

## **Dietetic Support Worker – Nutrition and Nutritional Support in Children**

### **Aim**

To increase the dietetic support worker's knowledge about the role of nutrition and current dietary intakes in comparison to recommendations in children and the effect of diet in common paediatric conditions, as well as the principles of nutrition screening, assessment and treatment in children

### **Learning Outcomes**

At the end of the course each participant will:

- Be able to demonstrate an understanding of the effect of growth nutritional requirements (0-18 years)
- Be able to demonstrate an understanding of the most important nutritional messages with common paediatric disorders
- Be aware of the range of resources available
- Be able to communicate appropriately with children and parents
- Be able to demonstrate an understanding of the screening process using screening tools such as STAMP for example
- Be aware of the range of nutritional support options available

### **Pre-course reading and work**

There is some pre-and post-course work associated with the course. Details will be sent to you with your booking confirmation.

### **More Information**

Please direct queries to:  
Centre for Education and Development  
The British Dietetic Association  
5th Floor, Charles House,  
148/49 Great Charles Street, Birmingham, B3 3HT  
T: 0121 200 8080  
E: [ced@bda.uk.com](mailto:ced@bda.uk.com)