



Summer Greetings

Highlights from the latest ePENlines



CHAIRS WELCOME

June 2022

Welcome to the summer edition ePENlines newsletter 2022 which will come to you just after a very busy Dietitians Week 2022 during which hopefully you had the chance to highlight and celebrate all the fantastic work that dietitians do within nutrition support. PENG would like to thank those that contributed on our social media platforms including Laura Clarke dysphagia trained dietitian and Tom Wellbank, ACP in Enteral Nutrition. I'm excited to start this newsletter with a number of celebratory announcements.

Firstly, I would like on behalf of PENG, to congratulate Anne Mensforth, on being awarded an MBE earlier this month as part of the Queens Platinum Jubilee Honours Awards for her services to Dietetics. Anne has made significant contributions to the safety and care of those receiving Home Enteral Feeding and has throughout her career worked alongside PENG and BAPEN to disseminate and improve practice.

Additionally, last month it was announced that the Blended Diet Practice Toolkit had been shortlisted for resource of the year and our PENG Clinical Update Course Lead Dr Alison Culkin has also been nominated for CN writer of the year. Voting remains open until the 21st of July [Nutrition2Me | 2022 CN Awards - Shortlist](#)

Finally, I'm delighted to announce that PENG has been shortlisted for BDA Group of the Year Award 2022. No matter the outcome at the awards ceremony on the 5th of July I'm grateful to see that the hard work of the committee, along with the engagement from you the membership has been recognised through this shortlist.

This edition of ePENlines is packed with many updates of recent and forthcoming events, including the latest PENG webinar "Inspiring your next conference abstract" held on the 14th June and a save the date for the return of our annual face to face study date in October. This edition gives you the opportunity to not only contribute to clinical research and review PENG guidance by completing some valuable surveys on gastrostomy tube decision making in MND and the Dietetic Outcomes Toolkit but also to hear from Jenny Towey and her experience of clinical academia in our elevator interview.

This will be the last newsletter until September and so please keep an eye out for all other PENG announcements including information on your next PENG webinar looking at complex EN/PN case studies through our twitter and now newly launched Instagram account @bda_peng.

Best Wishes

Linda Cantwell

PENG Chair





Dietetic Outcome Toolkit Survey (DOT)

Last year PENG released an updated version of the Dietetic Outcome Tool and conducted a webinar on outcomes. Now we have produced a survey we encourage all members to complete to assist us evaluate the DOT. We are also open to other ideas and suggestions to improve this document to meet your clinical needs to collect and manage outcomes so please feel free to contact us and let us know what you think.

[PENG Survey - Updated Dietetic Outcome Toolkit \(DOT\)](#)



Healthcare profession practice and attitudes towards supporting people with motor neuron disease (MND) to make decisions about gastrostomy feeding tube placement

Researchers in Sheffield are aiming to understand how to better support people with motor neuron disease making the complex decision to have a gastrostomy placed. If you are a healthcare professional in the UK who has been involved in these discussions, please consider taking part in this survey.

The survey is expected to take you 15-20 minutes to complete. You are not required to complete the survey in one sitting, providing you return to the same computer or mobile device and browser on which you started. You can learn more about the study by reading the participant information sheet embedded into the online survey.

Dietetic Workforce Programme Project

Sue Perry, RD is working with the BDA piloting the use of an Outcome Tool aiming to capture key parts of the Model and Process that enable the collection of the Outcomes of Dietetic Intervention using Standardised Language lists.

We would like a variety of different departments, teams, specialist groups, acute, community, mental health, public health and freelance dietitians to join this pilot throughout the UK.

Please click on the link below to find out more, including how to get in touch if you want to take part. Sign up deadline is 15th July 2022: [Parenteral & Enteral Nutrition Specialist Group | British Dietetic Association \(BDA\)](#)

Other HIGHLIGHTS



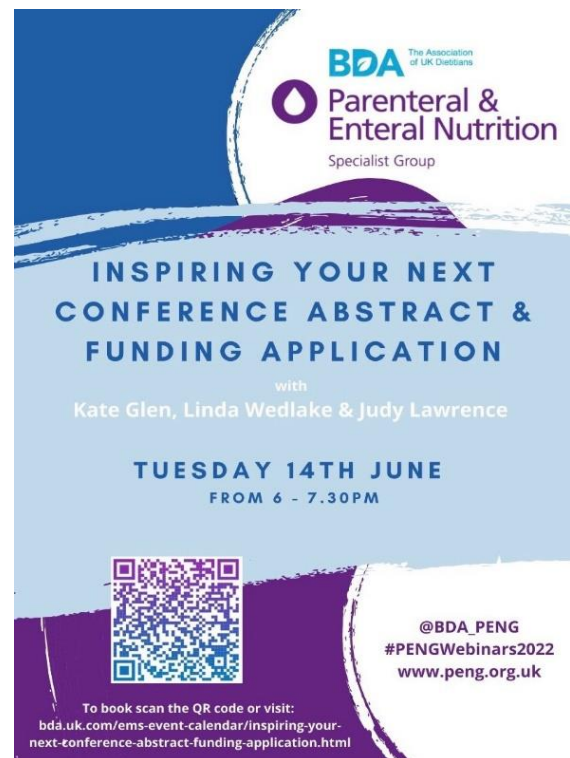
[Elevator Interview](#) – This month we meet clinical academic Jenny Towey who is a liver dietitian at Queen Elizabeth Hospital Birmingham. Jenny has been heavily involved in research prehabilitation and liver disease and has published several papers in this area. You can follow Jenny on twitter [@liver_dietitian](#)

Did you miss the last PENG Webinar?

