

Diagnosis and Management of Cow's Milks Allergy in Infants and Children

This is an interactive study day designed for those dietitians new to allergy or who need a basic level of knowledge. Attendance will enable dietitians to acquire the knowledge towards meeting the competencies set out by NICE and the Royal College of Paediatrics and Child Health on the recognition, diagnosis and management of cow's milk allergy.

Aim

To meet the basic competencies set out by the National Institute for Clinical Excellence (NICE) and Royal College of Paediatric and Child Health (RCPCH) Care Pathways for the recognition, diagnosis and management of cow's milk allergy (CMA) in infants and children.

Learning Outcomes

Key areas the study day will cover are:

- The difference between allergy and intolerance including basic immunology
- The prevalence of cow's milk allergy
- Diagnosing the NICE way – which questions to ask
- Basics of diagnostic tests and how to interpret
- Diagnostic diets and choosing the right formula
- Food challenges and reintroductions
- Which foods to avoid for a milk free diet and suitable replacements
- Complementary feeding in the milk allergic child
- Vitamin deficiencies and faltering growth

More Information

Please direct queries to:

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