

Annual Report 2020-21

This year has been a difficult one in many ways; BDA members have faced unprecedented challenges and I have been proud to see the way our staff and volunteers have stepped up to support them.

When the first wave of COVID-19 hit the UK, it immediately became clear that our members were going to need rapid support and guidance from their professional body and trade union. Day to day work was re-organised and re-prioritised, so that resources could be focused around updating and advising members, alongside working with government and employers.

At the same time, as employers the safety and wellbeing of our staff is hugely important to us. Ensuring that our colleagues were able to work safely at home, and that the office was a safe working environment for those who wished to come in during periods of reduced restrictions, was a high priority. It was also vital that we could keep in touch and continue to work collaboratively and effectively as a team to deliver for our members.

The past year has also seen significant shifts in the way that we deliver our events and courses. We have embraced technology and new ways of working, enabling us to be more creative and reach more members and external stakeholders with content, training and information in a more efficient and cost-effective way.

I am pleased to be able to say that we have met the challenge of COVID-19 head-on and made 2020-21 another successful year of supporting our members and advancing the dietetic profession.

Andy Burman, BDA CEO and General Secretary



Our year in numbers

10110

BDA members

+2.6%

44 BDA
staff

13 corporate
members

37

BDA
courses &
events run

775+

BDA
member
volunteers

5650+

attendees at BDA
specialist group &
branch events and
webinars

2500+

BDA member
practice and
employment issues
responded to

1000+

engagements
with key
decision makers

25

BDA accredited
degree level
nutrition and
dietetic courses



182K+

viewed our news story 'What are dietitians doing as part of the COVID-19 response?'

219K+

views of our nutrition & COVID-19 advice

669K+

views of our COVID-19 web pages

192

COVID-19 related requests for advice and assistance from members resolved



185M

viewed our media coverage

117K+

average monthly visitors to our website bda.uk.com

£175K+

awarded in General & Education Trust Grants to support dietetic research projects

3.146

the BDA Journal of Human Nutrition and Dietetics (JHND) impact factor

When COVID-19 hit, many people were thrown into challenging and demanding situations, none more so than healthcare professionals across the UK. I have never been so proud to be a dietitian as when I look back on the ways our profession has adapted to serve our patients, service users and communities this year.

Right from the start we saw so many of our members ready to jump in and support the COVID-19 effort in whatever way possible. Dietitians were upskilling themselves to be ready for redeployment, retired and freelance dietitians came back into the NHS and our students stepped up wherever they could.

In particular the efforts of our critical care specialists have been awe-inspiring. At the beginning of the first wave, many of them were not only working flat out in their day jobs but also supporting efforts to collate and spread the emerging evidence and best practice to other dietitians. When Ella Terblanche RD, chair of the BDA's Critical Care Specialist Group and Principal Dietitian for Critical Care at St George's Hospital, London, was made an MBE for her services to dietetics and in particular the response to COVID-19, it was a celebration of the impact of dietetics on this vital work.

Caroline Bovey, BDA Chair






Supporting dietetic patient care

Worked with our fantastic member volunteers to develop important guidance, advice and tools for frontline dietitians and the public during the pandemic, including:

Best Practice Guidance: Feeding Patients on Critical Care Units in the Prone Position

Policy statement 'Nutrition and the COVID-19 discharge pathway'

Guidance on digital consultations and a dataset for members to use to measure outcome data, so we can evaluate the effectiveness of dietetic intervention in patients with COVID-19

 Provided our specialist guidance protocols for supporting critical care patients free to all on our website



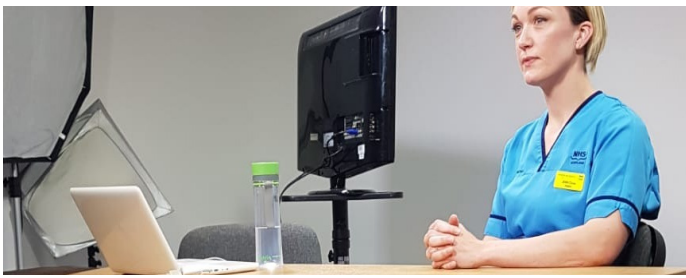
Your COVID Recovery

Helped produce [Your COVID Recovery](#) Programme from development through to launch

Created a membership hotline for professional guidance queries

I have been particularly impressed by the way [BDA] has stepped up to support and represent dietitians during COVID'

BDA member, 2020-21 Member Survey



Supporting dietetic education

Worked closely with universities to meet the challenge of switching degree courses to online provision, whilst maintaining quality assurance of graduates

Supported alternative placement provision and began development of e-learning modules for universities to provide remote practice-based learning opportunities

Fighting for our members' safety

314 responses to our rapid response member survey, allowing us to find and address serious local problems with employers and the national NHS Staff Council

