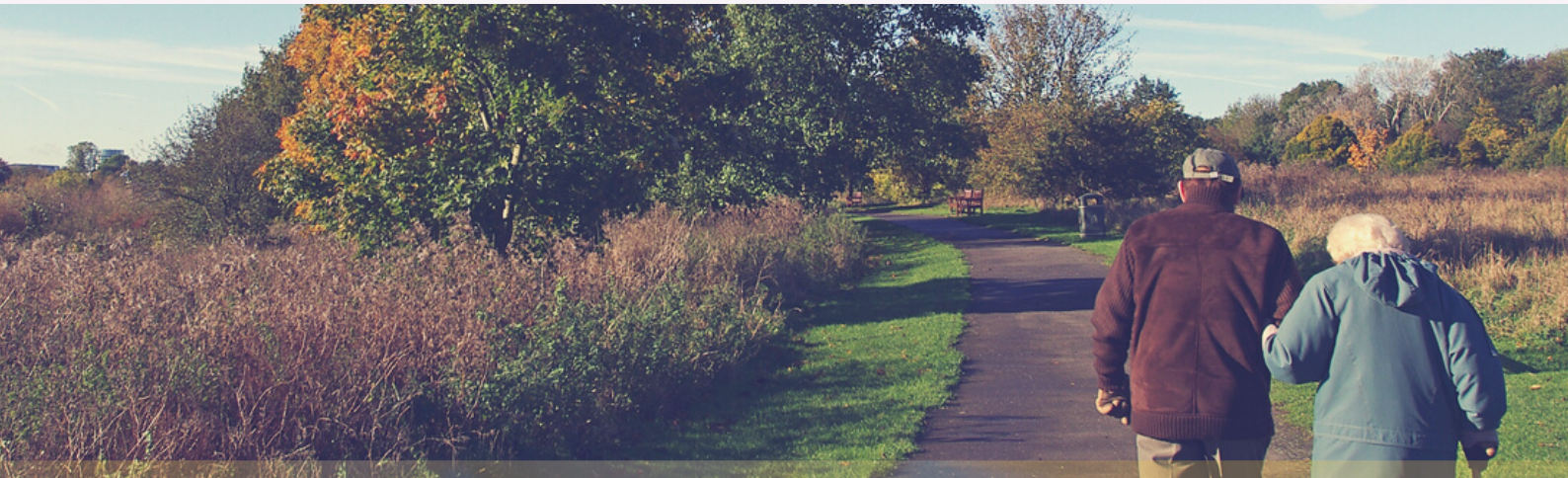


OLDER PEOPLE SPECIALIST GROUP

March 2022



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This month we have a shorter than usual newsletter due to many of the OPSG team suffering from the dreaded "Rona" (Coronavirus), so this newsletter has taken some creative licence.

So in our brief newsletter, we have a reminder for you of our upcoming series on outcome measures with June Davies from Allied Health Solutions. Follow the link on the page below and use the code BDAEVENTS to secure your free tickets. Each session runs twice to give you a chance to find a slot.

Did you see all of the social media we created for you during nutrition and hydration week? Head over to our Twitter or Instagram pages to see what we got up to!

In the meantime, we hope that you all stay well! We are going back to bed ;-)

Your OPSG team!



Would you like to learn about the importance of outcome measures in dietetics and be involved in developing outcome indicators?

The British Dietetic Association Older People Specialist Group and Optimising Nutrition Prescribing Specialist Group have identified a need to support the development of a set of outcome indicators relevant to the variety of work undertaken by members in each of the specialist groups. As part of this work the British Dietetic Association Older People Specialist Group and Optimising Nutrition Prescribing Specialist Group are hosting a series of three webinars to support and involve group members in this work. These webinars will be led by June Davis, Director, Allied Health Solutions.

Two dates are provided for each webinar

Webinar 1 – The value and benefit of outcome measures

Why are we here?

Overview of survey results

Importance and value of outcome measures to patients, commissioners, managers, professionals and the wider changing health and care system

**24th March 2022,
9.30-11am**

**1st April 2022
9.30-11am**



Webinar 2 – How fit for purpose is your service? How do you and could you demonstrate this through outcomes?

The difference between 'what you think is going on' versus 'what you know is going on'
Case studies focussed on outcomes from specialist interest group members

**20th April 2022
1- 2.30pm**

**28th April 2022
1- 2.30pm**



Webinar 3 – Coproduction and engagement in development of an outcome indicator list

Proposed principles for the development of an outcome indicator list
What should an outcome indicator list look like/include?

