

Dietetic assistants and support workers – we invite you to join your professional body and trade union today.

Supporting you as vital dietetic support staff

As the only body in the UK representing the whole of the dietetic workforce, we invite you as vital dietetic support staff to join over 9,000 dietetic professionals in being a member of The British Dietetic Association (BDA). We are both a trade union and professional body who represent the professional, educational, public and workplace interests of our members. We invite Dietetic Assistants and Support Workers to benefit from a wide range of resources, support services, advice, events and networking by joining the BDA.

Giving you all the same benefits as our dietitian members, but at just half the cost!

Use the Evidence base

Tools and resources at your fingertips via the huge Practice-based Evidence in Nutrition (PEN) online system (worth £350p.a.) plus all the latest research from the Journal of Human Nutrition and Dietetics (JHND).

You're represented and supported

Our Union team have years of experience representing the dietetic profession so provide bespoke representation, and guidance on workplace issues. BDA Legal provide you and your family with a range of useful legal services including free legal helpline.

Access Key Resources

Member-only tools to help you in your support role; from online practice guidance documents, the Manual of Dietetic Practice and discounted Advanced Nutrition book series. Plus the opportunity to join a BDA Specialist Group to enhance your knowledge in a specialist area.

You're legally covered

Have peace of mind knowing you're covered in your role with vital professional indemnity insurance worth £3million but covering you up to £5million.

Join your local Branch community

Get involved in your local Branch and enjoy excellent local networking and CPD events alongside other dietetic support staff in your area.

Stay informed

We keep you updated with news and updates across the BDA and profession with our monthly members magazine Dietetics Today, our Members' Monthly and Evidence & Expertise e-newsletters and our website bda.uk.com

Join the conversation

Get involved with the food and nutrition conversation on social media and make the dietetic workforce's collective voice stronger by raising the profile, value and impact of dietetics on social media.

Join us as a BDA Associate member today at bda.uk.com/join



What do other support staff members say about BDA membership?

Seeing dietetic professional bodies in other countries has given me a much greater appreciation of the role the BDA plays in the UK.

The peace of mind of having BDA union representation should I need it is a huge benefit to me.



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supporting the profession as a whole & being represented by a professional body in the public eye.



campaigning and lobbying work is excellent, please keep up the good work for us and our small profession.

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