



Spring into Summer

Highlights from the latest ePENlines

CHAIRS WELCOME

April 2024

Welcome to your spring edition of ePENlines newsletter for 2024.

The PENG committee have had a busy start to the year organising a bumper packed year of educational events and a birthday party to celebrate our 40th Birthday. In addition, the PENG tutors have been preparing the clinical update course, the pocket guide reviewers have commenced work on the 6th edition of the pocket guide (with the electronic version of the 5th Edition due shortly!), with the committee writing a business to continue developing PN competencies and much more.

In this edition, don't miss your opportunity to sign up to a range of online webinars and half day events which are free for PENG members. This month there will be a lunch time webinar with the Mental Health specialist group exploring the latest on eating disorders including feeding under restraint and ARFID.

In June, we have organised an online study morning with the Obesity and First Contact Practitioner specialist groups exploring the complexities of bariatric tourism, and nutrition support in the community and acute settings. Details to sign up to all these events are below.

We are also delighted to announce that we have secured a fabulous award-winning venue, The Spine, in Liverpool for our face-to-face study day. To secure this venue we have changed the date that was originally advertised. It is now Thursday and Friday 26th & 27th September, so please save the date. With panoramic views across Liverpool this will be a stunning location to spend two days showcasing complex nutritional support issues in PN and EN spanning the acute and the community settings. For this year's we are inviting nominations from colleagues/teams that demonstrate excellence in nutrition support across the four pillars of advanced practice. These awards celebrate and recognise the advances that the late Vera Todorovic and Ann Micklewright made to the dietetic profession and PENG. You will see in the tribute to Ann Micklewright in this edition just how much she has contributed to the profession. Details of how to nominate will be released soon.

PENG will be hosting an evening social and "birthday party" on Thursday night, 26th September at another fabulous venue by the iconic albert docs and the Liver Buildings. We hope that you will be able to join us. Further details will be launched at the end of the month so please look out for these on social media and your next ePENlines newsletter.

This edition also includes important updates and opportunities including; the discharge process of HPN patients following the step down of the NHSE clinical advisory management group, responding to BSNA survey regarding use of PN and an opportunity to collaborate with the ME Group supporting those with severe to very severe Myalgic Encephalomyelitis/Chronic Fatigue Syndrome to inform clinical guidelines and further research in this underserved population.

In committee news we are delighted to welcome Dan Griffith into the role of treasurer and have upcoming vacancies for education/events officer, ePENlines communications officer and vice chair as other members complete their term of office later this year.

I hope that you enjoy this edition and continue to take advantage of all your PENG membership benefits including the webinars, awards, study days and opportunities to engage in all the educational, research and professional development activities.

As always please do get in touch with us via email peng@bda.uk.com or on X (formally twitter)/ Instagram @BDA_PENG.

We look forward to seeing you throughout 2024.

Linda Cantwell

PENG Chair



Ann Micklewright 1943-2024



We were very sorry to learn of the passing of Ann Micklewright, our much-loved former Dietetic Manager. Ann was simply a legend for dietetics and was a Dietitian Extraordinaire. She dedicated her life to promoting the profession, specifically focusing on nutritional support and artificial feeding.

Ann started to work at the Nottingham City Hospital in 1965 and took an interest in nutritional support in the burn and plastic department and then became the dietetic manager at the City Hospital. After this, Ann was the manager of the department of Dietetic and Nutrition at the Queens Medical Centre (QMC) Hospital in Nottingham from 1997 to 2007 and was one of the most respected voices of Dietetics. Her tenacious attitude grew the department, and she cultivated a progressive working environment.

A key member of the Parenteral and Enteral Nutrition Group (PENG), Ann was the treasurer of the group for a long time and supported the development of the PENG committee and became chair of PENG from 1994 to 1997.

Ann & her co-conspirator/great friend Vera Todorovic worked very closely together over the years and became the dynamic duo of Ann & Vera. Ann co-wrote the Pocket Guide to Clinical Nutrition with Vera in 1989. Their legacy continues and this is still one of the most widely used reference guides not just for PENG members but overall, in the world of Dietetics, influencing the work of dietitians, both nationally and internationally.