**19th May 2022
9.30-11am**

**20th May 2022
9.30-11am**



Follow this [LINK](#) and use the code: **BDAEvents2022**



Frailty Summer School

12-17 June 2022 | Leeuwarden | The Netherlands

Objectives

- To expand your international and interprofessional network
- To exchange expertise and experience on frailty and resilience

Learning outcomes

After the Summer School, you will:

- Understand the concepts of frailty and resilience from different perspectives
- Be able to assess the construct of frailty and resilience from different perspectives
- Be able to reflect on your own frailty related research question, research design, data analysis and the use of data in designing innovative solutions.

Who can participate?

Researchers, professionals, lecturers and students can attend the Summer School.

Language

To be able to participate in the Summer School, basic level of the English language is required. The Summer School will continue with a minimum of 12 participants.

Registration

To register, please complete the online [form](#).

Registration fee (hotel is not included):

FAITH-members: €500

Non-FAITH-members: €700

Students: €200

Contact

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Main topics and speakers

On the concepts of frailty & resilience

- Frailty from a holistic point of view
- Measuring Frailty & Resilience

On the variety in applied frailty research

- Enhancing resilience in perihospital treatment
- Physical activity interventions to prevent physical frailty
- Client empowerment as a tool for treatment in psychiatric care
- Malnutrition as both cause and consequence of frailty
- Cognitive and social frailty: assessment and interventions

- Frailty diagnosis in comprehensive geriatric assessment
- Prevention and treatment of frailty from a public health perspective
- Frailty in persons with intellectual and visual disabilities
- Resilience; intrinsic capacity and self-management
- Family care

On methodological developments in frailty research

- Design research – participants make their own prototype
- Data analysis and interpretation: towards advanced quantitative and qualitative data analyses in frailty research

- Prof. dr. Nynke Boonstra – NHL Stenden University of Applied Sciences (NL)
- Prof. David Beckwée – Vrije Universiteit Brussel and University of Antwerp (BE)
- Prof. Hans Drenth – Hanze University of Applied Sciences (NL)
- Prof. Gea van Dijk – NHL Stenden University of Applied Sciences (NL)
- Prof. dr. Evelyn Finnema – NHL Stenden University of Applied Sciences (NL)
- Prof. Robbert Gobbens – InHolland University of Applied Sciences (NL)
- Robert Greene – Patient Advocate (NL)
- Prof. Hans Hobbelen – Hanze University of Applied Sciences (NL)
- Prof. Harriët Jager-Wittenaar – Hanze University of Applied Sciences (NL)
- Erwin Landman, MSc – NHL Stenden University of Applied Sciences (NL)
- Prof. Fons van der Lucht – Hanze University of Applied Sciences (NL)
- Prof. Marie Louise Luttk – Hanze University of Applied Sciences (NL)
- Prof. Geert van der Sluis – Hanze University of Applied Sciences (NL)
- Gijs Terlouw, MSc – NHL Stenden University of Applied Sciences (NL)
- Prof. Job van 't Veer – NHL Stenden University of Applied Sciences (NL)
- Prof. Aly Waninge – Hanze University of Applied Sciences (NL)

www.faithresearch.nl

[FAITH research – YouTube](#)

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CREATING A FORTIFIED RESOURCE

JANUARY 2022 | 2.0

Creating a fortified diet recipe book

HOW TO OPTIMISE NUTRITION USING FOOD



BDA The Association of UK Dietitians

PrescQIPP

OPSG and Optimising Nutrition Prescribing Specialist Group have collaborated with PrescQIPP (an NHS funded not-for-profit organisation that supports quality, optimised prescribing for patients) to produce a brand new resource to support dietitians, medicines optimisation pharmacists and care home staff with the provision of nutrient-dense, food-based nutrition support for residents. The resource explains how this approach follows the requirements of NICE CG 32, NICE QS 24 and the Health and Social Care Act Regulation 14 Meeting nutrition and hydration needs (which care homes are inspected against by the Care Quality Commission (CQC)). The resource can be accessed on our resources page [here](#).

If you have resources to share or suggestions for future events please get in touch. Contact us via our email address or following us on social media @bda_olderpeople.

@BDA_olderpeople

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Editor: Simone Roberts