

AHPFS Professional Body Report*

(*To be used to report news from Professional Bodies)

BRITISH DIETETIC ASSOCIATION SCOTLAND BOARD (BDA SB)

NOVEMBER 2019
ANDREA WILSON
RUTH BALMER

Influencing	<p>Consultations - BDA SB responses</p> <p>BDA SB responded to the following:</p> <ul style="list-style-type: none">- 12/08/19, Scottish Government National Falls and Fracture Strategy, 2019-2024, draft consultation https://www.bda.uk.com/improvinghealth/yourhealth/consultation_document_s/national_falls_and_fracture_prevention_strategy_2019-2024_draft_consultation.pdf- 27/08/19, Scottish Parliament inquiry into social prescribing of physical activity and sport https://www.bda.uk.com/improvinghealth/yourhealth/consultation_document_s/bda_scotland_board_response_social_prescribing- 27/08/10, Scottish Parliament inquiry into what primary care should look like for the next generation https://www.bda.uk.com/improvinghealth/yourhealth/consultation_document_s/bda_scotland_board_primary_care_response <p>Inquiry into Primary Care</p> <p>Joanna Instone from the BDA UK office attended and provided oral evidence at the Scottish Parliament Health and Sport Committee session on 24 September 2019. BDA recognises the role of dietitians in primary care varies across the UK. There appears to be a lack of understanding about the benefits and the added value of dietetics in primary care. Dietitians are keen to transform practice to maximise their contribution to transforming health and care in Scotland. The vision is for dietitians to become first contact practitioners in primary care, especially for gastroenterology conditions such as irritable bowel syndrome (IBS), food allergies, obesity and undernutrition.</p>
Advising	<p>Transforming roles</p> <p>A very useful introductory meeting was held on 23 August 2019, between representatives of BDA SB and Chris Rowley, AHP National Lead for Workforce and Education. Also in attendance was, Najia Qureshi, Head of Education and Professional Development at the BDA. Discussion centred on how NHS Scotland has produced definitions for Consultant, Advanced and Senior Practitioner roles. NHS Scotland has agreed that Knowledge, Skills and Behaviours (KSBs) should be used to underpin these definitions. There is a need for BDA to produce</p>

	<p>information that will support the development of these roles for dietitians in Scotland. BDA to work with Chris Rowley to do this.</p> <p>Allied Health Professionals - Looking to the Future Event</p> <p>A representative for BDA SB attended Day 1 of the two day event, 29 and 30 October 2019. This was the first event of AHP Directors Scotland, Professional Bodies Policy Officers, Academia and AHPFS. It was a good opportunity to bring collective views together and agree the need for a stronger leadership base to influence AHPs in health policy and focus on the people of Scotland. Further meetings are planned for 2020.</p>
<p>Engaging</p>	<p>Cross Party Group Meetings</p> <p>Diabetes</p> <p>A BDA SB representative attended the CPG on Diabetes meeting on 17 September 2019. The meeting focussed on Type 2 diabetes prevention and remission.</p> <ul style="list-style-type: none"> - George Thom, Research Associate on Diabetes Remission Clinical Trial, (DiRECT) provided an overview of results. DiRECT is a research study investigating whether offering an intensive programme for weight loss and weight loss maintenance would be advantageous for people with Type 2 diabetes. Specifically, this programme aims to increase the number of people who can become non-diabetic. Achieving remission is time sensitive, best results are achieved when intervention is undertaken as soon after diagnosis as possible. - Alison Diamond, Scottish Government Professional Advisor on A Healthier Future: Framework for the Prevention, Early Detection and Early Intervention of Type 2 diabetes, provided an overview of the implementation of the framework. Alison's presentation concentrated on psychological support and the requirement for a psychological pathway for weight management. <p>Cancer</p> <p>A BDA SB representative attended the CPG on Cancer meeting on 24 September 2019. AGM was held. The focus of subsequent meeting was progress against current strategy and priorities for next strategy. Outline priorities had been suggested through a short open survey in advance of the meeting. Suggestions included prehabilitation, workforce, inequalities etc. Greater discussion regarding priorities during the meeting led to a focus on the wider workforce, including the value of AHPs in prevention, prehabilitation and rehabilitation; digital including access to data, data linking and Patient Reported Outcome Measures (PROMs). Also treatment summaries and communication; health inequalities including the cost of treatment and issues such as transport. The full outcome report will be published/launched at the forthcoming Scottish Cancer Conference - 18 November 2019.</p> <p>European Federation of the Association of Dietitians (EFAD)</p> <p>Two members of BDA SB attended EFAD conference in Berlin, 31 October - 02 November 2019. The theme of the conference was breaking professional boundaries. Attendees of the conference were Dietitians from across Europe</p>