Ann played a crucial role with the development of the PENG clinical update post registration course which originated in Nottingham in 1990. Thirty-four years later this course carries in Edinburgh each year continuing to train hundreds of dietitians throughout the UK.

Ann started the first UK Home Enteral Feeding Register which was then taken over by British Association for Parenteral and Enteral Nutrition (BAPEN) and provided a foundation for the British Artificial Nutrition Survey (BANS).

She was also the first dietitian to hold an office on BAPEN council as honorary secretary (1996-2001) and was awarded the John Lennard Jones Medal by BAPEN in 2011 for her contribution to clinical nutrition and the organisation (this was the highest award given by BAPEN). She was also awarded the IBEX award from the British Dietetic Association in 2003.

Working with the University of Nottingham, Division of Dietetic and Nutritional Sciences, Ann was instrumental in the development of the Dietetic Programme at the University of Nottingham in the last 1990 with its first cohort graduating in 2003 and later in the development of the Master's Module in nutritional support, which has been running for over 15 years.

Ann was a real character and always known for her determined and forward-thinking ways of delivering dietetic and nutrition practice. Her primary goal in all situations was putting the patient first. When Ann joined the Macmillan Cancer forum, she said that 'The patient's voice needs to be at the centre of everything' and this is something she made sure happened throughout her life.

Ann was unconventional in her leadership style and a flexible rule breaker when in the interests of the service, several of her former colleagues comment on her magical 'money skirt', which she theoretically wore when trying to secure additional dietetic resources for staff and projects Ann influenced the personal growth and develop of many dietetic staff, helping us to become better professionals with her guidance, wisdom, determination, and support generosity.

Ann was passionate about the development of the dietetic profession as a means to improve patient outcomes through appropriate nutrition. She saw potential in her colleagues and would do her utmost to support and develop them and secure the resources to do so.

Thankyou Ann for all you have done for the Dietetic Department at Nottingham University Hospitals NHS Trust and more broadly for advancing the dietetic profession. We will miss our rock and foundation.

Ann will be sorely missed by her family friends and colleague and the wider dietetic and other professions, and those involved in nutritional support, for her incredible inspiration and legacy in all these areas.

Your colleagues and friends

Written by Bruno Mafrici, Elizabeth Roper, Rita Hopkin with the contribution of Carole-Anne Fleming, Melanie Baker, Muriel Donaldson, Pat Howard and Christine Russell.

PENG 2024 Study Day

26th - 27th September 2024

Enteral & Parenteral Nutrition in Pregnancy

Celebrating excellence in Nutrition Support

Awards in recognition of Ann Micklewright and Vera Todorovic awarded to dietitians working in nutrition support across the four pillars.

The Transition from Paeds to Adult Care

The Surgical Oncology Patient

This year we will be collaborating with BDA specialist groups to bring you a diverse & exciting study day! More information coming soon.

PENG 40TH BIRTHDAY AWARDS

Celebrating Excellence in Nutrition Support

#1. - EDUCATION

#2. - RESEARCH

#3. - LEADERSHIP

#4. - CLINICAL

**IN RECOGNITION OF ANN
MICKLEWRIGHT AND VERA TODOROVIC**



We currently have vacancies for Vice Chair, ePENlines Communications Officer and education/events officer who will have the opportunity to work with other committee members while promoting the work and events that the committee does throughout the year. This is a great way to develop new skills and interact with different organisations while contributing to dietetic practice. If you are interested, please get in touch peng@bda.uk.com



A call from the British specialist nutrition association (BSNA). The BSNA is the voice of the specialist nutrition industry in the UK, representing manufacturers of high-quality specialist nutritional and aseptically compounded products, including parenteral nutrition.

