
Research Mentorship scheme

Name and title

Paul McArdle, Lead Clinical Dietitian & Deputy Head of Nutrition

Place of work including location (you may wish to add a link your personal page on your organisation's website)

Birmingham Community Healthcare NHS Foundation Trust, Birmingham.

Brief description of your career background and current role

RD for almost 18 years. Most of that time in a Community setting. Specialised fairly early in diabetes – working as part of an MDT. Passionate about education. Current role involves clinical leadership and management of a community team, plus specialist clinical work and some involvement in research.

Clinical and research interests

Diabetes
Mental Health
Behaviour Change
Evidence-Based Medicine & Guidelines development
Qualitative & Mixed Methods Research

Motivations for mentoring

To support the development of other dietitians and see them succeed in their career

My mentoring style

Honest, direct but supportive.

If you would like to look here (<http://www.healthresearchmentor.org.uk/website/54-2/>) you can see lots of examples of mentor descriptions.