

Dietetic Support Worker Award Enhancing Communication Skills in Practice

This one-day course is aimed at dietetic support workers working in both acute and community settings. It will be suitable for those relatively new in post and as a useful update for those with some previous knowledge and experience. The day will cover the importance of good communication including communication and listening skills and the 'Process of Change'. It will provide an introduction to motivating behaviour change and an opportunity to improve skills and competencies in specific areas such as one to one patient consultations.

Aim

The aim of this one day course is to explore different aspects of communication and its importance in achieving behaviour change and to provide an opportunity for skills practice as pertinent to the dietetic support worker.

Learning Outcomes

- By the end of the one day course the DSW will be able to:
- Demonstrate an understanding of effective communication, facilitation and listening skills.
- Recognise aspects of both effective and poor communication and listening skills.
- Demonstrate an understanding of "The process of change"
- Recognise important stages in the cycle of change
- Use at least one tool which can assist in increasing motivation
- Demonstrate improved competency in one to one patient consultation skills

More Information

Please direct queries to:

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