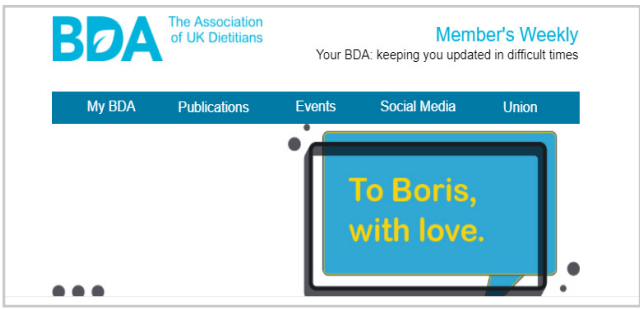
192 requests for advice and assistance from members were resolved on issues such as lack of appropriate PPE, inappropriate redeployment and working hours through a local trade union representative or

Pressed employers into appropriate risk assessments leading to effective control measures, including: access to the correct PPE, work location, home working and flexibility of working hours etc.

Co-founded the Aerosol Generated Procedure (AGP) Alliance.

This challenged the government on their scientific advice on the provision of higher-level PPE when carrying out procedures that could be a serious risk to dietitians and other healthcare professionals

Keeping members informed

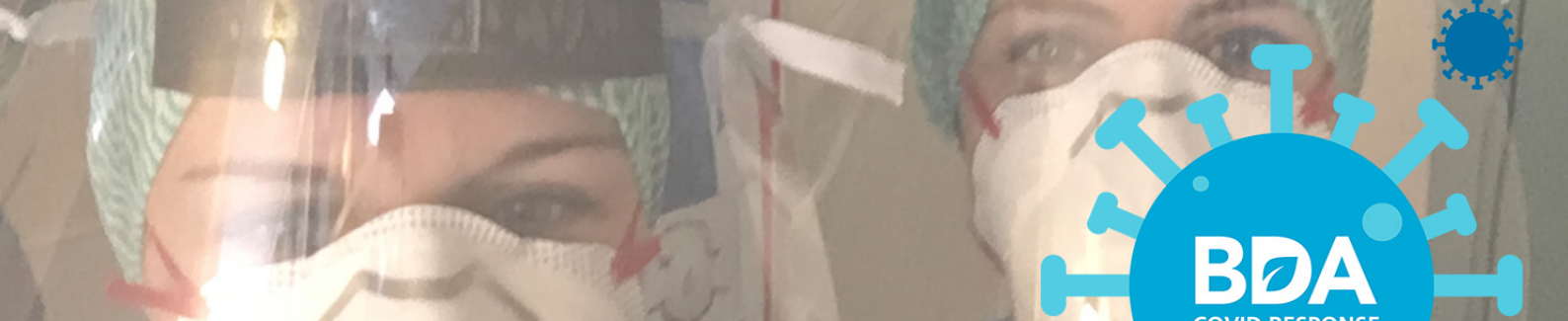


669K+ views to the [COVID-19 section of our website](#) full of up-to-date clinical advice and guidance for members

Shared member experiences working directly with COVID-19 patients as well as redesigning services to deliver high quality, COVID-safe care

Sent weekly ezines during the first wave to keep members up to date with the latest clinical, professional, employment and industry news

Leveraged our long-standing relationships with mainstream medical & food companies to ensure quick information sharing and dissemination of key tools



Standing up for dietetics

Campaigned on food poverty, holiday hunger and school food provision alongside organisations like Sustain and Food Foundation

Ensured government bodies such as PHE and DEFRA followed nutritional expertise in areas such as emergency food parcels to shielding patients

Supported preparation of the Nightingale Hospitals, playing a crucial role in ensuring the right feeding equipment was available for ICU patients

Used our press work to lobby for change and raise awareness of issues dietitians were facing, including lack of PPE, free school meals and food insecurity

“ **Thank you for speaking up for dietitians...throughout COVID** ”
BDA member, 2020-21 Member Survey

Informing the public

182K+

views of our ‘What are dietitians doing as part of the COVID-19 response?’ article promoting the vital role of dietitians in the COVID care multidisciplinary team (MDT)

219K+

views of our advice for the general public around nutrition and COVID-19



3



leading retailers circulated the BDA's letter for nutritionally vulnerable customers to access the foods they needed during early shortages



Promoted the important work of our members delivering their services in new, COVID-safe ways

Contributed to the All Party Parliamentary Group Report 'In The Wake of a Pandemic: Dietary Patterns and Impact on Child Health after COVID-19' through partnership with Quorn Foods

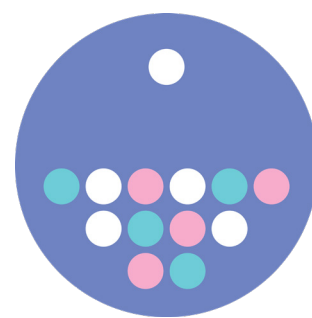
Adapting the business

“ **The support received this year has been exceptional** ”

