Health Education England South West & Luke Cunningham, Critical Care Dietitian & Health Education England Associate Workforce Transformation Lead – Advanced Practice
10.00 - 10.15	Resources to support BDA members in Advanced Practice Gill Shinkwin, Freelance Dietitian
10.15 - 10.45	<i>Dietitians Do Dysphagia</i> Laura Clarke, Clinical Team Lead and Dysphagia Practitioner.
10.45 - 11.15	Refreshments
11.15 – 11.45	Enteral Nutrition Service – Advanced Practice Roles and Service Development Tom Welbank, Enteral Nutrition Service Lead & Advanced Clinical Practitioner
11.45 – 12.15	Supplementary prescribing & parenteral nutrition Nicky Wyer, Dietetic Clinical Lead - Intestinal Failure & Nutrition Support and Supplementary Prescriber
12.15 - 1.15	Lunch & Networking
1.15 - 1.45	Dietetics and Advancing your Practice – smash the glass ceiling Maria Barrett, Dietitian & Advanced Clinical Practitioner and NIHR/CAHPR AHP Research Champion.
1.45 - 2.15	Embedding research into clinical practice. The Royal Surrey Journey Lindsay Allan, Macmillan Oncology Dietitian, Oncology Team Lead.
2.15 - 2.45	Refreshments
2.45 – 3.15	Developing business cases for extended, advanced and consultant dietetic posts Rupert Allen, Principal Dietitian & Service Manager.
3.15 - 4.00	Panel Discussion and Q&A. Panel members: Gill Shinkwin, Tom Welbank, Nicki Wyer, Maria Barrett, Lindsey Allen and Rupert Allen.
4.00 - 4.30	Close of study day & Prize Winner Announcement Linda Cantwell, Parenteral and Enteral Nutrition Group Committee Chair

BDA The Association of UK Diotitians



### Winners of PENG Award 2022

# Cross-Sectional Study of Registered Dietitians' Perspectives on Training to Position Nasogastric Tubes.

By O. Walton<sup>1</sup> and R. Stow<sup>2</sup>, <sup>1</sup>Department of Dietetics, City Campus, Nottingham University Hospital, Hucknall Road, Nottingham, NG5 1PB, United Kingdom <sup>2</sup>Faculty of Health and Life Sciences, Coventry University, Priory Street, Coventry, CV1 5GB, United Kingdom

**Putting the PENG 2018 refeeding syndrome guidance into practice.** by K McGrath and A Culkin, *Northwick Park Hospital, Watford Rd, Harrow HA1 3UJ, UK.* 

An innovative addition to the management of type 2 intestinal failure – chyme pump service evaluation.

By K. Farrer, S. Harrison, M. Barrett, A. Abraham, C. Cawley, C. Forde, A. Teubner, J. Epstein, D. McWhirter, D. Slade, G.L. Carlson, A. Bond, and S. Lal. *Intestinal Failure Unit, Salford Care Organisation, Stott Lane, Salford, Greater Manchester M6 8HD* 

Congratulations to all our awards winners! The awards will be presented later this year at BAPEN



<u>Elevator Interview</u>: This month's elevator interview introduces our new student committee member Rhiannon Bullen who has been working hard behind the scenes. Rhiannon will be ensuring the student voice is heard through our new column dedicated to student 'Student Corner' which will be in out next edition.

## **Dietitians Views on Parenteral Nutrition (PN) Competencies**

PENG are considering developing competencies for those dietitians who formulate and monitor patients on PN. We would like members' thoughts on this and what should be included. Members have indicated they would benefit from standard competencies. Currently there are some departments already using competencies and so this questionnaire is to get an idea of what is already being used and whether this could be standardised for all dietitians.

Please share your views it's a great opportunity to develop and standardize competencies that all dietitians can use.

Please click on the link to complete the survey: https://www.surveymonkey.co.uk/r/J6V7MXN

## Opportunity to join the NHSE HPN Framework Stakeholders Group

The national HPN framework is commissioned by NHS England to improve standards and access to home parenteral nutrition services for adults and children in England. Only companies who have formally applied to be on the framework and have demonstrated they meet the specified standards are authorised to provide homecare. The stakeholders group supports NHSE to develop and monitor the HPN framework, and is made up of clinicians (Consultants, Pharmacists, Nutrition Nurses and Dietitian) and service users (PINNT representation). The group meets with all the HPN suppliers twice a year and also communicates more frequently via email and MSteam meetings to develop and review the framework.

