

Social media calendar of activities 4-8 June

Day	Monday 4th Mental Health and Recovery	Tuesday 5th Rehab and Reablement - Tertiary Prevention	Wednesday 6th Public Health - Primary Prevention	Thursday 7th Health Optimisation - Secondary Prevention	Friday 8th Healthy Conversations and MECC
Activities	<p>12pm New BDA Infographic to be released on @BDA_Dietitians twitter account - please share and retweet!</p> <p>4pm Share our new mental health case study with your followers</p> <p>6pm Join in with a special Dietitians Week Nutrition and Dietetic Journal Club on Facebook, looking at Mental Health</p> <p>8-9pm Take part in the #RDUK chat on twitter about the role of dietitians in prevention in all its kinds.</p>	<p>12pm New BDA Video released on @BDA_Dietitians Instagram account - why not share it!</p> <p>4pm Share our new rehab case study with your followers</p> <p>6pm Inform your followers all about the benefits of the new IDDSI framework being implemented this year.</p>	<p>12-2pm Photo opportunity! Snap a shot with your We do prevention speech bubble and share on twitter using #DietitiansDoPrevention</p> <p>4pm Encourage a member of your team to sign up as a BDA public health champion - bit.ly/2FFqCPB</p> <p>6pm Share our new public health case study with your followers</p>	<p>12pm New BDA Video released on @BDA_Dietitians Instagram account - why not share it!</p> <p>4pm Share our new health optimisation case study with your followers</p>	<p>12pm Our healthy eating Food Fact Sheet have had a review and refresh - why not share them?!</p> <p>4pm Share our new MECC case study with your followers</p> <p>6pm Let your followers know about the great work being done by our projects Let's Get Cooking and Work Ready</p>
Students	<p>We are asking BDA Student Members to email us 30 second videos about how dietitians do prevention - maybe you have seen a great example on placement or in the classroom that you would like to share? dietitiansweek@bda.uk.com</p> <p>We will post our favourite videos on our BDA Instagram account during the week, so please include your instagram handle when you email us and we can tag you!</p>				
Other	<p>Follow us @BDA_Dietitians on twitter and instagram and look out for the official #DietitiansWeek hashtag #DietitiansDoPrevention being used throughout the week!</p>				