BDA member, 2020-21 Member Survey

Maintained member support whilst moving to fully-remote working in March 2020

Updated our internal digital systems to meet the needs of our remote workforce



Held our first virtual AGM and Elsie Widdowson Memorial Lecture to our largest ever audience

Switched successfully to online delivery of meetings and events including: Board of Directors meetings, BDA group & branch events and BDA Classroom courses

BDA staff joined in with the clap for the NHS to thank our hard working members during COVID



Giving our members value

Grew total BDA membership to

10110
+2.6%

95%

of members renewed their annual membership with us

Grew BDA student membership to

1150



Expanding our membership offering



Launched a new member benefit: the BDA app library with ORCHA.

250 members registered

Launched specialist group membership to student members who can now join two groups for free

Launched seven new forums, in addition to specialist group forums, to provide practice communities for members

Advocating for members

13

local collective bargaining issues resolved

4

organisational change and transfer of employment processes resolved

Worked with Allied Health Professions Forum Scotland to demonstrate dietitians' impact to key influencers using case studies

Played a leading role in the ongoing campaign for better pay for NHS staff

22

HCPC cases assisted

Contributed to national joint evidence for pay talks in England and Scotland

595

member trade union queries responded to

333

members supported in employment-related cases

2000

member education and practice queries responded to

Providing CPD opportunities

29

BDA classroom courses held (27 online)

425

attendees

94

registrations to online courses

98 (+46)

CPD endorsements

4500+

members attended 33 BDA specialist group events, webinars and study days

1150+

members attended 17 BDA branch CPD events, webinars and AGMs

66

members attended Paediatric Specialist Group modules

8

online events and webinars

20

clinical update articles published in Dietetics Today, the official BDA magazine

Supported delivery of seven specialist group study days and webinars through SLAs

Supporting member volunteers

37

trade union reps recruited

775+

member volunteers (increase on last year)

9800

total group memberships - we grew our specialist group communities by 28%

200+

individual member volunteers were given advice and support

180

volunteers hosted at the online Groups and Branches workshops

450+

dedicated specialist group and branch volunteers supported



We showcased the roles of our valuable volunteers via Twitter on Volunteer Day 2020



Supporting member volunteers

15 chairs and treasurers hosted at the online Strategic Finance Workshop

Delivered a volunteer skills webinar series which included the BDA website, leadership & design

Launched new volunteer services including skill building workshops, advice and guidance for planning online events, access to a variety of webinar platforms and an expanded volunteer hub



Developed new TU reps packs full of advice, guidance and promotional material

Providing evidence-based nutrition information for the public

150K+

views of our most popular Food Fact Sheets: Irritable Bowel Syndrome, Iron and Plant-based diets



2170

media stories included evidence-based nutrition information from us or our spokespeople. Reaching 185+ million people in outlets such as: Mail Online, Express, Telegraph, Times, Women's Health, BBC TV & Radio, Channel 4 & S4C

Eating healthily for you and the planet



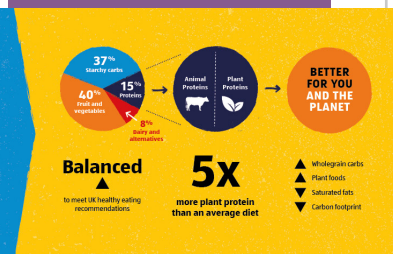
Launched BDA Sustainable September to influence healthier, more sustainable habits

120K+

people reached with new stakeholder and consumer facing resources developed with partners Aldi, Quorn Nutrition and Alpro

800+

Aldi stores shared our sustainable baskets message via their customer newsletter and to their 33,000 UK colleagues



MEAL HACKS developed with



Sustainable Eats

Small changes to your favourite meals can have a big impact on your carbon footprint and health

CO₂



Developing our corporate membership programme

15

corporate partner re-assessments and new applications processed

£20K+

of paid work generated for BDA members through our partnerships - often freelancers whose work was hit by the pandemic

SYMPROVE™

Welcomed Symprove as new members this year

21

members offered insights to corporate members at virtual roundtable meetings

Our thanks to Abbott, Nutricia and Mead Johnson, corporate members who used their international networks to supply rapid webinars and online education for dietitians on COVID-19

Strategic Partners:



Key Supporters:





Leading
the profession

Influencing public policy

Instigated TUC policy on:

- the effect of COVID-19 on women health workers
- provision of free school meals and child poverty
- NHS supply chain and a public inquiry into the procurement of PPE

1000+

engagements with key decision makers in all four nations.

