

Adult (Community) DSD Experience

Prescribing Qualification attained
2021 – BCU

Role in team

Re-structuring of clinics and clinical
caseload

DAFNE Educator + dose adjustment



Using a Patient Group Direction to adjust doses of medicines

Source NHS PGD Website · Last updated 16 November 2021 · [See all updates](#)

Topics: Administering · Dosing · Patient Group Directions · Supply

This article outlines why PGDs cannot be used to adjust the dosage of a medicine already in an individual's possession

Legislation

PGDs do not give a legal framework for healthcare professionals to adjust a dose of medicine already in a person's possession and **must not** be used for this purpose.

Local mechanisms for titration of medication dosages

Some medicines require doses to be titrated or adjusted according to the individual's response such as insulin or diuretics. The requirement to adjust the dose needs to be implicit in the prescription for the medicine.

Appropriately trained and competent healthcare professionals may use locally produced and approved written protocols to advise individuals to adjust the dose of their medication if required to maintain optimum treatment. Template protocols should be produced by the specialist team, including those who prescribe and those with a specialist clinical knowledge of the medication. It is advised that the protocol should be individualised for each

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Written protocols have no legal standing in respect of medicines legislation and are subject to local agreements between healthcare professionals and their organisations. Consideration must be given to the required training, clinical governance and local authorisation of such protocols to ensure that they comply with the organisation's governance processes and support the safe and effective management medications.

Medication

Staff initials	Start date	End date	Full description
SK	05 Jun 2023	03 Jul 2023	Atorvastatin 40mg tablets 28 tablet - take one <u>daily</u>
SK	05 Jun 2023	03 Jul 2023	Ramipril 2.5mg tablets 28 tablet - take one <u>daily</u>
SK	05 Jun 2023	03 Jul 2023	<u>NovoRapid FlexPen</u> 100units/ml solution for injection 3ml pre-filled pens (Novo Nordisk Ltd) 5 pre-filled disposable injection - 10 UNITS THREE TIMES A DAY <i>Type I diabetes mellitus (X40J4)</i>
SK	05 Jun 2023	03 Jul 2023	Lantus 100units/ml solution for injection 3ml pre-filled <u>SoloStar</u> pens (Sanofi) 5 pre-filled disposable injection - 15 UNITS AT NIGHT <i>Type I diabetes mellitus (X40J4)</i>

Repeat

Drug	Dosage	Quantity	Last Issued On
Atorvastatin 20mg tablets	One To Be Taken Each Day	28 tablet	23-Oct-2023
FreeStyle Libre 2 Sensor (Abbott Laboratories Ltd)	As Directed	2 kit	17-Oct-2023
Lantus 100units/ml solution for injection 3ml pre-filled SoloStar pens (Sanofi)	For Subcutaneous Injection, According To Requirements	5 pre-filled disposable injection	28-Sep-2023
Morphine 30mg modified-release capsules	one capsule to be takenTwice A Day	60 capsule	28-Sep-2023
Morphine 10mg modified-release capsules	One Capsule To Be Taken Every 12 Hours	60 capsule	28-Sep-2023
NovoRapid FlexPen 100units/ml solution for injection 3ml pre-filled pens (Novo Nordisk Ltd)	ASD	5 pre-filled disposable injection	29-Jun-2023
BD Viva hypodermic insulin needles for pre-filled / reusable pen injectors screw on 4mm/32gauge (Becton, Dickinson UK Ltd)	As Directed	90 needle	05-Jun-2023
KetoSens testing strips PKA1E0020 (Spirit Healthcare Ltd)	As Directed	10 strip	21-Feb-2022

Repeat

Drug	Dosage	Quantity	Last Issued On
Tadalafil 10mg tablets	One To Be Taken As Directed	4 tablet	08-Sep-2023
Ramipril 10mg capsules	One To Be Taken Daily in the morning	28 capsule	08-Sep-2023
NovoRapid FlexPen 100units/ml solution for injection 3ml pre-filled pens (Novo Nordisk Ltd)	ASD	10 pre-filled disposable injection	08-Sep-2023
Atorvastatin 20mg tablets	One To Be Taken Each Day	28 tablet	17-May-2023
Hypodermic insulin needles for pre-filled / reusable pen injectors screw on 8mm/31gauge	As Directed	100 needle	17-May-2023
Lantus 100units/ml solution for injection 3ml pre-filled SoloStar pens (Sanofi)	AS DIR BY CLINIC	5 pre-filled disposable injection	17-May-2023

Repeat

Drug	Dosage	Quantity	Last Issued On
Omeprazole 40mg gastro-resistant capsules	One To Be Taken Each Day	28 capsule	05-Oct-2023
Doxazosin 8mg tablets	Take ONE TWICE daily	56 tablet	05-Oct-2023
Humulin I KwikPen 100units/ml suspension for injection 3ml pre-filled pens (Eli Lilly and Company Ltd)	AS DIRECTED BY DIABETES NURSE	5 pre-filled disposable injection	02-Oct-2023
Dulaglutide 0.75mg/0.5ml solution for injection pre-filled disposable devices	0.75 mg (0.5 ml) Once Weekly By Subcutaneous Injection	4 pre-filled disposable injection	02-Oct-2023
Prednisolone 5mg tablets	Take TWELVE (60mg) tablets in the MORNING as directed by hospital	336 tablet	
Colecalciferol 400unit / Calcium carbonate 1.5g chewable tablets	Take ONE TWICE daily	56 tablet	

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Surrey ►► Implementation Toolkits™

Preparing to Prescribe



The idea to develop the toolkit was inspired by over a decade of work on non-medical prescribing research and education by Dr Nicola Carey and Dr Karen Itenner at the University of Surrey. A team was called together in the spring of 2017 to develop the toolkit. The team included NMP leads, educators, researchers and policy makers from the UK, with representation for nursing, pharmacy and allied health professions.

The non-medical prescribing (NMP) toolkit provides resources for healthcare professionals, non-medical prescribing leads, service and provider organisations, commissioners, and Universities with reference to the implementation of non-medical prescribing. The toolkit consists of trigger questions, signposting and links to current guidance and is designed to support those who are interested or involved in non-medical prescribing.

Who is the non-medical prescribing implementation toolkit for?

The NMP toolkit may be used by all in the UK. The resources it provides can be used to support healthcare professionals who wish to become a non-medical prescriber and enhance their knowledge of the role requirements. Patients and carers and other medical professionals may also find the toolkit useful.

Do you want to become a prescriber?

<https://www.surreytoolkit.uk/toolkit-main/>