	<p>alongside a few delegates from the rest of the world. Initial plenary sessions focussed on the European Dietetic Action Plan; http://www.efad.org/en-us/eudap/what-is-the-european-dietetic-action-plan/. Other key themes of the plenary sessions included sustainable diets and collaborative approaches to person centre care. There were a variety of breakout sessions covering clinical dietetics and public health, including: Nudging for Public Health, Malnutrition and Dietary Treatments of Older Adults, Breaking the Boundaries between Theory and Practice in Oncology and Obesity Management across Europe, amongst others. Two posters from Dietitians in Scotland were presented, 'You are what you don't eat'; illustrating the work of the Health Boards across Scotland who participated in the Oral Nutritional Supplements Short Life Working Group and 'Improving care for patients who require oral nutritional supplements (ONS)' illustrating the joint work of Dietitians and Pharmacists working together in the community from NHS Greater Glasgow & Clyde.</p> <p>The conference provided a valuable opportunity to network with colleagues, hear about research from other European countries and promote the innovative work going on across Scotland. It was apparent from discussions with other delegates that the UK is leading the way in terms of dietetic presence across acute, community and public health sectors.</p>
<p>Supporting</p>	<p>BDA Scotland Event</p> <p>A dedicated professional development conference for dietitians, entitled, 'Dietetics in Scotland: Building for the Future', took place on 26 September 2019 in The Studio, Glasgow. The day brought together 135 dietitians to discuss how to address the challenges of modern nutrition and dietetics and, ensure momentum is not lost in recognising and raising the visibility of dietitians across the health and social care landscape and beyond. The day was opened by Professor Annie Anderson from University of Dundee and closed by Dr Gregor Smith, Deputy Chief Medical Officer. Topics included; nutrition support, food poverty in Scotland, obesity, IBS, transforming roles, research and education. Attendees were encouraged to keep moving throughout the day boosted by a fun, post lunch energising physical activity session. A lively debate ensued, addressing the case for and against dietitians and dietetic services being embedded in primary care as opposed to acute hospitals in Scotland.</p> <p>New BDA offices</p> <p>On the 18 September 2019, the British Dietetic Association UK office moved to new premises in Birmingham. New address: 3rd Floor, Interchange Place, 151-165 Edmund Street, Birmingham, B3 2TA</p> <p>Telephone number remains 0121 200 8080.</p> <p>The new office provides with much improved technical capabilities, faster broadband speeds, bigger training and meeting spaces for members to use, and accommodates a growing staff team.</p> <p>BDA Honorary President</p>

	<p>On 06 November 2019, BDA welcomed Dr Giles Yeo, Principal Research Associate at University of Cambridge Institute of Metabolic Science, as Honorary President. Dr Yeo takes up the role from outgoing President, Lord Balfe, who steps down after four years of much appreciated service. Dr Yeo is a geneticist studying the brain control of food intake and bodyweight, and author of the popular book <i>Gene Eating</i>. He is also well known for his appearances on TV programmes including <i>Trust Me, I'm a Doctor</i> and his influential BBC Horizon special <i>Clean Eating – The Dirty Truth</i>. Dr Yeo is current President of the British Society for Neuroendocrinology.</p>
<p>Outcomes / Key Issues for AHPFS Consideration (if any)</p>	
<p>Implications for AHPFS (if any)</p>	
<p>Additional Comments (if any)</p>	