Topics included: COVID-19, PPE, prescribing rights, mental health, food poverty, obesity and malnutrition

Played a leading role in ensuring the improved prioritisation of equality, diversity and inclusion work in the NHS

Campaigned for changes to the Trade Bill to ensure proper scrutiny of future trade deals following the UK's exit from the EU

Published a new policy on fortified foods and a position statement on processed foods, to reflect industry trends and support members

Submitted consultation responses on issues important to our members including:

- NHS People plan
- Various COVID-19 framework/guidelines
- Draft AHP Support Worker Education & Careers Framework
- Professional Standards Authority: Learning from COVID Review
- HCPC Standards of Proficiency

“ The collective voice of the profession is vital to raise and maintain our profile nationally and internationally ”

BDA member, 2020-21
Member Survey

Met with all the key political parties in Wales ahead of the Senedd elections to push for commitments on malnutrition, dietetic staffing and obesity

Worked alongside Welsh AHP colleagues to recognised a right to rehab in law

Wales

Campaigned for every political party in Scotland to agree to deliver a right to rehab as part of a shift towards more personalised care

Supported the development and delivery of a new Scottish Coeliac Disease Pathway, which every health board in Scotland is now required to adopt

Collaborated with Eat Well Age Well and Scottish Government to strengthen the narrative on malnutrition and dehydration and show the need for

Scotland

Engaged the health and agriculture scrutiny committees of Northern Ireland

Worked to ensure the Chief Allied Health Professions Officer has a seat at the senior management board of the Department of Health in Northern Ireland Assembly to call for inquiries into rising food insecurity, made worse by Brexit

Northern
Ireland

Growing the profession

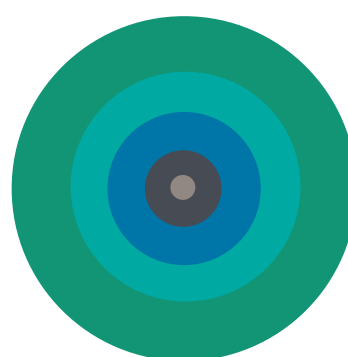
60%

of invitees across the four nations completed our workforce survey

Launched our new Preceptorship Programme to support newly qualified dietitians in the first year within the workplace

Levels Diagram from the BDA Post Registration Professional Development Framework

> [View the full document](#)



>Levels

- Support Workforce
- Entry Level
- Enhanced
- Advanced
- Consultant

Published an updated BDA Post Registration Professional Development Framework to support and inspire dietitians as they progress in their careers and articulate the impact of nutrition and dietetic practice



Launched our dietetic careers project to develop resources and tools for BDA members, teachers and others to promote dietetics to young people



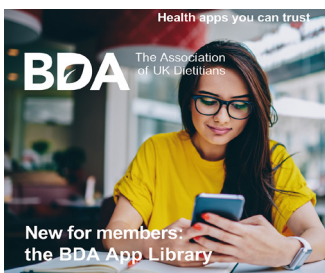
Produced videos of dietitians talking about fad diets and sustainability for teachers to use in year 7 classes. School children understood more about what a dietitian is and could apply the area of dietetics to a specific topic

Leading
the profession

Developing the breadth of the profession



Campaigned for changes to the Medicines and Medical Devices Bill and responded to NHSE&I medicines management scoping review to make the case for dietitians to have independent prescribing rights



Partnered with ORCHA to launch an app library for members



Held three digital dietitians webinars covering apps, telehealth and webinars

125

members joined our new digital dietitians online forum

Increasing our digital reach

BDA.uk.com

Doubled the average monthly visitors to our website to

117K+



Increased total page views by

75%

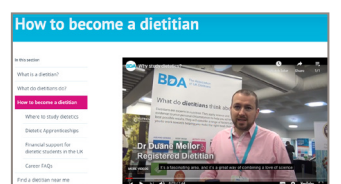
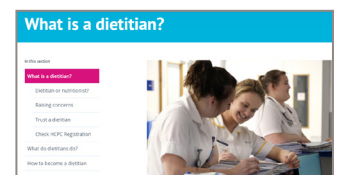
Some of our most popular pages saw significant growth in views:

+773%

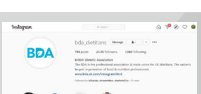
'What is a dietitian?'

