

Minutes of the 51 meeting of The British Dietetic Association, Scotland Board, held on Wednesday 31 October 2018, at Meeting Room, Sleeperz Hotel, Dundee, 2 Union Street, Dundee.

Present:

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| Joyce Thompson (JT) | Chair / Constituency Council Member |
| Debbie Provan (DP) | Deputy Constituency Council Member |
| Amanda Hallson (AH) | Board Member |
| Janie Gordon (JG) | Board Member |
| Andrea Wilson (AW) | Board Member |
| Lynne Stevenson (LS) | Board Member |
| Catherine Hankey (CH) | Board Member |
| Dalhia Campbell (DC) | Board Member / Chair East of Scotland Branch |
| David Inglis (DI) | Board Member / Chair Glasgow and West of Scotland Branch |

In Attendance:

| | |
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| Ruth Balmer (RB) | BDA Policy Officer Scotland & NI (minutes) |
| Scott Keir (SK) | BDA National Employment Relations Officer Scotland and NI |

Item

ACTION

51/1

Welcome and Apologies

JT opened the meeting and welcomed everyone.

Apologies for absence were received from Ruth Campbell (RC) and Simon Fevre (SF).

51/2

Minutes of Previous Meeting, 18 July 2018

Minutes of meeting agreed as accurate

51/3

Matters Arising from Previous Minutes

No response has been received to the letter to Paul Gray, hence RB to contact again and prompt a reply.

RB

JT wrote to Andy Burman and Sue Kellie in BDA office to request promotion of ONS work in Scotland. Awaiting formal BDA endorsement for ONS report. JT submitted request for BDA Roll of Honour for members of the ONS short life working group. Request successful and certificates issued to members.

No progress on BDA CED.

IDDSI - JT has not followed up with letter to Jason Leitch yet as uncertain to what the specific issues of concern are. Agreed this to be raised instead from the Scottish Dietetic Leadership Network. RB to ask Lisa Hyslop for an update on the BDA national IDDSI programme.

JT & JG

RB

Existing Projects(a) Work Plan

Extensive discussion between SB members on format and content of workplan. Agreed to align SB workplan with the headings used in the national BDA strategic plan, i.e. Leading the Profession, Supporting Members and Building for the Future. Request for extra budget was identified for engaging and influencing activities, primary care and coaching to provide capability in relation to public affairs skills. Also request for funding to allow for SB to support attendance at European Congress of Obesity in Glasgow in May 2019. RB to make amends to draft workplan and circulate to SB members for further comment and input. RB to put forward SB extra budget requests to Joanna Instone in BDA office.

RB**RB**(b) Communication Plan

JT and DP to work on an Action Plan to progress activities agreed within workplan and also build in necessary action to the SB Communication Plan. LS and DI to assist with action plan in relation to malnutrition, JG to assist with action plan in relation to primary care. JT, DP, LS, DI and JG to organise teleconference to develop Action Plan and Communication Plan.

**JT, DP,
LS, DI &
JG**(c) Consultations – For information**Submitted**

- i) SG Health and Care Staffing Bill
- ii) SG Nutrition Requirements for food and drinks in schools

Pending

- i) General standards for neurological care and support (HIS)

RB to draft up a general statement of BDA support for the standards, circulate to SB for comment and then submit before consultation closes on 13 December.

RB

- ii) Reducing Health Harms of Foods High in Fat, Sugar or Salt (SG)

Agreed for RB and CH to work on a SB draft response with the aim of having a first draft available end November/early December. RB has had some initial conversation with Obesity Action Scotland. Scotland is advocating a food categorisation model, England is advocating a nutrient profiling model. There are concerns that differences in models used in Scotland, England (and potentially Wales and NI) may risk contradictory /conflicting responses. RB to raise these concerns with Joanna Instone, Head of External Affairs, BDA office.

**RB &
CH****RB**

New Projects(a) Engagement with BDA Scotland members

Co-ordinated by DP, in August 2018, the SB issued an online survey to all BDA members in Scotland. Questions focused on challenges facing BDA members in Scotland, opportunities which should be pursued and what SB key priorities ought to be. DP wrote up a draft report of responses and circulated to SB members. JT acknowledged grateful thanks to DP for all her efforts with this. It was agreed by SB members that this report should be placed as an agenda item for BDA Council to review. From the survey responses DP has drawn up a list of BDA Scotland members who indicated interest in becoming more involved in BDA work as volunteers. RB to cross reference this list to ensure BDA membership. It was agreed by SB members to showcase the report by putting on to the BDA SB website page, also with short articles in Dietetics Today and Members Monthly. RB to organise this. DI and DC to arrange for paragraphs and links to the report within next editions of West of Scotland and East of Scotland Branch newsletters.

