Aims and Learning Outcomes

Aims:

- To provide a planned programme which complements the skills of Registered Dietitians, equipping the dietitian with additional expertise necessary for advanced, evidence-based practice in the field of paediatric dietetics.
- To enable students to apply theoretical knowledge and practical skills to an increasingly complex caseload in order to provide the most appropriate advice for infants (including preterm infants), children and adolescents
- To develop students’ ability to analyse, interpret and synthesise new and emerging scientific knowledge in the field of paediatric nutrition and dietetics
- To give students confidence in handling a variety of paediatric cases of increasing complexity as they progress through the five modules
- To encourage effective communication of paediatric dietetics to patients, healthcare professionals and other groups
- To support students to critically analyse and interpret their own work in order to advance their practice

Learning Outcomes:

- Demonstrate an extended knowledge of nutritional principles, feeding, nutrient requirements and nutritional assessment in the field of paediatric dietetics
- Demonstrate an appreciation of how psychosocial, financial and cultural factors affect families and children, and the importance of the multidisciplinary team in their management
- Apply and synthesise theoretical knowledge in order to recommend the most appropriate and current dietary regimens for normal infants, children and adolescents, and those with particular needs, such as over and under nutrition and clinical conditions requiring a dietetic input.
- Communicate their nutritional knowledge to groups or individuals and evaluate outcomes
- Critically evaluate new scientific and other evidence which may impact on dietetic practice

Module content