+159%

'Become a dietitian'



Increased website traffic from our social channels



@BDA_Dietitians

+241%



@BDA_Dietitians

+218%



BritishDietetic Association

+687%

Strengthening the evidence base

113

people joined

10

streams

87

abstracts

Promoted and expanded the dietetic evidence base at our most complex Research Symposium to date, delivered entirely online



**BDA
GET**
General & Education Trust



The Global Resource
for Nutrition Practice

£175K

awarded in General & Education Trust Grants to support dietetic research projects

22

separate topics on PEN reviewed with member volunteers – adding to PEN's evidence base and ensuring it is UK relevant

8

NICE consultations responded to

9

dietitians attended National Institute for Health Research funding applicant workshops

Journal of Human Nutrition & Dietetics impact factor increased to

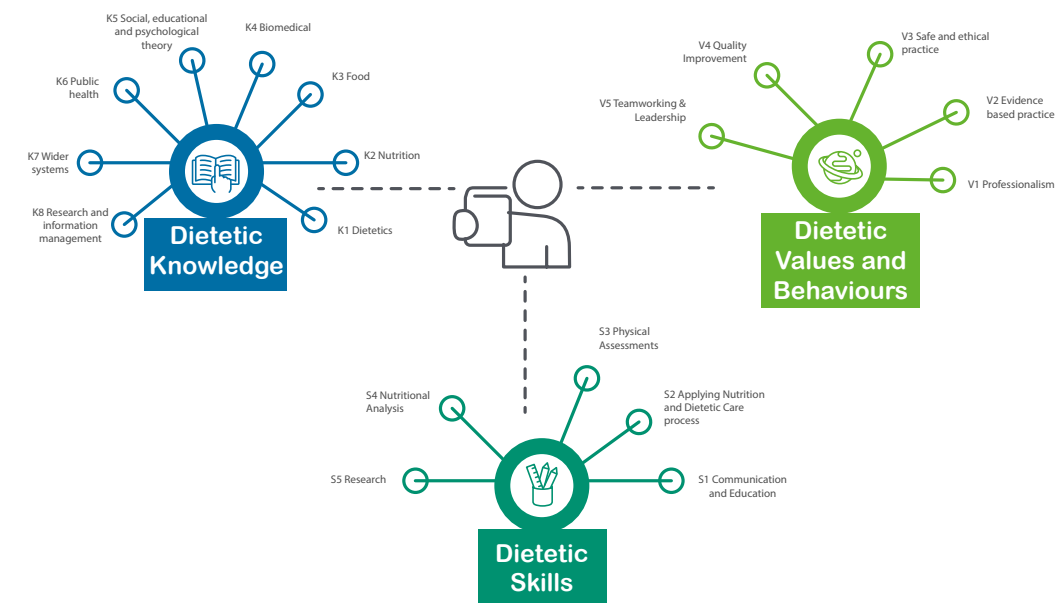
3.146



Educating tomorrow's dietitian



Launched the new dietetic curriculum framework, forming the basis of pre-registration training education in dietetics and providing dietetic education providers with guidance on the curriculum content and delivery of dietetic programmes



The new Curriculum Framework details the expectations of the learning to be acquired by the end of the education and training programme across three main domains; Dietetic Knowledge, Dietetic Skills and Dietetic Values and Behaviours

[View the full document](#)

25 BDA accredited dietetic pre-registration courses (14 Postgraduate, 11 Undergraduate)

630 student attendees across our careers and introductory webinars

Developing and celebrating dietetic leaders

25 members completed our Future Leaders Programme as they progress on their way to becoming leaders of the BDA

3 members were funded by GET to attend an AHP professional leadership development programme

30+ multi-professional AHPs recruited onto the Future Leaders Programme for 2021

“ **My experience of the BDA Future Leaders programme is really helping me on the first step of that journey - becoming a better leader** ”
BDA Future Leaders programme graduate

“ **It’s been an honour to feel valued as a member and be included in the program, which makes me want to give back to an organisation that I value even more now I understand some of the complexities in how it’s run!** ”
BDA Future Leaders programme graduate

“ **It’s given me the confidence to realise that there is no ‘right time’ or ‘stage of career’ to engage in leadership opportunities** ”
BDA Future Leaders programme graduate

Strengthening our trade union



Elected a new Trade Union National Executive Committee, which held its inaugural meeting in February 2021

Agreed the Terms of Reference for a BDA Equality and Diversity Committee to be set up in the spring of 2021



Let's get cooking

Let's Get Cooking supports local authorities and commercial organisations to offer practical cookery sessions designed to improve health. We have adapted to offer Zoom cookalongs and used YouTube to share filmed sessions

Gill Crabb Foundation

- Recruited four clubs to the programme
- Developed six new recipes for the recipe bank collection
- Co-branded aprons for distribution in clubs

Merseyside

- Installed two community fridges to repurpose and redistribute waste food
- Trained eight community food waste busters to run food waste reduction cookery sessions across Merseyside
- Got communities involved in cooking through a social media platform to widen reach and impact



“ I loved this training. I am going to reduce my portion size, look at food labelling more, reduce my salt intake and buy frozen fruits ”

Participant on the Wakefield training

Wakefield

- Produced six recipe demonstration films to support local communities in Wakefield to cook from scratch
- Created a co-branded recipe pack to support virtual sessions

Alpro

- Produced six short recipe demonstration films to show people how to make tasty nutritious plant-based dishes from commonly donated food and drink items

Fareshare

- Delivered a two-hour livestream cookery demonstration with Priya Tew for Fareshare community cooks illustrating how to use a range of vegetables and dairy product alternatives regularly found in their food boxes

“ Access to food has been difficult for some - our sessions have used creative solutions like Zoom to safely deliver vital cooking training to often vulnerable groups ”



WORK READY!