JT

RB

RB, DI
& DC(b) BDA Scotland Event 2019

Proposal was discussed in relation to organising a BDA Scotland event for September 2019. Such an event would be for BDA Scotland members, to be jointly organised by BDA central office (events staff) plus SB and Branch members. BDA Events budget would be used. After discussion, it was agreed by SB members for the event to go ahead. Suggested theme was 'Building for the Future'. Day - Tuesday or Thursday (not Monday, Friday or Saturday). Venue - Stirling, Glasgow or Edinburgh. SB would like to invite 'significant others' to attend and contribute. They would like an ask from attendees so the event is not just about showcasing. Acknowledged adequate time should be included within the programme to allow for adequate networking. All agreed to consider content and speakers. JT to co-ordinate an electronic conversation to assist sharing of ideas with the aim of having a summary of aims, along with suggestions for content and speakers by the end of November.

ALL
JT(c) Dietitians Week 2019

Tom Embury, Public Affairs Officer, BDA asked for discussion on this agenda item. BDA is keen to build on the success of the 2018 week. A key issue is choosing a theme with broad appeal that all BDA members can take part. It is wished for the 2019 week to have a particularly public focus. One thought is to co-opt the already successful #WhatRDsDo idea to demonstrate to the public the range of activity undertaken by dietitians. Another aspect of the 2019 week could be to use the run up to the week to promote the (soon to be) updated Influencing Action Pack, and encourage members to use this to promote dietetics more widely to politicians, commissioners and senior health staff during the week. SB provided their support to these approaches. SB members are conscious the public often see dietitians as hard to access. They would prefer the focus of the 2019 week is the role of dietitians on population health. Suggestions were made to recognise dietitians' skills in providing evidence based public health messages and their expertise in dispelling myths behind media headlines. Recommendation was made for the week to have google searches on food and nutrition link with BDA messages. RB to provide SB feedback to Tom Embury.

RB

51/6

Standing Updates and/or for Information Only

(a) Allied Healthcare Professions Federation Scotland (AHPFS)

Feedback report previously circulated by RB.

The Scottish Parliament Health and Sport Committee invited a representative from AHPFS to attend a half day seminar to consider challenges in caring for older people. The event, 'Social Care for Older People: A Sustainable Future', is arranged for 16 November 2018. As no one from AHPFS membership was available to attend, an invitation went out to AHP professional bodies. Evelyn Newman has agreed to attend representing both the AHPFS and the BDA. AHPFS have also been invited by Diane Murray (senior civil servant leading on the Staffing Bill Team) to nominate two representatives for a 'Staff Bill Escalation Group'. First meeting of the group will be 20 November 2018, St Andrews House, Edinburgh. AW to follow up on suggestions for Lynne Douglas or Susan Carr as potential representatives.

AW

(b) BDA Council - no report available.

(c) BDA Trade Union / Scottish Employment Relations Committee

(ScERC) - verbal update provided by SK.

ScERC met on 29 October 2018. Discussion included update on the new 3-year pay deal which was recently agreed. TU Rep training is arranged for March (2 x 2 days) at the Stirling Court Hotel. ScERC was looking at motions to bring to the STUC in April. Next meeting of STAC (Terms and Conditions) is 3 December 2018. SK has met with other Trade Unions and BDA Legal.

51/7

Feedback Forms for information and/or action

(a) Scottish Obesity Alliance Planning Group

(b) Alzheimer Scotland AHP Forum update

(c) Eat Well Age Well project update

51/8

For Information

(a) Application for CPG Improving Scotland's Health 2021 & Beyond

DP and RB have been co-ordinating an application for a SB seat on the Cross-Party Group, Improving Scotland's Health 2021 and Beyond. Initial application was returned seeking further information and clarification on commercial interests or representatives BDA is involved with at Board and/or policy making level, and how membership influences policy and communications stances. Clarification has been sought from BDA office in Birmingham and further information has been submitted. Response awaited.

(b) BDA policy officer support for Country Boards

A face to face meeting has been planned between Scotland and NI country board chairs and deputies, along with RB, Joanna Instone and Tom Embury from the BDA office. The aim of the meeting is to review BDA support in both Scotland and NI. Meeting will take place 16 November 2018 in NDR-UK offices, Glasgow.

51/8 (c) BDA Awards and Honours Committee

It has been agreed for Helen Davidson to sit on the BDA Awards and Honours Committee.

51/9 AOB

(a) BDA SB Education Representative

CH is trying to identify and define her specific role as SB Education Representative. RB advised liaising with Alyson Hill the Education Representative on the NI Board and also making links with Najia Qureshi, Head of Education and Professional Development at the BDA office. SB members suggested contacting Jacklyn Jones from Queen Margaret University College to invite her to attend a SB and provide an update. RB to follow up.

RB

(b) BDA Sustainability Toolkit

Jo Lewis from the BDA office contacted JT last week in relation to the launch of a new reference guide for dietitians. Building on the BDA policy statement on sustainable diets, the BDA Sustainability Toolkit aims to support dietitians reconcile nutrition and environmental science to give consistent messages about healthy, sustainable and varied diets. Launch date is 20 November 2018. Jo Lewis is requesting a dietitian from Scotland to help champion the project and to create local networks.

51/10 Dates and Venue for Next Meeting

RB to draw up and circulate a doodle poll to assist in agreeing SB meeting dates for 2019.