

Dietetic Support Worker – Nutrition and Nutritional Support in Children

Date: 18 September 2019

Venue: BDA, Birmingham

Facilitator: Dr Fiona McCullough

Aim:

To increase the dietetic support worker’s knowledge about the role of nutrition and current dietary intakes in comparison to recommendations in children and the effect of diet in common paediatric conditions, as well as the principles of nutrition screening, assessment and treatment in children

Learning Outcomes

At the end of the course each participant will:

- Be able to demonstrate an understanding of the effect of growth nutritional requirements (0-18 years)
- Be able to demonstrate an understanding of the most important nutritional messages with common paediatric disorders
- Be aware of the range of resources available
- Be able to communicate appropriately with children and parents
- Be able to demonstrate an understanding of the screening process using screening tools such as STAMP for example
- Be aware of the range of nutritional support options available

9.15 – 9.30	Welcome and Introduction, and housekeeping
9.30 - 10.30	Principles of Paediatric Nutrition
10.30 – 10.45	Refreshments
10.45 - 11.00	Appropriate Scope of Practice for the DSW Role

11.00 – 12.00	The diet in clinical conditions
12.00 – 12.15	Anthropometry – measuring children’s growth
12.15 – 1.15	Common Paediatric problems
1.15 – 1.45	Lunch
1.45 – 2.00	Overview of some key paediatric resources currently used
3.00 – 3.15	Communication strategies for children and parents (carers) separately and at a joint consultation
4.15	Summing up, question and answer session

Pre course reading and work

There is some pre-and post course work associated with the course. Details will be sent to you with your booking confirmation.