

# AGM – September 2021

- Membership ~ 690 members of DSG (adult and paeds)
- Committee changes
- Projects
- Reports from Scotland, Wales and Northern Ireland
- Aims for the future

# Committee Update

Position	Name
<b>Chair</b>	Raphaella Rookes (due to go on mat leave Oct 2021)
<b>Vice Chair / Co Chair</b>	Debbie Evans
<b>Secretary/ GDPR Officer</b>	Jennie Brown
<b>Website Editor</b>	Daniella Da Mota
<b>National Education Lead</b>	Wendy Barber
<b>Education Link Rep</b>	Meredith Purvis
<b>Meetings organiser</b>	Laura Bull
<b>Journal club coordinator(s)</b>	Aisling Pigott (currently on mat leave due to return Oct 2021) Irene Odeny
<b>DSG liaison Rep</b>	Currently vacant
<b>Scotland Rep</b>	Kirsty Maclean (currently on mat leave) Bethany Cairns
<b>Welsh Rep</b>	Claire Baker
<b>Northern Ireland Rep</b>	Andrea Mc Dougall

The committee wish a fond farewell and huge thank you to Debbie Blissitt and Gillian Drew who stand down from the Committee as of today.

Welcome to Anne-Marie McKillup!

## Recent Projects

- Website and Social Media
- Journal Club
- Working in conjunction with National Paediatric Diabetes Network and Type Two Working Group
- Core Skills Document
- Low Carbohydrate Statements

# Welsh report

## Claire Baker

- **All Wales Schools training**  
A training programme for schools staff looking after children with Type 1 diabetes is being developed on an All Wales basis. This will provide continuity and shared resources across the different boroughs.
- **SEREN**  
The key stage 3 resources for SEREN at diagnosis have been updated and redesigned. The new workbook is in use across Wales and has received excellent feedback from young people and health professionals.
- Work has started on the SEREN Digital module. This is in collaboration with the adult programme BERTIE and the Scottish diabetes programme My Way Digital Health. The digital module will complement the face to face education and will include interactive games, animations and videos.
- An evaluation of SEREN at diagnosis has been completed and accepted for publication in the BMJ Open access journal.
- **Professional interest groups**  
Interest groups have been formed for the different professions working in paediatric diabetes across Wales. The dietetic group is being jointly led by Claire Baker and Gill Regan. A number of key topics have been discussed including insulin dose adjustment.
- **Insulin dose adjustment protocol**  
The All Wales insulin dose adjustment protocol has been developed and is being taken forward by the network for approval.

# Northern Ireland report

Andrea McDougall



- 25 Newly Diagnosed Children since January 2021. 16 presented in DKA
- Inpatient work has carried on as normal during COVID 19.
- **Insulin Pumps:**
  - All MDT pump starts since January 2021 have been done face to face and virtually (number started 12) hope to have 16 on by the end of 2021
  - All MDT pumps upgrades since January 2021 have been done face to face and virtually.
- **Clinics:**
  - All clinics since April 2021 have been face to face this includes a
  - Weekly Diabetes clinic, a weekly MDT Insulin Pump Clinic, a weekly nurse led and a monthly adolescent/transition clinic prior to that all clinics were virtual
- **Structured Education Programme:**
  - CHOICE – 4 weekly Structured Education Programme all CHOICE was updated for virtual delivery and is ongoing
  - 2 full programmes and 1 CHOICE refresher Programme delivered weekly virtually and face to face for one family at a time, all trusts in NI delivering Virtual and face to face Structured Education
  - A typical course runs for 4 weeks and last for 3 hours per session, virtually up to 4 families can attend.
- **New Developments:**
  - DEAPP – introduced to newly diagnosed patients in March 2021 and received well. Completed an e-SQB project proving 10% improvement in the confidence of patient and parent's at diagnosis over the past 6 months. Presenting the findings at World Quality Day in November 2021.
  - New carbohydrate counting workbook created and given at diagnosis to work alongside the app.
  - Virtual CHOICE resources and presentations based on MS teams
- **Moving Forward:**
  - Deapp – continue to collect data on patient and parent's confidence and improve teaching as required.
  - Awaiting possible lottery funding for a band 5 0.5WTE to lead the rollout of Deapp out across rest of Northern Ireland and supporting our staff with training on using the app and resources.

# Scotland report

**Bethany Cairns**

- All centres across Scotland continue to see a rise in number of Type 1 Diabetes diagnosis, with some centres already exceeding their yearly quota.
- Centres have adapted the method of delivery for appointments and have been offering telephone, near me as well as face to face throughout Covid-19. Plans to continue to offer above methods for clinic appointments due to these being well accepted by families.
- Discontinued expert meter

Discussions around suitable apps to use instead of the expert meter. No consensus for Scotland wide use and different health boards using different apps such as My Life app, Diabetes M, Accu check meter with ready reckoner and Libre bolus calculator.

- Insulin Pumps

Mainly Omnipod, Medtronic, Tslim and Yypo being used Scotland wide, with most centres offering patient choice. Delivery of MDT pump starts by a mix of face to face and online throughout Covid-19. Session's beginning to return to face to face now restrictions are being lifted.

- Type 2 Guidelines;

NHS Lothian are developing type 2 diabetes guidelines to support management in primary and secondary care and to outline a clear and structured pathway.

## Aims for the Future

- Develop a clinical educator one-day course with further aim to seek accreditation of this and become a Masters Module in being a Paediatric Diabetes Clinical Educator
- Finalise T1DM and T2DM Low-Carbohydrate Statements
- Development of 'Advanced Core Skills' document aimed at B7 clinical work - this is further development from Core Skills Guide developed for B6 staff. This document will focus on a Learning Journey/ Portfolio rather than assessment of clinical skills
- Continue to build on and develop journal club/ watch and share appropriate journals with our members. Potential themes include T2DM, exercise management, VLCD and low carb diets.
- Continue to build on website and social media presence
- Complete members survey asking our members what they want the committee priorities to be - do this jointly with adult DSG as well
- Continue to build relationships with the National Paediatric Diabetes Network, Type 2 National Working Group, DUK and JDRF

# Any Questions?