Research Mentorship scheme

**Name and title**
Paul McArdle, Lead Clinical Dietitian & Deputy Head of Nutrition

**Place of work including location (you may wish to add a link your personal page on your organisation’s website)**
Birmingham Community Healthcare NHS Foundation Trust, Birmingham.

**Brief description of your career background and current role**
RD for almost 18 years. Most of that time in a Community setting. Specialised fairly early in diabetes – working as part of an MDT. Passionate about education. Current role involves clinical leadership and management of a community team, plus specialist clinical work and some involvement in research.

**Clinical and research interests**
Diabetes
Mental Heath
Behaviour Change
Evidence-Based Medicine & Guidelines development
Qualitative & Mixed Methods Research

**Motivations for mentoring**
To support the development of other dietitians and see them succeed in their career

**My mentoring style**
Honest, direct but supportive.

If you would like to look here ([http://www.healthresearchmentor.org.uk/website/54-2/](http://www.healthresearchmentor.org.uk/website/54-2/)) you can see lots of examples of mentor descriptions.