

Question 2: Have the costs you anticipated been incurred? Have you claimed these costs from the Trustees and, if not, when do you anticipate doing so?

The costs incurred during the last six months related primarily to staff salaries and transcription and are as anticipated (with one transcription invoice awaited and remaining staff costs). The costs have been claimed from the Trustees through four invoices (with one invoice due for October 2015):

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|----------------|-------|------------|----------|-------|
| Invoice 1 of 5 | £2720 | 23/10/2014 | Invoiced | 74271 |
| Invoice 2 of 5 | £2720 | 19/01/2015 | Invoiced | 78871 |
| Invoice 3 of 5 | £2720 | 16/04/2015 | Invoiced | 83701 |
| Invoice 4 of 5 | £2720 | 02/07/2015 | Invoiced | 86757 |
| Invoice 5 of 5 | £2333 | | | |

Question 3: What plans do you have to publish the outcomes of the project and are these achievable?

An abstract was submitted to the BDA Research Symposium on 22 July and has been accepted for presentation.

We will also submit an abstract to the International Congress of Dietetics before the deadline of 1 November 2013.

The written manuscript is partially completed with some further work required on the results and discussion needed before submission to the Journal of Human Nutrition and Dietetics. This should be completed before the end of November 2013. We believe this is achievable.

Local dissemination to service users will take on 7 November at a meeting of the South Ambridge Group of Service Users.

Question 4: Overall, how is the project going? Is there anything you would like the Trustees to be aware of?

Overall, the project has gone well and the findings have been very interesting and exceeded our expectations.

The study aim to explore patients' preferences for diet and nutrition preferences has been met and provided some clear pointers about what is important to those who participated. In addition, the data have yielded useful information about other aspects of dietetic consultations from the perspective of patients and their carers.

Although we were not able to recruit equal numbers of men and women, the efforts to engage more men that were reported in April, were fruitful with men representing approximately 30% of final participants.

The Trustees specifically asked that we included other conditions, in addition to long term conditions, when asking about participants preferences. This was undertaken in all interviews and focus groups using diabetes and cardiovascular disease as examples. The discussions that followed indicated that the participants had limited opinions about other conditions unless they had a co-morbidity or knew other people with other conditions. The major finding, which we believe is important, is the concern expressed about "unhealthy foods" including those which are prescribed and we intend to follow this up.

Date:

Signature:

Print Name:

Please return the completed form to The Secretary to the Trustees, The British Dietetic Association General and Education Trust Fund, 5th Floor Charles House, 148/149 Great Charles Street, Birmingham B3 3HT or email to GET@bda.uk.com