

Introduction to Mental Health, Learning Disability and Eating Disorders

The course is an introduction to the areas of mental health, learning disability and eating disorders, with a very practical emphasis on improving skills and applying knowledge to increase confidence and decision making in these clinical areas.

Aim

- To give a broad overview of the role of the Dietitian in working with mental health, learning disabilities and eating disorders patients; using a case study approach to focus on key nutritional, medical, social and psychological approaches used within these specific client groups.
- To enable students to make informed decisions about multi-disciplinary team (MDT) involvement, risk, communication, treatment and safe, effective working with these client groups.

Learning Outcomes

On completion of the course you will be able to:

- Critically discuss the role of the Dietitian in mental health, learning disabilities and eating disorders settings
- Select appropriate information and support for working within your chosen area
- Describe some of the key nutritional, psychological, medical and social issues arising with these client groups.
- Discuss how you will apply this knowledge in
- Assessing, signposting and goal setting.
- MDT working and communication
- Safe and effective working.

More Information

Please direct queries to:

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