The BDA's national network of accredited workplace specialist dietitians. The challenges of the last year have seen us developing resources to meet the needs of the our NHS workers and supporting our clients' home workers

NHS
CORONAVIRUS
STAY AT HOME
PROTECT THE NHS
SAVE LIVES
NEW Online Support...

Free 5 day Wellbeing Planner for your organisation's home-based workers. Order yours today.

144

digital wellbeing planners commissioned by multinationals, healthcare and other organisations for home workers

Wellbeing support: keep hydrated
Drink plenty before your shift. Sip a range of drinks. Top up during admin.

Cymorth Llesiant: cofiwch hydradu
Yn eiddgen tyni i'w shift. Sipsych cofiwch hydradu. Cofiwch gylchennu yn ystod eiddgen.

Keep hydrated during Ramadan
Hydrate plenty in non-fasting hours. Have a range of drinks during fasting after and fast evening. Top up your water.

WORK READY!

Resources adapted to meet regional and cultural needs during the pandemic

119

dietitians trained and accredited with 10 members passing the assessment from the first online Work Ready course

Avon & Wiltshire Mental Health Trust became a new Work Ready corporate licence holder funded by COVID-19 appeal funding

Mindful eating

- Exciting new area in nutrition but what does it mean?
- Evidence for benefits
- Simple practical techniques to improve diet which I've used with clients
- Finding out more

350

people attended our new mindful eating webinar

“ Work Ready is an easy sell, people are interested in nutrition and staff wellbeing, I've not seen such a robust programme like this on the market ”

Christian Lee, Head of Nutrition & Dietetics - Avon & Wiltshire Mental Health Trust

WORK READY! @HOME
Finding your new norm...

stress snacking, caffeine overload, new routine, changes in shopping

PLUS Tailored healthy eating info for key workers

webinars...online food demos...one2one consultations...and more

BDA Projects

SENR

SPORT AND EXERCISE NUTRITION REGISTER



The BDA hosts the highly regarded Sport and Exercise Nutrition Register (SENR), the only voluntary register recognised as the industry standard in sports nutrition

428

SENR registrants

+68

13

SENR accredited/
endorsed courses



Provided all SENR registrants with free BDA Sports Nutrition Specialist Group membership, increasing collaboration

6

new course assessors appointed to review new applications for course accreditation/endorsement

Showcased testimonials from SENR registrants and their clients on the benefits of membership and support from SENR registrants

@SENregister

SENR

SPORT AND EXERCISE NUTRITION REGISTER



“ The SENR is now widely recognised as a requirement for sports nutritionists wanting to work as practitioners in sport. It acknowledges that these practitioners have had the correct education and training to work autonomously as sport and exercise nutritionists and helps to maintain the reputation of this valued specialism. The SENR's collaboration with the BDA, allows nutritionists to attend CPD sessions and obtain content from the dietetic community; this network is invaluable to benefiting an applied nutritionist's practice within sport & exercise. ”

Hannah Sheridan
Lead Nutritionist
Premier League Football – Tottenham Hotspur FC

“ Hannah has helped me improve my nutrition over a number of years. She has helped me to understand how to implement a range of nutritional strategies into my routines, including refuelling efficiently between training sessions and competition nutrition. She played a major part in many of the successful performances I have had, both domestically and internationally. ”

Jonny Davies
GB 5000m athlete

SENR

SPORT AND EXERCISE NUTRITION REGISTER

Kieu University, Yokohama, with the head chef and sous chef Summer 2019 as part of preparations for the World Swimming Championships in South Korea.



“ I'm very proud to be a member of the SENR. When I started my studies in nutrition, I knew my goal but I was confused by the pathway to get there. The SENR brought clarity, standards and an enthusiasm for sport and exercise nutrition practitioners which has galvanised the field in the UK. The SENR's unique standing within the BDA provides countless practitioner benefits which could not have been achieved on its own. However, its' greatest strength are its' registrants, a community of like-minded and driven professionals who are proud to represent and maintain their standards of practice at the highest level. ”

Richard Chessor
Physical Performance Lead
Head of Physical Performance and Nutrition for British Swimming

“ I've worked with Rich for the past 3 years and always trust him to help guide my choices to get the best out of training and my performances. We've worked across all areas of nutrition from healthy and cooking to body composition and race day nutrition and he has really been vital in the latter, forming specific race day nutrition schedules and allowing me to feel comfortable and confident on race day! Rich is a very important part of my support team and brings enthusiasm and positivity every day we work together, as well as connecting into the support structure around me. ”