On Tuesday the 14th of June we held our webinar 'inspiring your next conference abstract and funding application'. We had three fantastic speakers discussing how to write a high-quality abstract and successfully apply for a BDA GET grant. The aim of the webinar was to increase dietitians' confidence to share service improvement projects, audits and research results conducted in practice and then how to apply for financial support from the BDA to further innovative clinical practice and improve patient outcomes.

To catch up on the webinar click the link below

[Webinars | British Dietetic Association \(BDA\)](#)



BDA The Association of UK Dietitians
Parenteral & Enteral Nutrition
Specialist Group

**INSPIRING YOUR NEXT
CONFERENCE ABSTRACT &
FUNDING APPLICATION**

with
Kate Glen, Linda Wedlake & Judy Lawrence

TUESDAY 14TH JUNE
FROM 6 - 7.30PM

@BDA_PENG
#PENGWebinars2022
www.peng.org.uk

To book scan the QR code or visit:
bda.uk.com/ems-event-calendar/inspiring-your-next-conference-abstract-funding-application.html

Home Enteral Nutrition (HEN) Corner

By Sean White

The Virtual HEF Forum remains very active with over 370 members. We remain keen to increase the MDT membership of the group, so please feel free to share the link to joining the group to any of your healthcare professional colleagues who have an interest in home enteral nutrition. Once you have registered with the group, you can receive the discussions direct to an email address of your choice, on the Basecamp website on any browser or via a Basecamp app that you can download onto your smart phone or tablet.

Anyone interested in joining the group should complete the application form at:

<https://www.peng.org.uk/hcp-forums/hef-group.php>

The group is a great way to discuss all issues relating to home enteral nutrition. Recent discussion topics have included:

- Nutritional requirements for people with learning disabilities
- Use of bridles in NG feeding
- Treatment of overgranulated gastrostomy stoma sites
- Enteral feed stock and delivery issues
- HEN caseload management

HEN Journal watch

See below for couple of recent publications related to home enteral nutrition:

A qualitative systematic review of family caregivers' experiences of artificial nutrition and hydration at home: A meta-ethnography

<https://onlinelibrary.wiley.com/doi/10.1111/1460-6984.12726>

High costs and limited dietitian services for home enteral nutrition users: A Canadian study

<https://doi.org/10.1002/ncp.10649>

Hospital Discharge on Enteral Nutrition is Associated with Increased Hospital Readmissions.

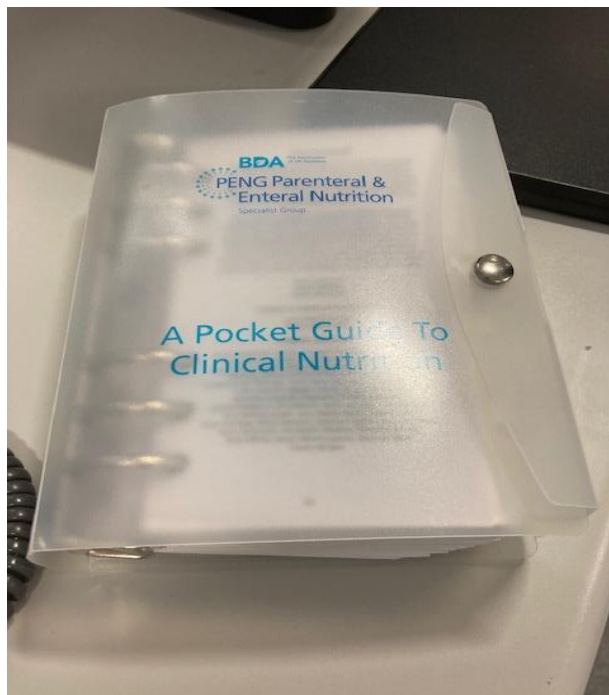
<https://pubmed.ncbi.nlm.nih.gov/35512777/>

Effect of prophylactic gastrostomy on nutritional and clinical outcomes in patients with head and neck cancer

<https://pubmed.ncbi.nlm.nih.gov/35534701/>

Utility of prophylactic percutaneous endoscopic gastrostomy tube in head and neck cancer patients undergoing concurrent chemoradiation: A prospective observational cohort.

<https://pubmed.ncbi.nlm.nih.gov/35636089/>



The PENG Pocket guide is back to order:

<https://www.bda.uk.com/specialist-groups-and-branches/parenteral-enteral-nutrition-specialist-group/pocket-guide.html>

BDA The Association
of UK Dietitians



**Parenteral &
Enteral Nutrition**

Specialist Group

PENG STUDY DAY 2022

**ADVANCED PRACTICE IN
NUTRITION SUPPORT**

FRIDAY 14TH OCTOBER 2022

SAVE THE DATE

@BDA_PENG

#PENGStudyDay2022

www.peng.org.uk

Your
Committee
needs.....

YOU



We are looking for PENG members who would like to have their work published in the PENG newsletter and on the BDA PENG webpage. If you are working on:

- An audit/ project
- Peer review
- Service development
- Case studies
- Student dissertations
- Research
- Advanced clinical practice or bringing something new to dietetics
- Or working on something that you want to share with PENG members

The PENG committee would love to hear from you, so please get in touch with us at peng@bda.uk.com