

Minutes of the 36 meeting of The British Dietetic Association, England Board, held in the Pybus room at the BDA, 3rd Floor, Interchange Place, 151-165 Edmund Street, Birmingham B3 2TA on Tuesday 25th February 2020 from 10:30 – 15:30

Present:

Julie Abayomi (JA)	Board Member
Gill Shinkwin (GS)	Board Member
Diana Markham (DM)	Board Member
Jane Brophy (JB)	Board Member

In Attendance: Joanna Instone (JI) BDA, Head of External Affairs

Item

ACTION

36/1 Welcome and Apologies

Apologies received from Belinda Mortell, Linda Hindle, Kate Hall, Stephen Garvey and Fiona McCullough

36/2 Minutes of the previous meeting

Jl Needs to add Gill Shinkwin to the apologies of previous minutes

Jl

Workforce issues were discussed. GS agreed to attend the 11th March BDA Education Forum on behalf of the Board with the Board to pick up the expenses.

Workforce concerns still exist: Need more dietitians now and in the future will need even more because expansion into primary care and the creation of Advanced Clinical Practitioners (ACPs) will create gaps lower down in the banding. The Board expressed concerns about the quality of students coming out of universities as a result of universities recruiting through clearing.

BDA UK wide AHP Public Health strategy working group: There was discussion around a volunteer from the Board to attend the group: Gill Shinkwin has volunteered.

GS

ONCA: Gill reported back from her attendance at the ONCA conference. Notes are to follow to the Board. Highlights include: New NICE quality standards are to be published. Work is afoot to get a Clinical Director for Nutrition. Gill to send Jl the Netherlands paper to circulate.

36/3

Membership of the England Board

- There was a discussion about who was currently on the Board and the need for more members
- Core members of the Board have a 3-year term of office
- Need to recruit more Board members by advert (JI to action): we would particularly welcome applications from these sectors: North East, men, South West, people working in primary care, newly qualified (i.e. in first 10 years of your career) JI to do

Jl

Jl

36/4

Iodine update

There was discussion around iodine, women of child bearing age, veganism, plant milks, BDA One Blue Dot and the Food Fact Sheets.

Jl to invite Tom Embury and Jo Lewis to the next meeting: Jo Lewis to talk about how to lobby plant milk companies to have better labelling on their products and Tom Embury to talk about Veganism FFS

Jl

36/5

Older people work / Workforce / primary care and AHP Public health strategy update

Jl reported that on 27 March there is to be an Older People's study day at which Jl will run a workshop to look at how the BDA can create a new resource for older people around how to eat for health.

A reminder that there is to be an Education and workforce event at the BDA on 11 March.

Jl reported back about the research results so far from the research being done at Plymouth about dietitians in Primary care. Preliminary results are that dietitians working in frailty as first contact practitioners have a positive impact on body weight and grip strength in a very cost-effective way.

AHP Public health strategy: A new BDA group has been set up to see how the BDA and dietitian can implement the UK wide AHP Public health strategy.

36/6

Maternity and Fertility Specialist group

JA discussed how the new Maternity and Fertility group is planning to review and rewrite the BDA pregnancy Food Fact Sheets.

36/7

Work Planning 2020

The Board identified which objectives the Board had achieved last year:

- Made progress with Influencing Action Pack. Elevator pitch presentations and website update
- RDs in primary care project: research done, presentations
- Toolkit for developing RDs as leaders: this has not been progressed but the BDA does now run a leadership programme for dietitians working for the BDA.

The Board then discussed and agreed the **future objectives:**

- Phase 2 of Primary Care campaign
- Iodine
- 5 ways to good mental health for dietitians – social media: animations

JA and JI to start writing the objectives and then to send to the Board for their ideas.

**JA, JI
ALL**

36/8

Elevator pitch / Influencing Action Pack

The Board did some filming of two elevator pitches to be added to the IAP on the website to illustrate to dietitians how to do an elevator pitch.

36/9

AOB

DM to send JI the App reviews written by one of her team members at work.

DM

36/10

Date of next meeting and CLOSE of Meeting

23rd April teleconference