Max Litchfield, Team GB Olympic Swimmer



BIOS

BRITISH AND IRISH
ORTHOPTIC SOCIETY

We provide business and policy services to the British and Irish Orthoptic Society (BIOS), a fellow AHP professional association. Achievements in 2020-2021 include:

Increased membership to

1400+

Moved all BIOS CPD online, in response to COVID-19, providing free recordings to members

40K+

page views to our online information hub where we provided timely and tailored support to our members throughout the pandemic

Developed policy statements and consultation responses, and represented BIOS on groups including the Allied Health Professions Forum (AHPF) & Eye Health Forum, influencing policy across the UK

27%

increase in monthly web visits

Raised the profile of orthoptics and recognition for the valuable work done by the profession

Reviewed and expanded comms to members

50%

open rate for our new weekly roundup

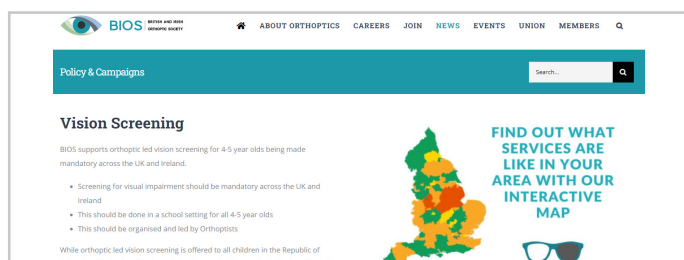


We now offer support through a weekly 'round up' to members as well as our monthly ezine



BIOS BRITISH AND IRISH ORTHOPTIC SOCIETY

Parallel Vision



Held BIOS's first ever virtual AGM

Completed full orthoptic workforce survey, providing valuable information on services across the UK

EFAD

The European Federation of the Associations of Dietitians

THE VOICE OF EUROPEAN DIETETICS

The BDA supports the European Federation of Associations of Dietitians (EFAD) through delivery of a Communications Service Level Agreement

+ 51%

newsletter click rate

+19%

newsletter open rate

+3%

newsletter subscribers

+49%

social media followers

*Facebook & Twitter

Led the communications plan for EFAD's partnership with European Public Health Week 2021

+83%

social impressions

*Facebook & Twitter

+1792%

Twitter engagements

Implemented a communications strategy to spread key EFAD messages and the work of its specialist groups throughout the European network

Supported the launch of EFAD's Kompass Nutrition & Dietetics, its first journal for European Dietitians, which focused on COVID-19



The BDA's specialist groups offer the most current information, leadership, and expertise to members working or specialising in a professional area. This year many of our specialist groups made significant contributions to the national efforts to contain, treat and manage COVID-19

Critical Care

- Developed a range of position statements, guidelines, examples, practical advice and support resources and practical 'hands on' advice for dietitians redeployed to critical care
- Worked closely with the BDA staff team to provide strategic support and expert guidance to inform the BDA's position on the pandemic
- Raised the profile of dietetics, creating links with key stakeholders and inputting into national strategies to inform the response to the pandemic

Older People

- Worked closely with the BDA staff team to challenge DEFRA food pack content issued to the shielding population
- Developed advice and guidance for dietetic services to support vulnerable groups, including older adults living in the community through the pandemic

Parenteral & Enteral Nutrition

- Worked with internal and external stakeholders on the clinical guidance group COVID-19, focusing on guidance around the ICU and then within the community
- Created COVID-19 resources and guidance for BDA members

Renal Nutrition

- Developed COVID-19 guidance for renal departments
- Created a national strategy for dietetic care in renal patients
- Worked with external stakeholders to create patient and dietitian resources around the care of COVID-19 patients
- Contributed to the British Renal Society guidelines on 'Renal Replacement Therapy for Critically Unwell Adult Patients: Guidelines for best practice and service resilience during COVID-19'
- Created a joint resource area on the website, encouraging members from trusts around the country to share their resources and guidance for members to use in practice

Food Services

- Represented the profession on issues with food availability
- Supported further changes to the Independent Hospital Food Review report in light of COVID

Paediatric

- Produced guidance to facilitate children's care across a wide range of settings and support dietitians to look after their own health during this time

Cystic Fibrosis

- Worked with the UK Cystic Fibrosis Trust to produce online resources for adults with CF to help with shopping and cooking ideas during lockdown
- Supported campaign to influence major supermarkets to allow people with cystic fibrosis to have priority ordering status



East Midlands

Branched out into webinars, providing education, support and networking to members in the East Midlands region

Yorkshire

Supported members suffering from pandemic fatigue by hosting fun networking events and a Christmas quiz. Launched the Yorkshire Branch 'Social conscience' which raised money for a local homeless charity