BSNA is conducting a survey of healthcare professionals (HCPs) to understand their individual views on PN, in particular looking at confidence in using PN and the perceived barriers to PN use. This will help us identify any current training gaps and develop educational resources to help HCPs better support patients on PN. We are reaching out to a variety of professional organisations in order to capture a breadth of experiences with PN use. We would appreciate if you could circulate the following link to your members to complete the survey: <https://www.surveymonkey.com/r/parenteralnutritionsurvey>



Dietitian with expertise in Myalgic Encephalomyelitis/Chronic Fatigue Syndrome Needed

We are a group of clinicians and academics who are interested in developing research and services for people with severe myalgic encephalomyelitis/ chronic fatigue syndrome (ME/CFS). These patients are severely disabled and often have nutritional difficulties, relating to their profound fatigue and associated comorbidities including gastroparesis. Some will require CAHN. This can be difficult to access, not least because few health care professionals have experience of working with people with severe ME/CFS, and appropriate clinical pathways to provide nutritional support are rarely in place. There has been very little research into severe ME/CFS to date, but it has been recognised as one of the top ten priorities identified by the James Lind Alliance ME/CFS Priority Setting Partnership. We are looking for a dietitian with knowledge/expertise of supporting people with severe ME/CFS to work with us. This will primarily involve producing material to support clinical teams who are unfamiliar with the difficulties faced by people with ME/CFS and how to address them. Time will be recompensed and the extent of your involvement on the project will be up to you. All the academic aspects of the project will be supported by a senior academic; it is clinical expertise that we are seeking. The work will be published in peer reviewed scientific journals and all those involved will be included in the authorship.

We hope to start work on the project in the autumn 2024. For further information please contact Helen Baxter hbaxter@25megroup.org

**FREE webinar
for specialist
group
members!**



Eating disorders: A clinical update

Lunchtime webinar 12.00-1.45pm

Tuesday 30th April 2024

A collaboration to celebrate 40 years of PENG

The BDA Mental Health and PENG specialist groups present an opportunity to lunch and learn, with a webinar discussing the latest on eating disorders including feeding under restraint and ARFID

Scan to book your place!



@BDA_PENG www.peng.org.uk @Dietitians_MHG

**FREE Virtual
Study Day for
Specialist Group
Members!**



HALF DAY VIRTUAL STUDY DAY

BARIATRIC TOURISM & NUTRITION SUPPORT

TUESDAY 11TH JUNE 2024

9AM - 1PM

Three BDA specialist groups bring you a joint half day study day to discuss the complexities of bariatric tourism and nutrition support in the community, on the ward & on ICU.



Book Your Place!

BAPEN 2023 Annual Conference Review



The BAPEN 2023 Programme Committee, led by Pete Turner, are pleased to report on an enormously successful 2023 Annual Conference, held in Edinburgh in November.

Pete Turner

As part of BAPEN's commitment to being inclusive across the four nations we were delighted to take the 2023 Annual Conference to Edinburgh. Attracting record numbers of over 700 attendees, the Conference offered delegates a varied programme of clinical and scientific sessions to meet the needs of a multidisciplinary audience of healthcare professionals working within the field of nutritional care.

We delivered 14 parallel symposia as well as the Pennington and Keynote Lectures. These scientific sessions were also interspersed with our Nutrition Village sessions, which were incredibly popular, as well as oral and poster presentations and three unopposed industry satellite symposia from Abbott, Nutricia and Takeda.

The Conference enabled us to share the latest cutting-edge and innovative practice with an abundance of practical take home messages and gave delegates the opportunity to network with colleagues and our industry partners in the exhibition.

For the full summary click [here](#).

Free BAPEN Membership

As PENG is a core group of BAPEN, all members of PENG are entitled to BAPEN membership free of charge. Memberships gives you access to many educational resources, guidance, in touch newsletter, previous webinars and also a reduced rate to BAPEN annual conference. Sign up here today. <https://www.bda.uk.com/specialist-groups-and-branches/parenteral-enteral-nutrition-specialist-group/member-welcome.html>

We are looking for PENG members who would like to have their work published in the PENG newsletter and on the BDA PENG webpage. If you are working on:

- An audit/ project
- Peer review
- Service development
- Case studies
- Student dissertations
- Research
- Advanced clinical practice or bringing something new to dietetics
- Or working on something that you want to share with PENG members

The PENG committee would love to hear from you, so please get in touch with us at peng@bda.uk.com