Melanie Baker (Adult Intestinal Failure Dietitian in Leicester) has been the Dietetic rep since 2015. It is a great role to network and understand the management of HPN across all the Paediatric and Adult centres in the UK and help shape all elements of the service. Melanie is standing down from this role and the group would like to appoint 1 or 2 Dietetic reps to continue supporting this important workstream.

If you are a Paediatric or Adult dietitian working in Intestinal failure and Home PN and are interested in knowing more or would like to express an interest in the role, please contact Melanie Baker (melanie.baker6@nhs.net) by the 28th October.



Hilton Brighton Metropole – Tuesday 29th & Wednesday 30th November 2022

After two years of virtual events, BAPEN are looking forward to meeting you all in- person for this year's conference in Tuesday 29<sup>th</sup> & Wednesday 30<sup>th</sup> November at the Hilton Brighton Metropole. The BAPEN Programme Committee have put together an excellent programme to ensure it caters for our multidisciplinary audience. We will have an extensive exhibition and encourage you all to spend time and network with our suppliers, in addition, to the Nutrition Village and Poster exhibition, which will showcase new clinical research and clinical advance in Nutrition.

## Register Now

#### **BAPEN needs your help!**

BAPEN are interested to see local NHS Trust policies for the correction of hypokalaemia and hypophosphatemia to see if there are any implications for treatment of electrolyte abnormalities in malnourished patients.

Please email BAPEN a copy of your Trust policies for correction of hypokalaemia or hypophosphatemia as PDFs or Word documents. BAPEN will be using the information obtained in preparation for Symposium 7 at this year's BAPEN annual conference.

No individual Trust's policies will be named or mentioned, we want to review and see if there are any general trends throughout the ones that we are sent.

Please forward policies to bapen@bapen.org.uk no later than Friday 28th October 2022

Many thanks for your help



The St Mark's course is back, towards the end of the year. The 3-day course will cover the all 3 types of intestinal failure. To find out more about the course and apply please click <u>here</u>.

#### Did you miss the last PENG Webinar?

On Tuesday the 20th of September we held our webinar 'A discussion of complex intestinal failure cases'. We had two fantastic speakers discussing complex cases and their outcomes followed by a panel discussion.

To catch up on the webinar click the link below:

Webinars | British Dietetic Association (BDA)



#### Prehabillitation in cancer patients survey



Please help the BDA Oncology group understand the current provision of cancer prehabilitation nationally. We are aware there is a vast difference in the availability of prehabilitation services across the United Kingdom and an even greater variety in dietetic input into these services.

We are carrying out a national scoping survey to gain an understanding of the current picture in the UK and we will use the results to inform future position and policy statements.

Please take 10-15 minutes to complete this short survey. We are interested in hearing from all services involved in cancer care across the country. For the purpose of this survey, prehabilitation includes any pathway where patients are routinely seen before treatment and does not have to include physical activity & psychology (for example ENT pre-treatment clinics).

We are very interested in hearing from services with no prehab in place, or with pilot services/services in development to help us identify regional differences. Please complete the survey here and enter your email address for a chance to win a £30 voucher <a href="https://forms.gle/Tq1UyE5kNBSxMaCu9">https://forms.gle/Tq1UyE5kNBSxMaCu9</a>

#### The survey will close on 31<sup>st</sup> October 2022.

After the closing date, one winner will be picked at random to win the £30 voucher. Simply add your email address and tick the prize draw box towards the end of the survey. Thank you in advance for your participation. If you have any questions or would like to know more about this <u>survey</u> please contact Krishna Kholia (<u>krishnakholia@nhs.net</u>) or Leah Cox (<u>leah.cox3@nhs.net</u>)

## Virtual HEF Column

PENG would like to thank the Virtual HEF group for their initial thread that first highlight the potential national concerns regarding enteral feeding supplies earlier this year which led to the development of the survey which PENG and BANS produced on behalf of BAPEN. The results are now available for you to review and share with your departments and have been used to engage with the necessary bodies as discussed in the chairs welcome.

Click here for the report.

# WEBSITE CO-ORDINATOR

# JOIN OUR TEAM

Role includes;

- Writing and editing content for the Group pages
- Working with current contractors to manage the content of the Webpage
- Undertaking online training to edit and create web pages
- Working with BDA web officer/PENG contractor to develop website layout and structure

Full description and application available on PENG website

CLOSING DATE: 13TH OCTOBER





We are looking for PENG members who would like to have their worked published in the PENG newsletter and on the BDA PENG webpage. If you are working on:

- An audit/ project
- Peer review
- Service development
- Case studies
- Student dissertations
- Research
- Advanced clinical practice or bringing something new to dietetics
- Or working on something that you want to share with PENG members

The PENG committee would love to hear from you, so please get in touch with us at peng@bda.uk.com