London

Shone a light on those under-represented in dietetics by hosting online panels sharing experiences and offering support

Glasgow & West Scotland

Winner of 'BDA Branch of The Year' for providing exceptional support and representation to members. Hosted virtual 'tours' of West Scotland, highlighting the achievements and work of dietitians in each area

North East

Welcomed a new committee bursting with ideas to support local members

South East

Brought together South East dietitians by celebrating their achievements throughout the pandemic on social media

South Wales

Celebrated the achievements of branch members with their 'Sparkle with the Stars' awards ceremony

East Scotland

Hosted webinars on a variety of topics, bringing members from remote geographical areas together for the first time





Specialist group & branch highlights



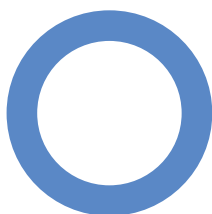
Critical Care

Joint winners of 'BDA Group of The Year' for providing exceptional support and guidance to members. Produced guidance and tools, including the dietetic pillar to support members and the wider dietetic profession



Cystic Fibrosis

Provided group members with access to the Journal of Cystic Fibrosis to support learning. Developed and submitted an abstract to the 2020 European Cystic Fibrosis Conference on staffing levels at UK Paediatric Cystic Fibrosis Units



Diabetes

Introduced a series of webinars to support members' practice and provide networking. Updated competencies to support dietitians working within diabetes



Food Allergy

Developed new educational resources including diet sheets, webinars and free-from recipes. Offered the wider BDA membership access to allergy diet sheets to support redeployed members during the pandemic



Food Services

Participated in the development of the new Hospital Food Standards, including the creation of new tools that will be used alongside the guidelines. Provided group members with a free printed copy of the Nutrition & Hydration Digest (2nd edition)



Freelance Dietitians

Presented monthly webinars to support freelance dietitians build skills in business and practice



Gastroenterology

Developed Coeliac Disease Dietetic Outcomes which was widely promoted and featured in BJGP Life



HIV Care

Provided group members access to the National AIDS Manual resources to support learning and practice



Maternal & Fertility

Created key factsheets providing guidance on male infertility, female infertility, and gestational diabetes. Developed the Nutritional Management in Pregnancy Course designed to support dietitians practising in this area



Mental Health

Developed educational resources including an 'Advanced Dietetics in learning disabilities' course. Produced several model and process case studies including learning disabilities, mental health and Child and Adolescent Mental Health Services



Neurosciences

Updated the 'Best practice guidelines for dietitians on the management of Parkinson's' which is hosted on the Parkinson's UK website. Developed close working relationships with external stakeholders to help guide and support patient information and resources



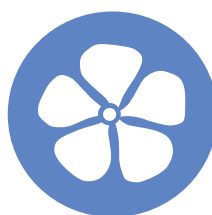
Obesity

Collaborated with Health Education England and Public Health England to develop a national healthier weight competency framework for all healthcare and social care staff involved in the delivery of Tier 1 weight management services



Older People

Collaborated with external stakeholders to develop, guide and support the creation of key patient resources. Contributed to NHS England & Improvement Ageing Well Team, raising the profile of dietitians working with older people



Oncology

Created a myth busting resource for group members alongside a social media campaign to raise awareness, and the profile of, dietitians working in oncology and the complexities of patient care in this area



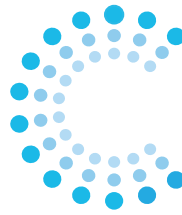
Optimising Nutrition Prescribing

Partnered with the Older Peoples Specialist Group to develop dietetic outcomes for medicines optimisation dietitians



Paediatric

Updated the self-directed learning guide for new paediatric dietitians and developed a 'Starting out in Paediatric Dietetics' course, due to be launched later this year



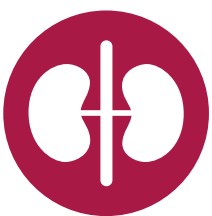
Parenteral and Enteral Nutrition

Represented the BDA by commenting on and contributing to the development of key national documents



Public Health

Launched a social media campaign providing healthy recipe and meal ideas to the public during the pandemic, raising the profile of public health dietitians



Renal Nutrition

Translated the group's successful Kidney Care UK multi-cultural diet sheets resources into different languages. Hosted workshops on each to support dietitians using the resources in practice



Sports Nutrition

Extended group membership to SENR members, growing the support and networking available to the community of sports dietitians. Hosted 1400 sports professionals online at group annual conference



Sustainable Diets

Collaborated to produce several successful social media campaigns around sustainable diets, including 'Sustainable September' and 'Sustainable Hacks'

With thanks to our staff, volunteers, members, partners and supporters who have made another successful year possible at the BDA